



# HONG KONG PHYSIOTHERAPY ASSOCIATION LIMITED

## 香港物理治療學會有限公司

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### 2018 Sports Specialty Group

## Australian Physiotherapy Association – Sports Level 1

For further information about this course and to enroll, please visit:

[http://www.physiotherapy.asn.au/APAWCM/LearningDevelopment/Conferences\\_and\\_Tours/2018\\_SportsPhysio\\_HongKong.aspx](http://www.physiotherapy.asn.au/APAWCM/LearningDevelopment/Conferences_and_Tours/2018_SportsPhysio_HongKong.aspx)

This course is appropriate for registered physiotherapists only\*

The new Level 1 Sports Course is the first step in the career pathway developed by Sports Physiotherapy Australia (SPA) National Committee is for individuals who aspire to become Sports Physiotherapists or obtain introductory learning to Sports Physiotherapy.

The course teaches newly graduated physiotherapists skills in the assessment and diagnosis of sports injuries.

This course is aligned with the International Federation of Sports Physical Therapy (IFSPT) competency standards, so by completing this course, you can work towards being awarded the APA Sports Physiotherapist Title and subsequently the title of Registered International Sports Physical Therapist.

#### Course Aims

- To teach newly graduated physiotherapists or those entering sports environment for the first time, skills in basic assessment of sporting injuries to the knee, ankle, foot, hip and groin, spine, shoulder and thigh.
- Participants will also demonstrate competence (via recommended learning reinforced throughout the level 1 course) in emergency management of the injured athlete.
- To ensure that all participants can confidently diagnose and formulate a treatment plan for standard sports injuries.
- The course will also prepare participants for work within a sporting team and knowledge on travelling with a team, load monitoring, concussion assessment and management and introductory taping skills.

Please note there will be a short assessment at the end of each day of the course that participants will need to complete before they are eligible to finish.

## Target Audience

Combination of graduate physiotherapists – approximately up to 2 years after graduating, and any physiotherapist wishing to refine their sports physiotherapy assessment and management skills and techniques.

It is recommended (but not compulsory) before you attend this course you complete:

- SMA Sports Trainer minimum level 1 Course  
<https://sma.org.au/training-courses/sma-accredited-training/level-1-sports-trainer-l1st/>
- First Aid, CPR Current certificate
- ASADA Medical Support Personnel Anti-Doping Course  
<https://www.asada.gov.au/anti-doping-programmes/education>

Date:	Saturday 7 <sup>th</sup> – Monday 9 <sup>th</sup> July 2018		
Time:	9:00 am – 5:00 pm		
Presenter:	Dr Maria Constantinou & Mark Brown		
Venue:	Polytechnic University of Hong Kong		
Capacity:	30		
CPD:	Pending		
Certificate:	Certificate of Attendance issued by HKPA SSG		
Course fee:	HKPA SSG member	HKPA member	Non-HKPA member
Early bird	HKD \$5250	HKD \$5350	HKD \$7970
Standard	HKD \$5900	HKD \$6000	HKD \$8900
Application deadlines:			
Early bird: 3 <sup>rd</sup> June 2018			
Standard: 1 <sup>st</sup> July 2018			

## Remarks:

- To enroll into the course, visit the APA registration page:  
[http://www.physiotherapy.asn.au/APAWCM/LearningDevelopment/Conferences\\_and\\_Tours/2018\\_SportsPhysio\\_HongKong.aspx](http://www.physiotherapy.asn.au/APAWCM/LearningDevelopment/Conferences_and_Tours/2018_SportsPhysio_HongKong.aspx)
- Special Weather Arrangement: When a Tropical Cyclone Warning Signal No. 8 (or a higher number) and/or Black Rainstorm Signal is hoisted, the following arrangements will apply:
  - For classes & examinations have NOT YET STARTED, if Typhoon Signal No.8 and/or Black Rainstorm Signal is in force 2 hours before the course, the course will be cancelled.
  - For classes & examinations that have already started, when a Typhoon Signal No.8 or above is hoisted - Classes are immediately suspend.
- After confirmation of successful application, course fee paid are NOT refundable regardless of whether applicants have attended classes or not, unless the enrolled course is full or in exceptional circumstance deemed acceptable by HKPA.
- For queries regarding the application, please contact [sarah.tormey@physiotherapy.asn.au](mailto:sarah.tormey@physiotherapy.asn.au)

## Speakers biography:

### **Dr Maria Constantinou**

PhD, MPhSt(Sports) BPhy GradCertEd

Maria Constantinou is an Australian Physiotherapy Association (APA) Titled Sport Physiotherapist and a Fellow of the Australian Sports Medicine Federation (FASMF). Maria is a Senior Lecturer at the School of Physiotherapy, Australian Catholic University, previously having worked at The University of Queensland and Griffith University. Maria was awarded her PhD in 2016 and holds a Master in Physiotherapy Studies (Sports). She is the Secretary on the Executive Board of the International Federation of Sports Physical Therapy and a National Sports Physiotherapy Australia committee member. Maria has extensive clinical experience, having worked as a Sports Physiotherapist at many major sporting events including the Sydney 2000 and Athens 2004 Olympic Games, the Vancouver Winter 2010 Olympic Games, the Melbourne 2006 Commonwealth Games, the Port Moresby 2015 Pacific Games and Vanuatu 2017 Pacific Mini Games. Maria's clinical, teaching and research interests comprise the prevention and management of sports injuries, sports and therapeutic taping, reflective practice in health education and gait and function in hip osteoarthritis, which was the focus of her PhD studies. Maria's publications include the book Therapeutic Taping for Musculoskeletal Conditions which has been translated into several languages. Maria has an interest in the international advancement of sports physiotherapy and has presented in over 20 countries at national and international conferences, workshops, and professional development events.



### **Assistant Professor Mark Brown**

B.App.Sc(Phty); MHSc(Sports Physio); MBA

Mark Brown has post graduate qualifications in both Sports Physiotherapy and Management. Mark is an Australian Physiotherapy Association Titled Sports Physiotherapist, a Fellow of the Australian Sports Medicine Federation, an IFSPT International Registered Sports Physical Therapist and a Fellow of the Australian Institute of Managers and Leaders. Mark is currently the Allied Health Clinic Coordinator at Australian Catholic University, an Honorary Adjunct Assistant Professor in the School of Physiotherapy at Bond University and Venue Medical Manager for Triathlon, Marathon and Swimming of the 2018 Gold Coast Commonwealth Games. Mark's previous positions include: Executive Officer of Sports Medicine Australia's Queensland Branch, Associate Professor (Adjunct) in the Menzies Health Institute Queensland Centre of Musculoskeletal Research, Executive Director, Australian Physiotherapy Association (New South Wales Branch), and Director of Physiotherapy for



the Sydney 2000 Olympic and Paralympic Games. As well as his has experience in managing physiotherapy and sports medicine services Mark also has extensive clinical experience as a Sports Physiotherapist including at major sporting events such as the Sydney 2000 Olympic and Paralympic Games, Athens 2004 Olympics, Vancouver 2010 Winter Olympics, Melbourne 2006 Commonwealth Games, Glasgow 2014 Commonwealth Games, 2015 Port Moresby Pacific Games and Vanuatu 2017 Pacific Mini Games. Mark's main teaching and research interest areas relate primarily to improving safety and performance in sport and physical activity and he has both published and presented on sports injury prevention and performance enhancement, the prevention and management of medical emergencies in sport, and taping techniques for the prevention and management of musculoskeletal conditions. He has conducted many training programs for health professionals, coaches and other athlete support staff in over 20 countries. Mark's publications include the book 'Therapeutic Taping for Musculoskeletal Conditions' which has been translated into several languages, two chapters in the International Olympic Committee 'Manual of Emergency Medicine in Sport' and he was the Editor of the Tenth Edition of 'Sports Medicine for Sports Trainers'.



AUSTRALIAN  
PHYSIOTHERAPY  
ASSOCIATION



Sports  
Physiotherapy  
Level 1

# Event Registration

## Contact details

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Ph (BH): \_\_\_\_\_ Ph (Mob): \_\_\_\_\_

Email: \_\_\_\_\_

I am a registered physiotherapist:  Yes  No

## Event details

Event title: Sports Physiotherapy Level 1

Event date(s): 7-9 July 2018

I found out about this event via: \_\_\_\_\_

I meet the prerequisites of this event:  Yes  No Special dietary requirements: \_\_\_\_\_

## Payment options

Please charge my credit card as detailed below:

Event fee: \$ \_\_\_\_\_ Payment by:  Amex  Mastercard  Visa

Card number: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ Expiry date: \_\_\_\_\_ / \_\_\_\_\_

Signature: \_\_\_\_\_ Cardholder name: \_\_\_\_\_

## Terms and conditions

**By submitting this form, you agree to the terms and conditions below.**

### Registration:

Completing our registration form is the only way to secure your place. Registration will not be accepted without payment. Places are allocated according to the date that an application form and payment are received by the APA.

### Courses:

Standard course registrations closes on 1 July 2018. It is the participant's responsibility to ensure that they meet the prerequisites.

### Cancellation:

After receiving confirmation of course application, course fees paid are NOT refundable regardless of whether applicants have attended classes or not, unless the enrolled course is full or in exceptional circumstance deemed acceptable by HKPA and APA.

### AUSTRALIAN PHYSIOTHERAPY ASSOCIATION Privacy Statement for Professional Development Programs:

The APA acknowledges and respects the privacy of its customers. The information that you provide on this form is 'personal information' as defined by the Privacy Act 1988. This information is being collected for the purpose of processing your registration and keeping you informed about upcoming events. The intended recipients of the information are the APA and service providers engaged by the APA. The provision of this information is voluntary but if this information is not provided, the APA may be unable to process your registration. You have the right of access to and alteration of personal information concerning yourself in accordance with the Privacy Act. The information is being collected by the APA and will be held by the APA. Direct any enquiries you may have in relation to this matter to our Privacy Officer.