



Occupational Safety, Health and Rehabilitation Specialty Group

Certificate Course of Breakaway Techniques

人本脫身法技巧課程

This course is designed to provide appropriate and effective techniques of physical intervention when frontline staffs are faced with the imminent threat or violence at workplace. Members will be equipped with practical skills to promote legally defensible approaches and develop basic competencies in response to assaultive behaviors using breakaway techniques. OSHRSG is going to launch a certificate course as follows.

- Date : 4 January 2020 (Sat)
- Time : 14:00 to 18:00
- Venue : GH016, The Hong Kong Polytechnic University (Tentative)
- Speaker : **Mr. Simon TSE**
Licensed Physical Restraint & Breakaway Instructor (NFPS)
MSc in Sports Medicine and Health Science, CUHK
Registered Physiotherapist (HK)
- Capacity : 20
- Certificate : Certificate issued by Licensed Physical Restraint & Breakaway Instructor (NFPS)
- Fee : HK\$ 450 for OSHRSG / student members
HK\$ 500 for HKPA / MPTA members
HK\$ 1000 for non-HKPA or MPTA members
- CPD points : Pending
- Registration : Send application form with a crossed cheque payment to “**Hong Kong Physiotherapy Association Limited**” with name of this course, name of applicant and contact telephone number on the back to:
Mr. Richard WONG - ISS (TY) PT
4/F Tin Shui Community Centre,
Tin Shui Estate, Tin Shui Wai, N.T.
- Deadline : 21 December 2019
- Enquiries : Mr. Curtis WONG
Tel: 5610-2489 Email: curtis.wong@connect.polyu.hk
- Remarks : Successful applicants will be notified via email.

Certificate Course of Breakaway Techniques

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Course Content

1. What is Physical Restraint?

- The definition
- Restrictive and Non-Restrictive Intervention

2. Laws Govern the Use of Physical Force for Restraint

- What is Reasonable?
- Is it legal to use physical force for physical restraint
- A list of lawful excuse for use of force
- Two issues for Reasonable Force
- Unlawful purpose for using force
- Case Studies

3. The Stances when using force and in face of challenging situations

- Natural Stance
- Natural Stance Foot Forward
- Front Stance and Side Stance
- In face of Push and Pull

4. The Breakaway Techniques

- Front Strangle
- Neck Lock /Hold
- Various Grabs
- Collar Grab
- Hair Grab
- Release from Bite
- Others

About Speaker

Mr. Simon Tse attained BSc (Hons) in Physiotherapy from the PolyU. He later went on to complete MSc in Sports Medicine and Health Science from the CUHK. He has years of experience treating patients with complex medical needs in the acute and outpatient settings in Queen Elizabeth Hospital. In 2018, he started to provide community services at home care setting for persons with severe disabilities in The Christian Family Service Centre. Apart from work duties, he has also undertaken voluntary work in local and international sports events. He contributed as a team physiotherapist for the Hong Kong team in various overseas competitions, including World Orienteering Championships 2018, World Para Bowling Tour 2018 (Sarawak - Malaysia) & ITTF Asian Para Championships 2019.

Special Weather Arrangement

When Tropical Cyclone Warning Signal No. 8 (or a higher number) and / or Black Rainstorm Signal is hoisted, the following arrangements will apply.

For classes and examinations have not yet started

If Typhoon Signal No. 8 and / or Black Rainstorm Signal are / is in force 2 hours before the course, the course will be cancelled.

For classes and examinations that have already started

When Typhoon Signal No. 8 or above is hoisted, classes will be immediately suspend.

Fee paid are not refundable regardless of whether applicants have attended classes or not, unless the enrolled course is full or in exceptional circumstance deems acceptable by HKPA.

Hong Kong Physiotherapy Association Limited
Occupational Safety, Health and Rehabilitation Specialty Group
Course Application Form

Course Name	Certificate Course of Breakaway Techniques		
Name		(English)	
			(Chinese)
HKPA/MTPA member	<input type="checkbox"/> Yes (membership no: _____)		OSHRSG member: <input type="checkbox"/> Yes <input type="checkbox"/> No
	<input type="checkbox"/> No		
Work Place			
Phone No		(Office)	
			(mobile/ pager)
Address			
E-mail			
Cheque no		Issuing Bank	
Registration	<p>Send application form with a crossed cheque payment to “Hong Kong Physiotherapy Association Limited” with <u>name of this course</u>, <u>name of applicant</u> and <u>contact telephone number</u> on the back to:</p> <p style="text-align: center;">Mr. Richard WONG - ISS (TY) PT 4/F Tin Shui Community Centre, Tin Shui Estate, Tin Shui Wai, N.T.</p> <p style="text-align: center;"><i>Only successful applicants will be notified via email.</i></p>		
<u>Legal Claim Waiver Consent</u> [#]			
In consideration of HKPA Ltd. accepting my registration to this course, I hereby agree to waive all my claims (however occurred) against HKPA Ltd.			
Signature: _____		Name of Registrant: _____	
Date: _____			
#Please sign the above consent before submitting your registration.			