



# HONG KONG PHYSIOTHERAPY ASSOCIATION LIMITED

## 香港物理治療學會有限公司

中國香港特別行政區 九龍佐敦德興街12號興富中心9樓901室  
Room 901, 9/F Rightful Centre, 12 Tak Hing Street, Jordan, Kowloon, HKSAR  
www.hongkongpa.com.hk Tel: (852) 2336 0172 Fax: (852) 2338 0252



**Course code: P1903**

**CPD: Pending**

### Paediatric Specialty Group

#### Re-think on outcome measures on muscle tone- a clinical update

Date: 19<sup>th</sup> September 2019 (Thursday)

Time: 18:30 – 20:30

Venue: HKPA Premises

Room 901, 9/F Rightful Centre, 12 Tak Hing Street, Jordan, Kowloon

Speaker: Dr Tamis Pin

Dr Tamis Pin is one of the academic faculties in the Department of Rehabilitation Sciences in the Hong Kong Polytechnic University. She was graduated from the Hong Kong Polytechnic as a physiotherapist and pursued her specialization as a paediatric physiotherapist in Australia, obtaining her post-graduate diploma and Master of Sciences (Health Sciences) degree at the Curtin University of Technology, Australia. She obtained her Doctor of Philosophy degree at the University of Melbourne in 2009.

Tamis also has a very strong clinical background in neurological paediatrics. In between her studies, Tamis has been working as a paediatric physiotherapist in Hong Kong, UK and Australia in the last 30 years. In Australia, she worked in both hospital and community settings as well as metropolitan and rural communities.

Tamis has published in various international journals and all her publications are in the area of developmental medicine and cerebral palsy. Tamis' research interest includes evidence-based practice in paediatric physiotherapy, management of children with cerebral palsy and preterm birth, outcome measures in neurological paediatrics and transition to adulthood.

#### Learning objectives:

After the clinical sharing workshop, participants would have:

1. A brief review on the importance of using standardized outcome measures on muscle tone in clinical settings (10 minutes)
2. A review on the classification of muscle tone (15 minutes)

3. A brief review on common outcome measures on muscle tone including those on spasticity and dystonia (35 minutes)
4. Case studies for practicing the outcome measures and for discussion (60 minutes)

\*\*The speaker would invite participants to bring in one or two videos of their clients (if allowed) for case discussion and/or practice how to use the outcome measures on muscle tone.

Capacity: 30 (physiotherapists only); priority will be given to PSG and HKPA members

Fee: Free for PSG member, \$50 for HKPA member, \$100 for MPTA member, \$550 for non-HKPA member

Enquiry: Ms Vivian Chan at 98629715

Deadline of application: 5<sup>th</sup> September, 2019

Please apply through online registration: <https://www.surveymonkey.com/r/3Y555DR>

Registration for non-PSG member will only be completed on receipt of cheque according to his/her member status, made payable to "Hong Kong Physiotherapy Association Limited" with name of the course, applicant's name, HKPA membership no. and contact phone number on its back. Please send the cheque to "Ms Vivian Chan, Physiotherapy Department, Rehabilitation Building, Kowloon Hospital, 147A Argyle Street, Kowloon"

Successful applicants list will be uploaded onto HKPA webpage by **12<sup>th</sup> September 2019**.

Fees paid are not refundable regardless of whether applicants have attended classes or not, unless the enrolled course is full or in exceptional circumstance deemed acceptable by HKPA.

Membership status is based on the HKPA membership list up to the date of application deadline.

### **III. Special Weather Arrangement:**

When Tropical Cyclone Warning Signal No. 8 (or a higher number) and/or Black Rainstorm Signal is hoisted, the following arrangements will apply:

- For classes & examinations have not yet started, the course will be cancelled if Typhoon Signal No.8 and/or Black Rainstorm Signal is in force 2 hours before the course.
- For classes & examinations that have already started, classes would immediately suspend when Typhoon Signal No.8 or above is hoisted.