



香港物理治療學會有限公司
HONG KONG PHYSIOTHERAPY ASSOCIATION LIMITED

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MSK Ultrasound Imaging in Sports Medicine

Hong Kong Physiotherapy Association jointly organized the MSK Ultrasound Imaging in Sports Medicine with SMUG (Sports Medicine Ultrasound Group). SMUG is an UK-based group provides training on ultrasound imaging. Their philosophy is to integrate ultrasound into clinical practice. Over the past 10 years they have taught over 1000 practitioners, from 10 different disciplines and from over 20 countries.

I. Advanced Course

Date: 15 Sept 2018 (Saturday)

Time: 9am to 5pm

Venue: Room GH016, Core G, the Hong Kong Polytechnic University

Course fees:

1. HKPA member: HKD4000
2. HKPA life member: HKD3500
3. Non-member: HKD5000
4. 24 places with intensive hands-on practice under close supervision

Course Content:

The course involved interpretation of pathological images (with real patients) under supervision by the three US experts of the SMUG group. **The participants shall have already acquired the US imaging skills covered in any US introductory course.**

II. Introductory Course

Date: 16 & 17 Sept 2018 (Sunday & Monday)

Time: 9am to 5pm

Venue: Room GH016, Core G, the Hong Kong Polytechnic University

Course fees:

1. HKPA member: HKD7000
2. HKPA life member: HKD6500
3. Non-member: HKD8000
4. 24 places with intensive hands-on practice under close supervision

Course Content:

It provides the required skills and knowledge base to further develop your scanning in clinical practice, with protocols for the most commonly scanned structures within Sports Medicine and scanning more challenging anatomical structures. Presentations will provide an overview of ultrasound in acute sports injuries and the clinical management implications

Registration Form

Pls tick as appropriate

I _____ (HKPA membership number: _____) would like to apply for the:

- Advanced Course in MSK US Imaging (date: 15 September 2018)
- Introductory Course in MSK US Imaging (date: 16 & 17 September 2018)

I here attached a cheque (cheque number: _____) for the course:

- HKD_____: Advanced Course in MSK US Imaging (date: 15 September 2018)
- HKD_____: Introductory Course in MSK US Imaging (date: 16 & 17 September 2018)

The applicant's email address (must provide):

Phone number:

Deadline of application: 31 August 2018

Registration would follow the first-come-first-serve principle.

The cheque is payable to "Hong Kong Physiotherapy Association **Limited**".

Please send the cheque to: Mr. Stan Lau, Physiotherapy Centre, the Hong Kong Sanatorium & Hospital, Village Road, Happy Valley, Hong Kong

Inquiry: Mr. Stan Lau, mobile phone number -

Successful applicants will be confirmed by email in early September 2018.

The teaching faculties are as following:

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|  | <p>Robert Laus BSc HCPC MCSP Highly Specialised MSK Physiotherapist & MSK Sonographer Specialist in Ultrasound Imaging in Sports Medicine Co-Head of Faculty SMUG Private practice</p> |
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Robert completed his degree in 1989 in the Netherlands and became a senior partner in private practice. He moved to London in 1994 and set up sports injury clinics within premier health clubs in Central London and provided in-house services to national newspapers and investment banks. He co-founded a private Physiotherapy clinic in 2004.

He specialises in diagnostic ultrasound imaging, complex sports injuries, post-surgical rehabilitation and muscle/biomechanical imbalance. Robert is one of the pioneers and most experienced physiotherapists using diagnostic ultrasound imaging within sports and orthopaedic rehabilitation in Europe. He was trained in MSK ultrasound imaging by the world leading musculoskeletal radiologists specialising in this field and has, since 1996, fully integrated it within his clinics, combining his expertise in sports medicine with ultrasound imaging, providing tailored sports injury rehabilitation programmes.

Robert uses ultrasound imaging to complement clinical assessment by monitoring tissue healing, measuring the response to treatment and detecting complications early.

He is regularly invited to lecture on Musculoskeletal Ultrasound Imaging in Sports Medicine and as co-founder of SMUG provides advanced ultrasound skills training courses for clinicians both nationally and internationally.

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|  | <p>Christopher Myers Extended Scope Physiotherapist, Registered Osteopath & MSK Sonographer MSc Sports Medicine Co-Head of Faculty SMUG Private practice</p> |
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Chris is a highly experienced Extended Scope Physiotherapist, Osteopath & MSK Sonographer. He has fully integrated diagnostic ultrasound into his clinical practice and carries out articular and peri-articular ultrasound guided injections.

Chris is a qualified musculoskeletal sonographer, with a PG Cert and CASE accredited qualification from Canterbury Christ Church University. He has taught ultrasound both nationally and internationally as co-founder of SMUG and on a variety of courses and conferences at universities and professional sports clubs. He teaches diagnostic ultrasound as visiting lecturer at University College London and Canterbury University.

Chris runs a group of private physiotherapy practices based in London treating recreational and elite level sports people. He has worked for the English Institute of Sport, British Athletics, Tottenham FC and at the London Olympics.

Chris is passionate about integrating ultrasound into practice and feels it is an invaluable tool in the diagnosis and management of MSK conditions. He has a particular interest in tendon pathology and shoulder pain.

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|  | <p>Dr. Lorenzo Masci Consultant in Sports & Exercise Medicine & MSK Sonographer Institute of Sports & Exercise Health (ISEH) & Pure Sports Medicine Tutor SMUG</p> |
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Lorenzo is a private practice consultant in sports and exercise medicine in London. He completed his sports medicine studies in Australia before moving to the UK over 10 years ago. He has worked as a sports physician for various elite teams including Melbourne Storm, Fulham football club and London Wasps. He also works as a sports

medicine consultant in rehabilitation clinics in the military. He is also a visiting lecturer at University College London.

Lorenzo is a strong advocate of the use of ultrasound as an invaluable resource in the assessment of musculoskeletal conditions. He has been using ultrasound for over 10 years in the assessment of sporting injuries in the clinical setting.

Lorenzo is an internationally renowned lecturer in tendon pathology, with a particular focus on the Achilles and patella tendinopathy. He works closely with Mr. Hakan Alfredson and has travelled the world researching and refining his skills in minimally invasive tendon procedures using ultrasound guidance. Lorenzo shares these experiences and his clinical knowledge and skills on the SMUG 2-Day Cadaveric MSK & Sports Medicine Ultrasound Guided Injection course.