



## Musculoskeletal Specialty Group

### First Announcement

Certification Course:

## International Schroth 3D Scoliosis Therapy (ISST)

- Course** : 19<sup>th</sup> Mar – 28<sup>th</sup> Mar 2020 (10 days)  
(Second course will be held on 29<sup>th</sup> Mar – 7<sup>th</sup> Apr 2020 if over-subscription)
- Time** : 0830 – 1700
- Venue** : Physiotherapy Department, Tung Wah College (*Tentative*)
- Speakers** : Mr Axel Hennes Physiotherapist, International Schroth Instructor, Germany  
Ms Mandy Lui Physiotherapist, Certified Schroth Therapist, HK
- Class Size** : 12-14
- Deadline** : 18<sup>th</sup> Oct 2019 (Fri) (*Early Bird*)  
22<sup>nd</sup> Nov 2019 (Fri)
- CPD Points**: 15 points
- Enquiry** : Ms Chiang Lan Fong  
Office - 64601217; email – chialf@ha.org.hk

# Musculoskeletal Specialty Group

Certification Course:

## International Schroth 3D Scoliosis Therapy (ISST)

### Application Form

- Course** : 19<sup>th</sup> Mar – 28<sup>th</sup> Mar 2020 (10 days)  
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<b>Full Name :</b>			
<b>Institution :</b>			
<b>Mailing Address :</b>			
<b>Tel. :</b>	<b>Mobile:</b>	<b>Office:</b>	<b>Fax :</b>
<b>E-mail :</b>			
<b>HKPA Member : Y / N</b>		<b>Membership No.:</b>	
<b>Please indicate whether you agree to be allocated to the second course (29 Mar – 7 Apr 2020) if the first course is full:    <input type="checkbox"/> Yes            <input type="checkbox"/> No</b>			
<b>Course Fee</b> (please ✓ as appropriate)			
	<b>Early Bird Discount</b> (HKPA member Only)	<b>Normal Fee</b>	
HKPA Member	<input type="checkbox"/> HK\$ 18,500	<input type="checkbox"/> HK\$ 20,500	
MPTA*	--	<input type="checkbox"/> HK\$ 21,500	
Non HKPA Member	--	<input type="checkbox"/> HK\$ 22,500	

\*Macau Physical Therapy Association

**Cheque No.:** \_\_\_\_\_ **Bank:** \_\_\_\_\_

Payment should be made by crossed cheque to **“Hong Kong Physiotherapy Association Limited”**  
(Please write your name, HKPA membership number, contact phone number & course name at the back of the cheque)

Completed registration form and payment should be sent to:

**Ms Chiang Lan Fong**  
Physiotherapy Department,  
Pamela Youde Nethersole Eastern Hospital  
3 Lok Man Road, Chai Wan, Hong Kong

**Remarks:**

- No refund will be considered, except the course is cancelled due to insufficient enrolment
- Course fee includes Scoliometer
- Priority will be given to MSG, HKPA members
- Successful applicants will be notified via email

## **Legal Claim Waiver Consent**

In consideration of HKPA Ltd. Accepting my registration to this course, I hereby agree to waive all my claim (however accrued) against HKPA Ltd.

Signature : \_\_\_\_\_

Name of Registrant : \_\_\_\_\_

Date : \_\_\_\_\_

\*Please sign the above consent when submitting your registration.

## **Special Weather Arrangement**

When Tropical Cyclone Warning Signal No. 8 (or a higher number) and/or Black Rainstorm Signal is hoisted, the following arrangements will apply:

For classes & examinations have not yet started

- If Typhoon Signal No.8 and/or Black Rainstorm Signal is in force 2 hours before the course, the course will be cancelled.

For classes & examinations that have already started

- When Typhoon Signal No.8 or above is hoisted - Classes immediately suspend.

Fee paid are not refundable regardless of whether applicants have attended classes or not, unless the enrolled course is full or in exceptional circumstance deemed acceptable by HKPA.

# Introduction of Speakers

## **Mr Axel Hennes** (Schroth Senior Instructor)

Axel Hennes was one of the senior PT's of the Asklepios Katharina Schroth clinic in Germany. Since 1990 he was in charge with the educational part of the Schroth method. He has mainly influenced the course system in Germany and started in 2008 as an international Schroth Senior Instructor to offer international Schroth courses in the English language. Since that time he has developed the ISST (International-Schroth 3dimensional Scoliosis Therapy) program concentrating on a conservative out-patient therapy approach. He is a



member of the SOSORT society since 2008 and is working more autonomous since 2015 together with a multidisciplinary team of scoliosis experts in the MVZ-Sobernheim, Germany. In this out-patient Scoliosis-Centre, ISST-Schroth is part of the **Spine-Concept-Sobernheim**, which he and his colleagues have developed for scoliosis patients. In 2010 he was invited to present the ISST method according to Katharina Schroth at the HSS in NY. Dr. Boachie inspired him to adapt and to offer the Schroth principles to the US physical therapists. In 2011/2012 the first course in the US was held at the Hunter College in New York. In 2015 he founded ISST-International providing educational programs for experts in the conservative treatment team for scoliosis, especially for physical therapists, orthopedic technicians, and physicians. Courses in South-Korea, Japan, China, Serbia, Poland, Thailand, Estonia, and Latvia have fostered his experience in teaching ISST-Schroth around the world.

## **Ms. Mandy Lui Wai Man** (Certified Schroth Therapist)

Mandy is an Advanced Practice Physiotherapist. She is currently working at the out-patient clinic of Ruttonjee and Tang Shiu Kin Hospitals (RTSKH). She is responsible for the triage program collaborated with Orthopaedic Specialist Outpatient Department (SOPD), RTSKH. She is specialized in treating sophisticated spinal cases and scoliosis patients. Mandy graduated with Bachelor of Science in Physiotherapy from the Hong Kong Polytechnic University in 1996 and obtained the Master of Medical Sciences in Geriatric Medicine from the



University of Hong Kong in 2005. She is a certified Schroth Therapist for scoliosis rehabilitation and obtained her training through the world renowned Asklepios Katharina-Schroth-Klinik in Germany in 2015. Mandy has obtained the first and second level classes in the Scientific Exercise Approach to Scoliosis (SEAS) accreditation program, organized by the Italian Scientific Spine Institute in 2014 and 2016 respectively. Since then, she established a well-structured scoliosis program using Schroth method for adult scoliosis in Tang Shiu Kin Hospital in 2016. The scoliosis program facilitates scoliosis patients in curve correction, in prevention of curve progression and in pain management. From 2018, idiopathic adolescent scoliosis is also included in the program. Apart from her clinical duties, she is passionate to share her knowledge in scoliosis. In 2016, she was invited by the Hong Kong Physiotherapy Association (HKPA) to share her knowledge in treating scoliosis. She gave a speech in sharing her experience of treating adult scoliosis in Physiotherapy Central Commissioned Training Program 2016-2017. Mandy has also conducted a pilot study titled "The effectiveness of Physiotherapy Scoliosis-Specific Exercises (PSSE) in adult scoliosis". It received a merit poster award in the 10<sup>th</sup> Hong Kong East Cluster Quality and Safety Seminar in 2019.