



HONG KONG PHYSIOTHERAPY ASSOCIATION LIMITED

香港物理治療學會有限公司

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Sports Specialty Group

Friday night lecture (Free of charge for SSG members)	Common mistakes in treating common lower limb injuries including tendinopathies/hamstring strains/knee injuries and ankle injuries
1-Day Workshop	Activation and strengthening protocols for common injuries of the lower limb kinetic chain (LLKC) (e.g. tendinopathy in the LLKC/ patellofemoral pain /chronic ankle sprains)

With the literature review and pathology of common lower limb injuries as the fundamental parts of this workshop, we will focus on exercise therapy with the emphasis of practical demonstration and case management. On top of the common clinical reasoning skills we are adopting, we will also learn how to assess and manage the patient locally, globally and functionally. If you have already in the ballpark but still aim at further sharpening your competencies in practical and critical thinking skills, this is a workshop not to be missed.

	Friday night lecture	1-Day Workshop
Date:	8 th September, 2017 (Friday)	10 th September, 2017 (Sunday)
Time:	1845 - 2030	0900 - 1700
Speakers:	Michael Vadiveloo, FACP	
Venue:	Active Physiotherapy 15th Floor, Professional Building, 19&23 Tung Lo Wan Road, Causeway Bay, Hong Kong (Opposite to St. Paul Hospital)	
Capacity:	30 (*) also please see remark	30 (*) also please see remark
CPD:	Pending	Pending
Certificate:	Issued by HKPA SSG	Issued by HKPA SSG

*Priority will be given to SSG members on “first come, first served” basis.

Course Fee	HKPA SSG member	HKPA member	Non-HKPA member
Friday Lecture	Free	HKD \$ 50	HKD \$550
1-Day Workshop	HKD \$ 1,600	HKD \$ 1,700	HKD\$ 2,200

Deadline of application: 30th August, 2017

Speaker biography:

Michael Vadiveloo FACP

Michael has been working as a physiotherapist for the past 30 years after graduating in 1986. He helped establish 4 private practices in Melbourne. He had involvement in the elite level of sport initially as a basketball player (NBL, CBA, SEABL,) and a physiotherapist for a team and representative teams in the Australian Football (equivalent to the NFL) for 16 years. He is one of only 8 specialist sport physiotherapists in Melbourne. His specialty is focusing on the lower limb, primarily the knee, and he utilizes his knowledge to maximize the functional ability and strength of the athlete in preventative injury programs, and the rehabilitation of the lower limb kinetic chain after injury.

Michael currently lecture and teach these principles to post graduate physiotherapists. He recently presented lectures at the 2015 Beijing International Performance Summit and 2016 Elevate dominate Performance summit in Shanghai on ankle, knee and hip injury management. His degree in Human Movement Studies involved the study of exercise physiology, biomechanics, skill acquisition and group dynamics primarily. This degree has given him an invaluable knowledge base in developing training and strengthening programs for my clients and athletes. His obvious strength is in the treatment, prevention, management and rehabilitation of clients. He has an extensive knowledge and understanding of the needs of athletes and clients with respect to injury management, rehabilitation and the application of the latest evidence based treatment protocols.

Memberships:

Australian Physiotherapy Association
Private practitioners' group/Business Physiotherapy
Sports Physiotherapy Group
Sports Medicine Australia
Australian College of Physiotherapists
AFL Physiotherapists Association



Friday night lecture arrangement	
1845 – 1900	Registration
1900 – 2030	Common mistakes in treating common lower limb injuries including tendinopathies/hamstring strains/knee injuries and ankle injuries
2030 – 2045	Round up
1-day Workshop arrangement	
0845 – 0900	Registration
0900 – 1030	Review of literature and common injury presentations, common mistakes in rehabilitation and the ideal focus in rehabilitation to correct these mistakes.
1030 – 1100	Morning break
1100 – 1300	Case scenario in lower limb pathology with demonstration of assessment at local/global & functional level.
1300 – 1430	Lunch break
1430 – 1630	Practical workshop on how to assess locally/globally and functionally and participation in exercises that would be used for clients in the intervention proposed for the pathology.
1630 – 1700	Round up

Remarks:

- Successful applicants would be contacted by email. After confirmation of successful application, course fees are **NOT** refundable.
- Please prepare **crossed cheque** payable to '**Hong Kong Physiotherapy Association Limited**', with your 1) name, 2) HKPA membership number, 3) course name & 4) mobile number written at the back of the cheque.
- Status of membership is based on the updated list from HKPA and is counted up to the date of deadline of application. Lots will be drawn if number of applicants exceeds the capacity. For application issues, please contact Mr. Indy HO via email hkpassg@gmail.com.
- Sports attire are highly encourage which allows physical examinations and treatments in the workshop. Changing facilities will be available.

APPLICATION FORM

HONG KONG PHYSIOTHERAPY ASSOCIATION – SPORTS SPECIALTY GROUP

Course Name	<input type="checkbox"/> Friday night Lecture	<input type="checkbox"/> 1-Day Workshop #
Name	(English)	(Chinese)
HKPA member	<input type="checkbox"/> Yes (membership no. _____) <input type="checkbox"/> No	SSG member : <input type="checkbox"/> Yes <input type="checkbox"/> No
# Please ✓ in the box accordingly.		
Year of Graduation		
Workplace/ Setting		
Contact number	(office)	(Mobile)
Address		
E-mail address		
Cheque no.		Issuing Bank:
Registration	<p>Please send this form with a crossed cheque payable to “Hong Kong Physiotherapy Association Limited”, with your 1) <u>name</u>, 2) <u>HKPA membership number</u>, 3) <u>course name</u> & 4) <u>mobile number</u> written at the back of the cheque to the following address:</p> <p style="text-align: center;">To: Sports Specialty Group c/o: Mr Indy HO Room 115, THEi, 30 Renfrew road, Kowloon Tong, Hong Kong</p>	
() I would NOT like to receive updated news regarding SSG activities <u>via</u> my e-mail address.		
<p><u>Legal Claim Waiver Consent</u></p> <p>In consideration of HKPA Ltd. accepting my application to</p> <p>I hereby agree to waive all my claims (howsoever accrued) against HKPA Ltd.</p> <p>Signature : _____ Name of Applicant : _____</p> <p>Date : _____ <i>*Please sign the above consent before submitting your application</i></p>		
<p><u>Special Weather Arrangement:</u></p> <p><i>When Tropical Cyclone Warning Signal No. 8 (or a higher number) and/or Black Rainstorm Signal is hoisted, the following arrangements will apply:</i></p> <p><i>For classes & examinations have NOT YET STARTED</i></p> <p>– <i>If Typhoon Signal No.8 and/or Black Rainstorm Signal is in force 2 hours before the course, the course will be cancelled.</i></p> <p><i>For classes & examinations that have already started</i></p> <p>– <i>When Typhoon Signal No.8 or above is hoisted - Classes immediately suspend.</i></p> <p><i>After confirmation of successful application, course fee paid are NOT refundable regardless of whether applicants have attended classes or not, unless the enrolled course is full or in exceptional circumstance deemed acceptable by HKPA.</i></p>		