



HONG KONG PHYSIOTHERAPY ASSOCIATION LIMITED

香港物理治療學會有限公司

中國香港特別行政區 九龍佐敦德興街12號興富中心9樓901室
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Sports Specialty Group

Lower Quarter – Peripheral Joints, Lumbar Spine and Sacroiliac joints (Mulligan Concept)

This two-day course presents the Mulligan approach to manual therapy for the lumbar spine and sacroiliac joint as well as for the lower extremity. It includes lecture and lab time to give the participants a thorough and in depth coverage of the Mobilization With Movement approach for the lower quarter. This unique approach to manual therapy was discovered and developed by Brian Mulligan F.N.Z.S.P. (Hon), Dip. M.T. from Wellington, New Zealand. This simple yet effective manual approach addresses musculoskeletal disorders with pain free manual joint “repositioning” techniques for restoration of function and abolition of pain.

Date:	21 st – 22 nd September 2019		
Time:	0845 - 1700		
Presenter:	Mr Gorman Ngai		
Venue:	Hong Kong Polytechnic University GH016 (pending)		
Capacity:	24 (*Priority will be given to SSG members)		
CPD:	Pending		
Certificate:	Certificate issued by Mulligan Concept International		
Course fee:	HKPA SSG member	HKPA / MPTA member	Non-HKPA member
Early Bird before 6 Aug 19	\$2500	HKD \$ 2600	HKD \$3100
Regular	\$2800	HKD \$ 2900	HKD \$3400
Deadline of application: 20 August 2019			

Remarks:

- Successful applicants would be contacted by email. After confirmation of successful application, course fees are **NOT** refundable.
- Please prepare **crossed cheque** payable to ‘**Hong Kong Physiotherapy Association Limited**’, with your 1) name, 2) HKPA membership number, 3) course name & 4) mobile number written at the back of the cheque.
- Status of membership is based on the updated list from HKPA and is counted up to the date of deadline of application. Lots will be drawn if number of applicants exceeds the capacity. For application issues, please contact **Ms Shirley Lee** via email hkpassg@gmail.com.

Speaker biography:

Gorman Ngai

Gorman graduated from the Hong Kong Polytechnic University (PolyU) to become a physiotherapist. He finished his MSc degrees from PolyU and Curtin University of Technology respectively. He holds the Diploma in Mechanical Diagnosis and Therapy from the McKenzie Institute, Certificate in Acupuncture, graduate Certificate in Sports Physiotherapy, and is a Certified Mulligan Concepts practitioner and instructor as well. His clinical experience spans hospitals, private physiotherapy clinics and universities. In addition to working as a private practitioner and lecturer, he provides on-field physiotherapy support to different sport teams. He also teaches manual therapy concepts and skills in Asia in recent years. His clinical interests are spinal disorders and sports related injuries.



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Toes/Feet: IP MWM and taping techniques.

Thoracic: SNAGs for rotation, flexion, SB, extension, belt traction.

Lumbar: SNAGs, self SNAGs, SLR techniques.

SI joint: ilial rotations, weight bearing techniques and taping techniques.

Hip: flexion, extension, rotation, non-weight bearing and weight bearing techniques.

Knee: Belt MWM's, IR MWM, Squeeze technique for meniscus, proximal tib/fib joint, and taping.

Ankle: talocrural, distal tib/fib joint, DF, PF, ankle sprains, and taping techniques.

APPLICATION FORM

HONG KONG PHYSIOTHERAPY ASSOCIATION – SPORTS SPECIALTY GROUP

Course Name	Lower Quarter – Peripheral Joints, Lumbar Spine and Sacroiliac joints (Mulligan Concept)	
Name	(English)	(Chinese)
HKPA / MPTA Member#	<input type="checkbox"/> Yes (membership no. _____) <input type="checkbox"/> No	SSG member : <input type="checkbox"/> Yes <input type="checkbox"/> No
	# Please ✓ in the box accordingly.	
Year of Graduation		
Workplace/ Setting		
Contact number	(office)	(Mobile)
Address		
E-mail address		
Cheque no.		Issuing Bank:
Registration	<p>Please send this form with a crossed cheque payable to “Hong Kong Physiotherapy Association Limited”, with your 1) <u>name</u>, 2) <u>HKPA membership number</u>, 3) <u>course name</u> & 4) <u>mobile number</u> written at the back of the cheque to the following address:</p> <p align="center">To: Sports Specialty Group c/o: Ms Shirley Lee PT department, G/F, Block P, Queen Elizabeth Hospital Kowloon, Hong Kong</p>	
() I would NOT like to receive updated news regarding SSG activities <u>via</u> my e-mail address.		
<p><u>Legal Claim Waiver Consent</u></p> <p>In consideration of HKPA Ltd. accepting my application to I hereby agree to waive all my claims (howsoever accrued) against HKPA Ltd.</p> <p>Signature : _____ Name of Applicant : _____</p> <p>Date : _____ *Please sign the above consent before submitting your application</p>		
<p><u>Special Weather Arrangement:</u></p> <p>When Tropical Cyclone Warning Signal No. 8 (or a higher number) and/or Black Rainstorm Signal is hoisted, the following arrangements will apply:</p> <p>For classes & examinations have <u>NOT YET STARTED</u></p> <p>– If Typhoon Signal No.8 and/or Black Rainstorm Signal is in force 2 hours before the course, the course will be cancelled.</p> <p>For classes & examinations that have already started</p> <p>– When Typhoon Signal No.8 or above is hoisted - Classes immediately suspend.</p> <p>After confirmation of successful application, course fee paid are NOT refundable regardless of whether applicants have attended classes or not, unless the enrolled course is full or in exceptional circumstance deemed acceptable by HKPA.</p>		