

HONG KONG PHYSIOTHERAPY ASSOCIATION LIMITED 香港物理治療學會有限公司

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A MEMBER ORGANISATION OF
WORLD CONFEDERATION FOR PHYSICAL THERAPY (WCPT)



A MEMBER ORGANISATION OF WORLD CONFEDERATION FOR PHYSICAL THERAPY – ASIAN WESTERN PACIFIC REGION (AWP)



A MEMBER ORGANISATION OF ASIAN CONFEDERATION FOR PHYSICAL THERAPY (ACPT)



A MEMBER ORGANISATION OF INTERNATIONAL ACUPUNCTURE ASSOCIATION OF PHYSICAL THERAPISTS (IAAPT)



A MEMBER ORGANISATION OF INTERNATIONAL FEDERATION OF ORTHOPAEDIC MANIPULATIVE THERAPISTS (IFOMT)



A MEMBER ORGANISATION OF INTERNATIONAL FEDERATION OF SPORTS PHYSIOTHERAPY (IFSP)



A MEMBER ORGANISATION OF INTERNATIONAL ORGANISATION OF PHYSICAL THERAPISTS IN PAEDIATRICS (IOPTP)



A MEMBER ORGANISATION OF INTERNATIONAL ORGANISATION OF PHYSICAL THERAPISTS IN WOMEN'S HEALTH (IOPTWH)



AN ASSOCIATE MEMBER OF THE FEDERATION OF MEDICAL SOCIETIES OF HONG KONG



A MEMBER ORGANISATION OF THE HONG KONG COUNCIL OF SOCIAL SERVICE



A MEMBER ORGANISATION OF HONG KONG JOINT COUNCIL FOR PEOPLE WITH DISABILITIES



A MEMBER ORGANISATION OF HONG KONG ASSOCIATION OF GERONTOLOGY



A MEMBER ORGANISATION OF COMMUNITY REHABILITATION NETWORK OF THE HONG KONG SOCIETY FOR REHABILITATION

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Office Bearers (2017-2018)

Honorary Auditor : Dr. Patrick L.T. WONG J.P.

Honorary Legal Advisor

Executive Committee Members of Hong Kong Physiotherapy Association (2017-2018)

President : Prof. Marco Y.C. PANG

Vice-President : Mr. Charles W.K. LAI

Honorary Secretary : Ms. Anna Bella M.Y. SUEN

Associate Secretary : Mr. Sam S. WAN

Honorary Treasurer : Mr. Clement K.M. CHAN

Associate Treasurer : Ms. Judy W.L. WONG

Chairperson of Membership Subcommittee : Mr. Brian F.C. MA

Members of Membership Subcommittee : Mr. Gorman C.W. NGAI

Mr. Harry K.M. LEE

: Mr. Bronco M.T. BUT

Chairperson of Porfessional Development Subcommittee : Mr. Raymond C.C. TSANG

Members of Membership Subcommittee : Ms. Mandy M.Y. MAK

Mr. Ivan N.C. YEUNG

Ms. Horsanna P.Y. CHIU

Chairperson of International Affairs and Publications Subcommittee : Dr. Shirley P.C. NGAI

Member of International Affairs and Publications Subcommittee : Dr. Arnold Y.L. WONG

Chairperson of Promotion and Public Relations Subcommittee : Mr. Alexander C.H. WOO

Members of Promotion and Public Relations Subcommittee : Dr. Ivan Y.W. SU

Dr. Billy C.L. SO

Ms. Carmen H.Y. CHOW

Mr. Ryan K.W. CHOI

Executive Committee Members of Acupuncture and Integrative Medicine Specialty Group (2017-2018)

Chairperson : Mr. Eric Y.T. LAW

Vice-Chairperson : Dr. Andy C.M. CHAN

Mr. Ben B. CHAN

Treasurer : Ms. Fiona L.W. TANG

Secretary : Ms. Yvonne P. LAM

Ms. Rebecca M.P. NGAI

Mrs. May M.Y. CHEUNG

Education Officer : Mr. Kenny C.C. YUEN (Acupuncture)

Ms. Frances S.M. LAW (Integrative Medicine)

IT Officer : Ms. Rufina W.L. LAU

Public Relation Officer : Ms. Ada S.K. TSUI

Mr. Derek K.H. YEUNG

Liaison Officer : Mr. Kerry W.Y. FUNG

Executive Committee Members of Cardiopulmonary Specialty Group (2017-2018)

Chairperson : Mr. Eyckle C.H. WONG

Vice-Chairperson : Ms. Horsanna P.Y. CHIU

Dr. Shirley P.C. NGAI

Treasurer : Ms. Grace W.K. CHENG

Secretary : Ms. Eva Y.W.CHUN

Public Relation Officer : Mr. Clement K.M. CHAN

Ms. Pamela P.W. CHAN

Ms. Joey L. CHENG

Ms. Aggie W.S. KWAN

Education Officer : Ms. Becky LAM

Ms. Y.M. NG

Ms. Sandy W.C. LEUNG

Executive Committee Members of Geriatrics Specialty Group (2017-2018)

Chairperson : Mr. Steven H.L. CHEUNG

Vice-Chairperson : Mr. Bill K.S. CHAN

Mr. Y.K. LEUNG

Treasurer : Ms. Polly Y.K. LO

Secretary : Ms. Kennis K.W. CHEUNG

Ms. Marine Y.Y. LO

IT Officer : Ms. Ann Y.Y. LI

Mr. Brian W.K. WONG

Ex-committee : Mr. James P.Y. KAN

Ms. Angela W.Y. LEE

Mr. Thomson W.L. WONG

Ms. Annie M.S. WU Ms. Leona F.P. YAN

Executive Committee Members of Hand Therapy Specialty Group (2017-2018)

Chairperson : Mr. Kenneth C.H. CHUNG

Vice-Chairperson : Ms. Jocelyn S.Y. CHO

Ms. May L.M. LUK

Secretary : Ms. Yvonne P. LAM

Mr. Kenneth M.C. POON

Treasurer : Ms. L.F. CHIANG

Ms. Joanna M.S. WONG

Ms. Daisy M.T. NG

Professional Development Officer : Ms. Connie Y.F. LY

Ms. Polina L.C. YEUNG

Public Relation Officer : Mr. Jimmy P.M. YUEN

Ms. Intonia H.W. CHOW

Scientific Officer : Mr. Raymond C.C. TSANG

Executive Committee Members of Musculoskeletal Specialty Group (2017-2018)

Chairperson : Mr. Raymond C.C. TSANG

Vice-Chairperson : Mr. Jimmy P.M. YUEN

Treasurer : Ms. L.F. CHIANG

Mr. Moses K.K. LAU

Executive Officer : Ms. Catherine O.P. CHAN

Mr. Denis S.O. CHAN

Ms. Esther W.K. CHAN

Mr. Justin M.S. IP

Mr. Alex T.L. JO

Ms. Isa C.Y. LAM

Ms. Angela W.Y. LEE

Mr. Zenki C.W. LEUNG

Ms. Mandy T.M. NG

Executive Committee Members of Neurology Specialty Group (2017-2018)

Chairperson : Dr. Wingson W.C. CHAN

Vice-Chairperson : Mr. Ivan LIU

Treasurer : Ms. Eva P.K. CHUNG

Secretary (External) : Ms. Lydie O.L. HO
Secretary (Internal) : Dr. Doris CHONG

Education Development Officer : Ms. Emily M.L. KO

Ms. Sally P.C. WAN

Ms. Sue WONG

Ms. Karen T.H. YIU

Ms. Elliot CHENG

Information Technology Officer : Mr. Hei WONG

Mr. C.W. WOO

Research Development Officer : Dr. Margaret K.Y. MAK

Dr. Stephanie S.Y. AU YEUNG

Mr. Matthew Y.C. MOK

Executive Committee Members of Occupational Safety, Health and Rehabilitation Specialty Group (2017-2018)

Honorary Adviser : Prof. Grace P.Y. SZETO
Chairperson : Mr. Alexander C.H. WOO

Vice-Chairperson : Ms. Linda Y.Y. LAI

Mr. Wilson W.S. LAM

Treasurer : Mr. C.H. LAI

Secretary : Ms. Judy W.L. WONG
Publicity Officer : Mr. Daniel Y.K. TO

Mr. Simon S.C. TSE

Mr. Curtis K.H. WONG Mr. Kelvin M.L. KWOK Ms. Rainbow K.Y. LAW

Dr. Billy C.L. SO

Mr. Richard C.T. WONG Mr. Felix T.K. WONG

Executive Committee Members of Sports Specialty Group (2017-2018)

Chairperson : Mr. Alex HO

Vice-Chairperson (External) : Mr. Willis CHAN

Vice-Chairperson (Internal) : Ms. Cora CHEUNG

Treasurer : Mr. Lylon LAI

Secretary : Mr. Ivan AU

Information Technology Officer : Ms. Shirley LEE

Education Officer : Mr. Indy HO

Mr. Alex CHAN

On-field Coordinator : Ms. Yuki WONG

Ms. Monika LAU

Ms. Cynthia SUNG



Executive Committee Members of Women's Health Specialty Group (2017-2018)

Chairperson : Ms. Brigitte FUNG
Vice-Chairperson : Ms. Regina LEUNG

Treasurer : Ms. Karen WONG

Secretary (External) : Ms. Anna WONG

Public Relation Officer : Ms. Mandy LEUNG

Resources Officer : Ms. Jeppy CHEUNG

Education Officer : Ms. Andrea LEUNG

Ms. Timmi YICK
Ms. Ginny CHOI
Ms. Mary MA

Executive Committee Members of Manipulative Therapy Specialty Group (2017-2018)

Chairperson : Dr. Nicola MOK

Vice-Chairperson : Mr. Gorman NGAI

Dr. Sharon TSANG

Treasurer : Mr. Nathan LEUNG

Mr. Eric WONG

Secretary : Mr. Thomas CHEN

Publicity Officer : Mr. Ivan KWAN

Professional Development Officer : Mr. Nathan LEUNG

Executive Committee Members of Paediatrics Specialty Group (2017-2018)

Chairperson : Ms. Nerita CHAN Vice-Chairperson : Ms. Cecilia KWOK

Ms. Tracy CHEN

Treasurer : Ms. Vivian CHAN

Secretary : Ms. Flora LAW

IT Subgroup : Ms. Candice POON

Education Subgroup : Ms. Y.B. HO (Officer)

Ms. Olivia FAN

Dr. Tamis PIN

Ms. Tina CHAN

Ms. Pauline FONG

Publicity Subgroup : Ms. Catherine CHEUNG (Officer)

Ms. Beverley YIU

Ms. Carmen LEUNG

Ms. Helen CHAN

Ms. Daswani Dinisha Deepak

Co-opt Member : Ms. M.K. AU

Ms. Florence KWAN

Executive Committee Members of Rehabilitation Technology Specialty Group (2017-2018)

Chairperson : Dr. Amy FU

Ex-committee : Ms. Rainbow LAW

Ms. Joann TSANG

Annual Report of President 2017-2018

Prof. Marco Y.C. PANG

It is an incredible privilege for me to be elected as the new President of the Hong Kong Physiotherapy Association (HKPA). I would like to thank our members for their trust in bestowing this tremendous honor on me. In the past year, I have had the opportunity to work with a group of dedicated HKPA Executive Committee members who have a true passion in advancing our profession on various fronts. This annual report provides a summary of the event and activities that took place between October 2017 and June 2018.

Annual General Meeting and Election of Executive Committee Members (2017-2019)

The HKPA Annual General Meeting was held on 28 Oct 2018 at Hotel ICON. A total of 30 HKPA members attended the AGM. The motion that the membership fee for life members for the 2017/18 cycle was offered with a discount rate of HKD 5,000 in celebration of HKPA 55th Anniversary was adopted at the Annual General Meeting. The ballot counting for the election of the HKPA Executive Committee for the 2017-2019 term was also conducted. The election results are summarized below.

Election Results for HKPA President (2017-2019)

Number of valid ballots counted:	281
Number of invalid ballots:	20

Ballot attained for all nominees

Nominee	Ballot attained
Mr. LEUNG Ka Lun, Kenneth	94
Prof. PANG Marco Yiu Chung	181

Election Results for HKPA Executive Members (2017-2019)

Number of valid ballots counted:	281
Number of invalid ballots:	20

Election Results for HKPA Executive Committee (2017-2019)

Nominee	Ballot attained
Dr. CHAN Chi Ming, Andy	163
Mr. CHAN Kin Ming, Clement	159
Mr. CHAU Ka Wai, Daniel	130
Mr. CHU Ka Ho, Tommy	55
Mr. FUNG Wai Yip, Kerry	99
Mr. KWOK Chun Fai, Anthony	100
Mr. LAI Wai Kin, Charles	121
Ms. LAM Chui Yi, Isa	96
Mr. LEE Ka Man, Harry	94
Mr. LIU Ka Po	74

Mr. LO Kai Fai, Vincent	67
Mr. MA Fat Chuen, Brian	144
Ms. MAK Man Yu, Mandy	112
Mr. NG Yiu Pan, Nelson	56
Mr. NGAI Chi Wing, Gorman	153
Dr. NGAI Pui Ching, Shirley	146
Dr. SO Chun Lung, Billy	88
Ms. SUEN Mei Yee, Anna Bella	149
Mr. TSANG Chi-Chung, Raymond	202
Mr. WAN Sung, Sam	53
Dr. WONG Yu Lok, Arnold	91
Mr. WOO Chuen Hau, Alexander	151
Mr. YEUNG Ngai Chung, Ivan	55

According to the above results, the 11 candidates who received the highest number of votes became the elected Members of the Executive Committee of the HKPA Ltd. (2017-2019).

Executive Committee Members of Acupuncture and Integrative Medicine Specialty Group (2017-2018)

President	Prof. PANG Marco Yiu Chung
Executive Committee Members	Dr. CHAN Chi Ming, Andy
	Mr. CHAN Kin Ming, Clement
	Mr. CHAU Ka Wai, Daniel
	Mr. LAI Wai Kin, Charles
	Mr. MA Fat Chuen, Brian
	Ms. MAK Man Yu, Mandy
	Mr. NGAI Chi Wing, Gorman
	Dr. NGAI Pui Ching, Shirley
	Ms. SUEN Mei Yee, Anna Bella
	Mr. TSANG Chi-Chung, Raymond
	Mr. WOO Chuen Hau, Alexander



The ballot counting process for the election of the HKPA Executive Committee (2017-2019) was under the supervision of the HKPA Honorary Legal Advisor Mr. Bronco BUT.



The newly elected Executive Committee on 28 Oct 2017

Following the announcement of the election results, Dr. CHAN Chi Ming Andy and Mr. CHAU Ka Wai Daniel submitted their resignation, which became effective on 31 Oct 2017 and 2 Nov 2017, respectively. Following thorough discussion during the Executive Committee Meeting on 18 Nov 2017, it was a unanimous decision of the Executive Committee to appoint Mr. Sung Sam WAN and Ms. Judy Wan Loon WONG to fill the above positions and their tenure would be reviewed in the Annual General Meeting of 2018.

The following HKPA members were co-opted as the HKPA Executive Committee Members (2017-2019).

Co-opted members
Ms. Horsanna Pik Yin CHIU
Mr. Ryan Ka Wai CHOI
Ms. Carmen Ha Yan CHOW
Mr. Harry Ka Man LEE
Dr. Billy Chun Lung SO
Dr. Ivan Yuen Wang SU
Dr. Arnold Yu Lok WONG
Mr. Ivan Ngai Chung YEUNG

The structural organization of the Executive Committee was modified so that it could more effectively carry out different key functional roles. In addition to the President, Vice President, Honorary Secretary, Associate Secretary, Honorary Treasurer and Associate Treasurer, there were four subcommittees, including Membership Subcommittee, Professional Development Subcommittee, Promotion and Public Relations Subcommittee, and International Affairs and Publications Subcommittee. The composition of the HKPA Executive Committee (2017-2019) is displayed in the following table.

Position	Name	Workplace
President	Prof. Marco Yiu Chung PANG	PolyU
Vice-President	Mr. Charles Wai Kin LAI	Shatin Hospital
Honorary Secretary	Ms. Anna Bella Mei Yee SUEN	Tin Shui Wai Hospital
Associate Secretary	Mr. Sam Sung WAN	Tuen Mun Hospital
Honorary Treasurer	Mr. Clement Kin Ming CHAN	Ruttonjee Hospital
Associate Treasurer	Ms. Judy Wan Loon WONG	Ruttonjee Hospital

Membership Subcommittee		
Chairperson	Mr. Brian Fat Chuen MA	Tuen Mun Hospital
Members	Mr. Harry Ka Man LEE	Tung Wah Group of Hospitals
	Mr. Gorman Chi Wing NGAI	Private Practice
Professional Development Sub	committee	
Chairperson	Mr. Raymond Chi Chung TSANG	MacLehose Medical
		Rehabilitation Centre
Members	Ms. Horsanna Pik Yuen CHIU	Untied Christian Hospital
	Ms. Mandy Man Yu MAK	Tuen Mun Hospital
	Mr. Ivan Ngai Chung YEUNG	Yan Chai Hospital
Promotion and Public Relations Subcommittee		
Chairperson	Mr. Alexander Chuen Hau WOO	PolyU
Members	Mr. Ryan Ka Wai CHOI	Private Practice
	Ms. Carmen Ha Yan CHOW	Po Leung Kuk
	Dr. Billy Chun Lung SO	PolyU
	Dr. Ivan Yuen Wang SU	SAHK
International Affairs and Publications Subcommittee		
Chairperson	Dr. Shirley Pui Ching NGAI	PolyU
Members	Dr. Arnold Yu Lok WONG	PolyU

The new Executive Committee had held a total of 5 meetings durign the report period (18 Nov 2017, 3 Feb 2018, 21 March 2018, 28 April 2018, 23 June 2018).



First Executive Committee Meeting (2017-2019) was held on 18 Nov 2017.

Specialty Group Guidelines

The HKPA Executive Committee and also the Specialty Group (SG) Chairpersons agreed that it was timely to review the SG guidelines, which was last updated in 2005. Following thorough dicussion of the HKPA Executive Committee members and SG Chairpersons, the SG guidelines were successfully revised. The major changes involved: (1) the regulations regarding the formation and dissoulation of SG are now clearly specified, (2) the guidelines for honorarium payment to SG Executvie Committee members are laid out, and (3) the requirement of each SG to achieve a balanced budget annually, rather than that for individual course/activity, is stipulated. The revised SG Guidelines were endorsed by the HKPA Executive Committee and released to the HKPA members in June 2018.

HKPA Conference 2017

The HKPA Conference was successfully held on 28-29 Oct 2017 at HOTEL ICON. The theme of the Conference was "Excellence in Physiotherapy: Marching Forward Together". There were three overseas speakers, including Dr. Sandra BILLINGER, Dr. Manuela FERREIRA and Dr. Paulo FERREIRA. A total of 153 people attended the conference. In addition to the main conference program, there were two pre-conference workshops, one on "E-health, Genetic, Lifestyle Intervention for Musculoskeletal Pain" led by Dr. Paulo FERREIRA, and another on "Contemporary Management of Low Back Pain in Older Adults" led by Dr. Manuela FERREIRA. There was also a post-conference workshop on "Aerobic Exercise Post-Stroke: Evaluation and Exercise Prescription" taught by Dr. Sandra BILLINGER.

The Best Poster Presentation Awards went to Ms. LAU Sau Ying Jamie (Gold Award), Ms. LEUNG Ka Po Andrea (Silver Award) and Ms. LUK Ka Yan Helen (Bronze Award) whereas the Best Oral Presentation Awards were granted to Ms. CHAU Ka Wai Carrie (Gold Award), Ms. LAM Pui Yan (Silver Award) and Mr. FUNG Kai Hang (Bronze Award) and Mr. LAU King Ming Ricky (Bronze Award).









Participants and guests were enjoying the conference

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Dr. Paulo FERREIRA



Dr. Manuela FERREIRA



Dr. Sandra BILLINGER



Best Student Project Award



Pre-conference workshop led by Dr. Paulo FERREIRA



Pre-conference workshop led by Dr. Manuela FERREIRA



Post-conference workshop led by Dr. Sandra BILLINGER

The Gala Dinner was held on the evening on 28 Oct 2017 at HOTEL ICON. A total of 158 people joined the Dinner, which was garnered with wonderful musical and magic performances. The Dinner provided an excellent opportunity for our physiotherapy colleagues to mingle and celebrate the accomplishments of the HKPA. It also served as a perfect occasion for Ms. Priscilla POON, the Immediate Past President of the HKPA to give her concluding speech to the participants, and pass the torch to Prof. Marco PANG, the newly elected President, who also shared his vision to the audience.

I would like to thank all those who were involved in organizing the Conference and Dinner. Their painstaking effort had made the event an immense success.







Guests enjoying the Conference Dinner

Representations in Other Local Institutions/Organizations

- ♦ The HKPA re-nominated Mr. Gorman NGAI and Ms. Anna Bella SUEN as the members of the Preliminary Investigation Committee of the Physiotherapists Board Hong Kong for the term of 2018-2019.
- ♦ Ms. Priscillia Lam LAM served as the council representative of the Federation of Medical Societies of Hong Kong.
- ♦ Prof. Marco PANG, on behalf of the HKPA, served as one of the members of the Accreditation Steering Committee of the Residential Aged Care Accreditation Scheme under the Hong Kong Association of Gerontology.

- ♦ Prof. Marco PANG and Mr. Eyckle WONG, acted as members of the Exercise is Medicine (EIM) (HK) Advisory Board.
- ♦ The HKPA nominated Mr. Brian MA to replace Ms. Priscilla POON to serve as a member of the Entry-level Programme Committee, Department of Rehabilitation Sciences, Hong Kong Polytechnic University (PolyU).
- ♦ The HKPA nominated Mr. Brian MA to replace Ms. Priscilla POON to serve as a member of the Departmental Undergraduate Program Committee, Department of Rehabilitation Sciences, PolyU.
- ♦ The HKPA nominated Dr. Ivan SU to be a member of the RS 40th Anniversary Organizing Committee, PolyU.
- ♦ The HKPA nominated Mr. Charles LAI to be a member of the Departmental Advisory Committee, Department of Rehabilitation Sciences, PolyU.
- ♦ The HKPA nominated Ms. Anna Bella SUEN to be a member of the Program Advisory Committee, BSc (Hons) in Physiotherapy Program, Tung Wah College.
- ♦ Ms. Nerita CHAN, Ms. Tracy CHEN, Ms. Cecilia KWOK and Ms. Beverly YIU, represented the HKPA in the Nursing and Allied Health Group on Child Health Policy.
- ♦ Prof. Marco PANG and Mr. Brian MA represented the HKPA in "香港衛生服務界慶祝國慶 69 周年籌委會執行委員會".

Collaborations/Connections with Other Local Professional and Community Organizations

The HKPA had built strong connections with other professional organizations and community partners, and worked collaboratively in a good number of activities that helped to promote health and the role of physiotherapy. The HKPA was also dedicated to engaging the community and providing education to the general public on issues related to health and physiotherapy.

- ♦ Ms. Priscilla POON, on behalf of HKPA, attended the 30th Anniversary event of the Physical Fitness Association of Hong Kong China on 12 Oct 2017.
- ♦ Prof. Marco PANG, Ms. Priscilla POON, Ms. Anna Bella SUEN, Mr. Sam WAN and Mr. Leo Chit Man LEUNG attended the Bowtie Campaign organized by SANOFI on 29 Oct 2017, an event that raised the awareness of prostate cancer. The HKPA was a supporting organization of this meaningful event.
- ♦ HKPA was a supporting organization of the event titled "Freedom on Oxygen", organized by the Hong Kong Thoracic Society. Mr. Charles LAI, on behalf of the HKPA, attended the event on 29 Oct 2017.
- ♦ Prof. Marco PANG and Mr. Eyckle WONG attended the Exercise is Medicine (EIM) Advisory Board Meeting on 13 Nov 2017.
- ♦ The HKPA was invited to set up an educational booth and provide a seminar in a program titled 「生命繽紛真健康」 organized by RHEMA (真奧社) on 18 Nov 2017. The Geriatrics Specialty Group coordinated the set up of the booth that educated the public on fall prevention. Ms. Fiona TANG delivered a seminar on mental health at the event.
- ♦ Ms. Mandy MAK contributed to the Elderly Community Service Programme Seminar, Lingnan University on 24 Nov 2017.





The Bowtie Campaign





Freedom on Oxygen event

- ♦ Prof. Marco PANG, on behalf of the HKPA, attended the Opening Ceremony of 「樂健在社區」, a community transitional day rehabilitation program for elders with cerebrovascular diseases and fall related fractures run by the Christian Family Service Centre, on 7 Dec 2017. The HKPA had played an important role in supporting the Christian Family Service Centre in applying the funding from Keswick Foundation.
- ♦ Prof. Marco PANG and Ms. Priscilla POON attended the Hong Kong Cancer Day on 10 Dec 2017. The HKPA was a supporting organization of this event.
- ♦ The HKPA completed "粤港澳大灣區護理及專職醫療專業人才培訓資料收集及意向調查" on 30 Dec 2017
- → Prof. Marco PANG and Dr. Shirley NGAI, on behalf of the HKPA, joined the Federation of Medical Societies of Hong Kong Annual Dinner on 31 Dec 2017.
- → Prof. Marco PANG and Mr. Eyckle WONG attended the Opening Ceremony of the Exercise is Medicine (EIM) Asia Regional Meeting on behalf of the HKPA on 19 January 2018.





Prof. Marco PANG at the Opening Ceremony of 「樂健在社區」



Hong Kong Cancer Day



Opening Ceremony of the Exercise is Medicine (EIM) Asia Regional Meeting.

- ♦ Dr. Ivan SU, on behalf of HKPA, attended the Opening Ceremony of the 3rd Golden Age Expo & Summit on 26 January 2018.
- ♦ Prof. Marco PANG delivered an invited talk to the participants of the event called "Fall/Winter Sheung Wan Promenade" on 4 Feb 2018. The Geriatric Specialty Group and a number of physiotherapy student volunteers led the participants in doing simple exercises (黄金操) during the event.
- ♦ Prof. Marco PANG and Mr. Willis CHAN (Sports Specialty Group), on behalf of HKPA attended the Oxfam Trailwalker Prize Presentation Ceremony on 23 Feb 2018. The HKPA provided significant physiotherapy support service to the participants of the event.
- ♦ Dr. Ivan SU, on behalf of HKPA, attended the World Rare Disease Day 2018 Symposium on 25 Feb 2018.
- ♦ Prof. Marco PANG and Mr. Charles LAI, on behalf of HKPA, attended the Chinese New Year event (新春團拜) organized by the Hong Kong Alliance of Patients' Organizations Ltd. and Hong Kong Society for Rehabilitation on 10 March 2018.
- ♦ The HKPA accepted the invitation to be the supporting organization of the HKFA Football Physiotherapy course (June 2018) organized by the Medical committee of HK Football Association (HKFA).





Fall/Winter Sheung Wan Promenade



Oxfam Trailwalker Prize Presentation Ceremony



「健康齊 FUN 享」嘉年華

- Mr. Raymond TSANG, on behalf of the HKPA, accepted the invitation by Consumer Council to contribute to a report on choosing mattresses in March 2018.
- ♦ The HKPA accepted the invitation from the Chief Executive of the Hong Kong Council of Social Service to be the Supporting Organization of the Gerontech and Innovation Expo cum Summit 2018, which is to be held in 22-25 November 2018.
- ♦ Ms. Mandy MAK and Ms. Annie WU (Geriatrics Specialty Group) delivered a talk on the "Exercise and Mental Health" in 「健康齊FUN享」嘉年華 organized by the Baptist Oi Kwan Social Service on 17 March 2018. They were also exercise demonstrations.

- ❖ Prof. Marco PANG, on behalf of the HKPA, joined the Stakeholder Group of Hong Kong Report Card on Physical Activity for Children and Youth on 22 March 2018.
- ♦ Prof. Marco PANG, on behalf of the HKPA, joined the Spring Dinner organized by the Association of Hong Kong Health Care Professionals on 23 March 2018.
- ♦ The HKPA accepted the invitation from the Physical Fitness Association of Hong Kong, China to be a supporting organization of Physical Fitness Assessment Day (8-10 June 2018).
- ♦ Ms. Cora CHEUNG and Mr. Ivan AU (Sports Specialty Group), on behalf of the HKPA, joined the Kick Off
 Ceremony of the 4th Hong Kong Transplant and Dialysis Games on 8 April 2018.
- ♦ Prof. Marco PANG attended the Opening Ceremony of the 19th Regional Osteoporosis Conference on 28 April 2018. The HKPA served as a supporting organization of this Conference.



Opening Ceremony of the 19th Regional Osteoporosis Conference

- ♦ The HKPA accepted the invitation to be a supporting organization of the Hong Kong Paralympic Day 2018.
- ♦ The HKPA accepted the invitation to be a supporting organization of the 54th Hong Kong Healthy Children Competition, which is jointly organized by the Hong Kong Paediatric Foundation and Boys' and Girls' Club Association of Hong Kong.
- ♦ Ms. Nerita CHAN and Ms. Beverly YIU, on behalf of the HKPA, attended the first meeting of the Nursing and Allied Health Group on Child Health Policy on 29 May 2018.
- ♦ Prof. Marco PANG, on behalf of the HKPA, attended a meeting with the Hong Kong Ergonomics Society on 2 June 2018.
- ♦ Ms. Carmen CHOW, on behalf of the HKPA, delivered an invited seminar on Osteoporosis Prevention and Exercises for Healthy Aging「年紀大、機器壞」on 3 June 2018. The invitation was from Mr. AU Chi Yuen, Tuen Mun District Councilor.
- ♦ Mr. Brian MA, on behalf of the HKPA, attended the first meeting of "香港衛生服務界慶祝國慶 69 周年籌委會執行委員會" on 11 June 2018.
- ❖ Various physiotherapy colleagues took up the role of tutor for the hydrotherapy sessions organized by the Hong Kong Arthritis & Rheumatism Foundation at the Pok Oi Hospital from Nov to Dec 2017 and March to June 2018.



Meeting with the Hong Kong Ergonomics Society

♦ Dr. Shirley NGAI attended the Opening Ceremony of 「基層醫療服務巡禮啟動禮」organized by Kwai Tsing Safe Community and Healthy City Association on 24 June 2018.

♦ The HKPA accepted the invitation to be a Corporate Supporter of 4th Employees Award in Elderly Service, which is to be held in May 2019.







Dr. Shirley NGAI at the Opening Ceremony of 基層醫療服務巡禮啟動禮」

Collaborations/Connections with Physiotherapy Students/Alumni

- ♦ Ms. Priscilla POON, on behalf of the HKPA, attended the Entry Level Programme
 Committee at PolyU on 6 Oct 2017.
- ♦ Ms. Priscilla POON, on behalf of the HKPA, attended the PolyU 80th Anniversary Alumni Reunion Luncheon on 14 Oct 2017.
- ♦ Ms. Priscilla POON, on behalf of the HKPA, attended the Departmental Undergraduate Programme Committee at PolyU on 17 Oct 2017.
- ♦ The Hong Kong Physiotherapy Concern organized the Physiotherapy Fun Day on 12 Nov 2017. Prof. Marco PANG, as President of the HKPA, accepted the invitation and attended the event on behalf of the HKPA.



PolyU 80th Anniversary Dinner

- Prof. Marco PANG and Ms. Priscilla POON, on behalf of the HKPA, joined the PolyU 80th Anniversary Dinner on 7 Dec 2017.
- → Dr. Ivan SU, on behalf of the HKPA, attended the PolyU RS 40th Anniversary Organizing Committee Meeting on 19 Dec 2017.
- ♦ Prof. Marco PANG, on behalf of the HKPA, attended the Elite Alumni Seminar cum Kick-Off Ceremony of RS 40th Anniversary on 7 Feb 2018.
- ♦ Mr. Brian MA, on behalf of the HKPA, attended the Departmental Undergraduate Programme Committee on 5 June 2018.
- ♦ Prof. Marco PANG, in the capacity as the HKPA President, acted as the judge for the "RS Got Talent" event organized by the Department of Rehabilitation Sciences of PolyU on 28 June 2018.
- ♦ The HKPA would continue to offer the Year 1, year 2 and Year 3 Outstanding Student Awards and Best Final Year Project Award. The HKPA Executive Committee (2017-2019) unanimously agreed to increase the number of Best Final Year Project Award to 3 in total (Gold, Silver and Bronze Awards) starting from 2018. The final ranking of the 3 awardees will be based on their performance of the oral presentation at the HKPA Conference as determined by the external speakers.



Elite Alumni Seminar cum Kick-Off Ceremony of RS 40th Anniversary

Professional Development

The HKPA has always been devoted to providing professional continuing education for physiotherapy colleagues.

- ❖ In collaboration with the HKU SPACE, the HKPA organized the course titled "Introductory Course on Basic Physiotherapy Skills for the Elderly". The course was delivered in Jan to March 2018. A total of 17 people had successfully completed the course requirements.
- ♦ The HKPA collaborated with the Asian Academy for Sports and Fitness Professionals (AASFP) in organizing the "Learn from the Leaders: Education Scheme for Physiotherapists". The series contained several one-day courses taught by very experienced physiotherapists, including Mr. Jay CHAU, Mr. Terence CHAU, Mr. Ricky FONG, Ms. Michelle LAM, Ms. Debbie LOOK, and Mr. Elton NG. The course covered important areas such as advanced physiotherapy assessment and treatment techniques, case sharing, usage of latest tools and equipments in physiotherapy, as well as communication skills. The first course of the series was conducted in April 2018.
- Prof. Marco PANG, as the President of the HKPA, conducted the following educational seminars to physiotherapy colleagues:

Date	Topic	Location
6 Dec 2017	Toward evidence-based practice in community-based exercise prescription and the continuing professional development of physiotherapists based in NGOs & government	SAHK Institute for Rehabilitation Practice
10 Jan 2018	A new cognitive-motor exercise program for people with chronic stroke	Tung Wah Group of Hospitals Jockey Club Rehabilitation Complex
10 Feb 2018	International status of Hong Kong Physiotherapy	PolyU
20 March 2018	A new cognitive-motor exercise program for people with chronic stroke	Shatin Hospital
9 May 2018	A new cognitive-motor exercise program for people with chronic stroke	Tuen Mun Hospital
15 May 2018	A new cognitive-motor exercise program for people with chronic stroke	Princess Margaret Hospital
23 May 2018	International status of Hong Kong Physiotherapy	Hong Kong Society for Rehabilitation
24 May 2018	Application of whole-body vibration: transmissibility and neuromuscular activation.	Prince of Wales Hospital
28 June 2018	Exercise intervention for individuals with mild cognitive impairment and dementia.	SAHK Institute for Rehabilitation Practice

In addition, the SGs had organized their own continuing education workshops/courses. Please refer to the individual SG reports for more details.



Learn from the Leaders: Education Scheme for Physiotherapists



Prof. Marco PANG giving an educational talk on professional autonomy to physiotherapists

Promotion of HKPA among physiotherapists

It is very important to enhance unity and promote HKPA membership among our physiotherapy colleagues and students. The following is a list of promotional seminars conducted by the HKPA during the report period.

Date	Торіс	Location
6 Dec 2017	SAHK Institute for Rehabilitation Practice	Prof. Marco PANG Mr. Charles LAI Ms. Anna Bella SUEN
10 Jan 2018	Tung Wah Group of Hospitals Jockey Club Rehabilitation Complex	Prof. Marco PANG Mr. Harry LEE Dr. Ivan SU
15 January 2018	PolyU (Year 2 BSc (Hons) PT students)	Prof. Marco PANG
17 January 2018	PolyU (Year 3 BSc (Hons) PT students)	Prof. Marco PANG
22 January 2018	PolyU (MPT students)	Prof. Marco PANG
5 Feb 2018	PolyU (Year 1 BSc (Hons) PT students)	Prof. Marco PANG
10 Feb 2018	PolyU (Hong Kong Physiotherapists' Union)	Prof. Marco PANG
20 March 2018	Shatin Hospital	Prof. Marco PANG
27 March 2018	PolyU (Year 4 BSc (Hons) PT students)	Prof. Marco PANG
9 May 2018	Tuen Mun Hospital	Prof. Marco PANG
15 May 2018	Princess Margaret Hospital	Prof. Marco PANG
23 May 2018	Hong Kong Society for Rehabilitation	Prof. Marco PANG
24 May 2018	Prince of Wales Hospital	Prof. Marco PANG
28 June 2018	SAHK Institute for Rehabilitation Practice	Prof. Marco PANG



Promotional seminar at Tung Wah Group of Hospitals



Promotional seminar at Shatin Hospital



Promotional seminar at Prince of Wales Hospital



Promotional seminar at Hong Kong Society for Rehabilitation



Promoting HKPA to physiotherapy students

Media Exposure

The HKPA has substantially increased the amount of media exposure, because of both the increasing public awareness of physiotherapy, and the painstaking effort of our Executive Committee in soliciting and securing such opportunities for publicity. The following is a list of press coverage of the HKPA during the report period.

Date of Broadcast	Program	Physiotherapists
6 Jan 2018	RTHK 《醫生與你》: Women's health	Ms. Brigitte FUNG
22 Jan 2018	TVB 《最強生命線》: Carpal tunnel syndrome	Mr. Gorman NGAI
5 Feb 2018	TVB《最強生命線》: Women's health	Ms. Regina LEUNG
21 March 2018	RTHK Radio 1 and TV 31 Healthpedia 《精靈 1 點》: Musculoskeletal pain	Mr. Gorman NGAI
28 March 2018	RTHK Radio 1 and TV 31 Healthpedia 《精靈 1 點》: Stroke rehabilitation	Dr. Wingson CHAN
4 April 2018	TVB 《最強生命線》: Varicose veins	Mr. Gorman NGAI
4 April 2018	RTHK Radio 1 and TV 31 Healthpedia 《精靈 1 點》: Ergonomics and overuse syndrome	Mr. Alexander WOO Mr. Curtis WONG
10 April 2018	TVB《升學無疆界》: Physiotherapy education	Prof. Marco PANG Mr. Charles LAI Mr. Eric LI
11 April 2018	RTHK Radio 1 and TV 31 Healthpedia 《精靈 1 點》: Stretching exercises	Mr. Moses LAU Mr. Denis CHAN
16 April 2018	Ming Pao News: unilateral exercises	Mr. Alex HO
18 April 2018	RTHK Radio 1 and TV 31 Healthpedia 《精靈 1 點》: Sports Injuries and recovery	Mr. Indy HO
25 April 2018	RTHK Radio 1 and TV 31 Healthpedia 《精靈 1 點》: Prevention of sports injuries	Mr. Gorman NGAI
2 May 2018	Ming Pao News: neck pain	Mr. Gorman NGAI
23 May 2018	Ming Pao News: stroke rehabilitation	Dr. IVAN SU Mr. Ricco Wai-Ho YIP
20 June 2018	Media tea reception	Prof. Marco PANG Dr. Billy SO Dr. Ivan SU Mr. Alexander WOO





RTHK Radio 1 and TV 31 Healthpedia 《精靈 1 點》





TVB《最強生命線》





TVB《升學無疆界》

Media Tea Reception (20 June 2018)

The HKPA hired a Public Relation (PR) firm, Zinnia Marketing & PR Consultants Ltd. in planning and coordinating different activities to enhance the profile of HKPA and increase awareness of the physiotherapy profession. The first of these activities was a media tea reception on 20 June 2018. The theme of the media reception was "全城運動,物理「自」療".

In the event, Prof. Marco PANG, in the capacity of the HKPA President, introduced the history of the HKPA and physiotherapy profession in Hong Kong, as well as the series of future events as part of the celebration of the 55th Anniversary of the HKPA. Dr. Ivan SU explained the importance of preventive medicine and the role of physiotherapy in primary, secondary, tertiary prevention of diseases. He also talked about the need for direct access to physiotherapy service without doctor's referral, especially in the context of primary care. This was followed by presentations of seven different clients who had received extensive physiotherapy service, and their physiotherapists. The clients shared

physiotherapy had play a critical role in their amazing journey of recovery. The event was concluded by showcasing various new rehabilitation technologies that were either commonly used or had great potential applications in physiotherapy practice in the near future.

The event was well attended, with 11 media organizations present. Overall, through this event, the HKPA had sent powerful messages to the public on how physiotherapy can make important contributions to public health. The visibility of the HKPA and our physiotherapy was also enhanced. As of 26 June 2018, the event had already resulted in coverage in six different media outlets, including Hong Kong Economic Times《香港經濟日報》, Sky Post《晴報》, Metro Daily《都市日報》, Hong Kong Commercial Daily《香港商報》, Yahoo, and Master Insight 《灼見名家》. More follow-up interviews would be scheduled in the coming months.











Sharing by Prof. PANG, physiotherapy clients and their physiotherapists, and showcasing physiotherapy equipment

Lobbying/Advocacy

Physiotherapy education and manpower shortage

One of the main concerns facing the physiotherapy profession is the severe shortage of physiotherapists in the workforce. According to the *Strategic Review on Healthcare Manpower Planning and Professional Development Report* released by the Government in 2017, it is projected that there will be a shortage of more than 900 physiotherapists by the year of 2030. Another related issue is the opening of new entry-level physiotherapy education programs in other academic institutions apart from PolyU. The quality of these new programs and the accreditation system are major concerns. In order to make our standpoint clear on these issues, the HKPA had published the "Position Statement: Entry-Level Physiotherapy Education" (Appendix 1). In addition, the HKPA took part in the following meetings with the Physiotherapists Board and government officials to express our concerns on these issues.

- ♦ On behalf of the HKPA, Ms. Priscilla POON, Prof. Marco PANG, and Mr. Kenneth LEUNG attended the meeting with Prof. Sophia Chan (Secretary for Food & Health) on 10 Oct 2017.
- ❖ Mr. Charles LAI, on behalf of the HKPA, attended the forum organized by the Hong Kong Physiotherapy Concern on 2 March 2018.
- ❖ Prof. Marco PANG, Ms. Annabella SUEN, and Mr. Alexander WOO, on behalf of the HKPA, attended the meeting with Mr. Philip TSAI (PT Board Chairman) on 15 March 2018. A letter and a copy of the Position Statement was also given to the PT Board Chairman at the event.
- → Prof. Marco PANG, Dr. Ivan SU and Ms. Anna Bella SUEN, on behalf of the HKPA, attended the meeting with Mr. FONG Ngai (Deputy Secretary for Food and Health) on 6 June 2018.

Prof. Marco PANG, Mr. Charles LAI, Mr. Sam WAN, and Mr. Alexander WOO, on behalf of the HKPA, were invited to pay a visit to the Tung Wah College on 27 March 2018 and meet with the senior staff involved in the planning and implementation of the new entry-level physiotherapy program there. The details of the program curriculum were introduced to us. At the meeting, we highlighted several key points: (1) the importance of interprofessional education, (2) the need for provision of international learning experience (e.g., overseas clinical placement), (3) the need for uniqueness of the program that distinguishes itself from other existing physiotherapy education programs, and (4) the need for a HKPA representative to be part of the committee that monitors quality assurance of the program. We were also given a tour to see the teaching facilities. Overall, the meeting was constructive and fruitful. Subsequent to the meeting, Tung Wah College had responded positively to our request by inviting the HKPA to nominate a representative to be a member of the Program Advisory Committee of the BSc (Hons) in Physiotherapy Program. The HKPA nominated Ms. Anna Bella SUEN for this position.

On behalf of the HKPA, Prof. Marco PANG and Dr. Ivan SU also attended a forum on physiotherapy education organized by the Department of Rehabilitation Sciences of PolyU on 18 May 2018. In the meeting, we emphasized to Prof. Hector Tsang (Head, Department of RS, PolyU) the importance of international benchmarking of physiotherapy education programs, and the need to ensure an appropriate student-staff ratio.

In order to obtain an updated view on physiotherapy education among the physiotherapy colleagues, we initiated an online survey in June 2018. The results will be announced in September 2018.



Mr. Charles LAI at the forum organized by the Hong Kong Physiotherapy Concern



Meeting with PT Board Chairman



Meeting with Head of Department of Rehabilitation Sciences, PolyU



Meeting with representatives from Tung Wah College



Meeting with Mr. FONG Ngai (Deputy Secretary for Food and Health)

Open access / self-referral of physiotherapy service

In our meeting with the PT Board Chairman on 15 March 2018 mentioned above, the HKPA also made clear the importance of professional autonomy and the strong need to move forward with the change of policy on the physiotherapy referral system.

The HKPA will make open access to physiotherapy as one of the main themes in our upcoming World Physiotherapy Day celebration event. Working with the Zinnia Marketing & PR Consultants Ltd., the HKPA had initiated an online survey in June 2018 to obtain views from the general public as well as the physiotherapy colleagues on this issue. The results will be released in September 2018.

Other issues

The HKPA also expressed its viewpoints on other issues by participating in the following events.

- ♦ Prof. Marco PANG, on behalf of HKPA, attended "中醫醫院專家分享研討會" organized by the Hospital Authority on 11 Nov 2017. The important role of physiotherapists in the future hospital was raised and discussed.
- ♦ Prof. Marco PANG, on behalf of the HKPA, attended the event titled "Dialogue with Principal Official Professor Chan Siu Chee, Sophia" organized by the Hong Kong Council of Social Service on 1 Feb 2018. The shortfalls of current elderly and rehabilitation services were discussed in the meeting.
- ♦ Prof. Marco PANG and Dr. Arnold WONG, on behalf of the HKPA, attended "與食物及衞生局局長座談會" organized by Office of Prof Hon Joseph LEE on 12 March 2018. The concerns with the new entry-level physiotherapy education programs and their accreditation, and the access to electronic health record sharing system by the physiotherapists based in NGO were raised.

- Dr. Billy SO, on behalf of the HKPA, attended the "District Health Centre Pilot Project in Kwai Tsing District - consultation session" on 18 April 2018.
- ◆ Prof. Marco PANG, Ms. Mandy MAK, Dr. Ivan SU and Ms. Annabella SUEN attended "結伴同行強化基層醫療提升社區健康座談會" on behalf of the HKPA on 21 May 2018. The important role of physiotherapists in primary, secondary and tertiary prevention of diseases was stressed. The need for direct access to physiotherapy in primary care settings was also emphasized.
- → The HKPA was invited by Dr. Ka Ki KWOK (Councilor, Legislative Council) to discuss setting up a trust fund of work



結伴同行強化基層醫療提升社區健康座談會

rehabilitation and compensation. Mr. Alexander WOO and Dr. Billy SO attended several meetings (28 Feb, 16 March, 28 March, 16 May 2018) that involved a number of councilors of the Legislative Council (Mr. Felix Kwok Pan CHUNG, Dr. Fernando Chiu Hung CHEUNG, Dr. Ka Ki KWOK) and other professional and community organizations.



Meeting with Prof. Sophia CHAN (Secretary for Food and Health) and other government officials

International connections and collaboration

It is also critical that the physiotherapy profession in Hong Kong becomes more visible in the global scene. It is equally important that physiotherapists in Hong Kong take a more proactive approach in increasing their influence in international platforms. The HKPA has long been a member of the World Confederation for Physical Therapy (WCPT). Prof. Marco PANG, already a member of the World Confederation for Physical Therapy Asia Western Pacific Region (WCPT-AWP) Executive Committee, assumed the position of the Executive Board Member of WCPT as of 1 Sept 2018. Seven of the HKPA Specialty groups were members of the corresponding WCPT subgroups.

HKPA Specialty Group	Membership in Corresponding WCPT Subgroup	
Acupuncture and Integrative Medicine	International Acupuncture Association of Physical Therapists	
Women's Health	The International Organization of Physical Therapists in Women's Health	
Manipulative Therapy	The International Federation of Orthopaedic Manipulative Physical Therapists	
Pediatric	International Organization of Physical Therapists in Paediatrics	
Sports	International Federation of Sports Physiotherapy	
Cardiopulmonary	International Federation of Cardiorespiratory Physiotherapist	
Rehabilitation Technology	International Society for Electrophysical Agents in Physical Therapy (ISEAPT)	

- ♦ Ms. Priscilla POON and Ms. Annabella SUEN, on behalf of the HKPA, were interviewed by WCPT on 3 Oct 2017. The purpose of the interview was for the WCPT to obtain feedback on WCPT's strategies on Membership Engagement.
- ♦ Prof. Marco PANG attended the WCPT-AWP Executive Committee teleconference meeting on 6 Nov 2017.
- ❖ Prof. Marco PANG, Mr. Charles LAI and Dr. Shirley NGAI, on behalf of the HKPA, attended the WCPT Executive Board Meeting with local Member Organizations on 1 Dec 2017. Representatives from the Macau Physical Therapists' Association and Taiwan Physical Therapy Association also attended the meeting.
- ♦ Prof. Marco PANG attended the WCPT Executive Board meeting in Hong Kong on 1-2 Dec 2017.
- ♦ Prof. Marco PANG was appointed as a member of the Congress Planning Committee (2019) on 2 Dec 2017.
- ♦ Prof. Marco PANG attended the Congress Planning Committee (2019) meeting in London on 27-28 Jan 2018.
- ♦ Prof. Marco PANG attended the WCPT Executive Board teleconference meeting on 28 Feb 2018.
- ♦ Prof. Marco PANG attended the WCPT-AWP Executive Committee teleconference meeting on 5 March 2018.
- ♦ Prof. Marco PANG attended the WCPT Executive Board teleconference meeting on 26 March 2018.
- ♦ Prof. Marco PANG attended the Congress Planning Committee (2019) teleconference meeting on 10 April 2018.
- ❖ Prof. Marco PANG attended the WCPT Executive Board meeting in Washington DC, USA on 22-23 April 2018.
- ♦ The HKPA nominated Dr. Shirley NGAI to be a member of the WCPT Awards Committee 2019. On 2 March 2018, the HKPS was informed that Dr. Shirley NGAI was selected by the WCPT to be a member of the WCPT Awards Committee 2019.
- ♦ On behalf of the HKPA, Mr. Charles LAI, Dr. Shirley NGAI and Dr. Arnold WONG attended a meeting with Prof. Rachael GIBSON and Ms. Maria STARVRINAKIS from the University of South Australia on 1 March 2018.
- ♦ Prof. Marco PANG attended the WCPT-AWP Executive Committee teleconference meeting with the WCPT President on 26 April 2018.
- ♦ Prof. Marco PANG attended the Congress Planning Committee (2019) teleconference meeting on 15 May 2018.
- ♦ Mr. Brian MA, on behalf of the HKPA, attended the Singapore International Physiotherapy Congress on 18 May 2018.
- ❖ Prof. Marco PANG was interviewed by the Governance Review Project Consultant of WCPT on 28 May 2018. The purpose of the interview was to obtain feedback on the governance of the WCPT.
- ❖ Prof. Marco PANG attended the Congress Planning Committee (2019) teleconference meeting on 19 June 2018.



WCPT Executive Board



WCPT Executive Board meeting with HKPA representatives in Hong Kong



WCPT Executive Board meeting in Washington DC, USA



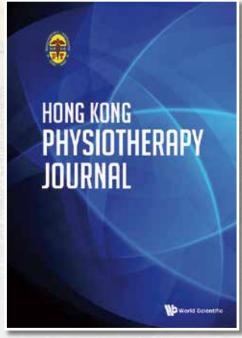
Mr. Brian MA attending the Singapore International Physiotherapy Conference on behalf of the HKPA

Publications

As of 1 January 2018, the World Scientific Press became the new publisher of the Hong Kong Physiotherapy Journal. The Hong Kong Physiotherapy Journal will continue to be published biennially (June and December each year) as an open access journal. Since the new manuscript online submission system was implemented in February 2018, there had been a total of 20 submissions. The source countries/regions included Australia, Egypt, Ghana, Hong Kong, India, Korea, Nigeria, Saudi Arabia, South Africa, Taiwan, and Thailand.

The HKPA News Bulletin, a bimonthly publication, continued to be an important channel for disseminating important information on the HKPA activities to the members. Dr. Arnold WONG was appointed as the new Chief Editor of the News Bulletin. New features of the News Bulletin included the "People's Corner", which published interviews with prominent figures within the physiotherapy community, and "WCPT Corner", which highlighted the latest update on important events reported by the WCPT, and also the HKPA's involvement in the WCPT activities and meetings.

The HKPA Executive Committee had agreed to publish the online version of the HKPA News Bulletin only starting in 2019, in order to be more in line with the world trend to reduce the use of paper and become more environmentally friendly.



Hong Kong Physiotherapy Journal



HKPA News Bulletin

Conclusions

Taking the role as the new President of the HKPA is definitely a challenging and daunting task. Fortunately, I have a great team of Executive Committee members who are very supportive and proactive. Their level of commitment to the physiotherapy profession and HKPA is impressive. In the past year, our joint effort had resulted in an increased number of members, more impactful local and international collaborations, and more substantial media exposure. I am confident that our Association will continue to reach new heights. I hope we will be able to truly unite our colleagues from different sectors, so that we can work together in advocating for the interests and advancement of the physiotherapy profession.

Acknowledgment

On behalf of the HKPA, I would like to express my sincere gratitude to Mr. Patrick L. T. WONG as our Honorary Auditor, and Mr. Bronco BUT as our Honorary Legal Advisor for their contribution to our Association.

I would like to salute all Executive Committee members of the HKPA and also the Chairpersons and Executive Committee members of the Specialty Groups for their staunch support and tremendous effort in making HKPA greater than before.

Finally, I would like to say a big thank you to all HKPA members for placing your trust on us. Without the support of our members, our accomplishments would not have been possible.

Appendix 1



HONG KONG PHYSIOTHERAPY ASSOCIATION LIMITED 香港物理治療學會有限公司

中國香港特別行政區 九龍佐敦德興街12號興富中心9樓901室 Room 901, 9th Floor, Rightful Centre, 12 Tak Hing Street, Jordan, Kowloon, HKSAR www.hongkongpa.com.hk Tel: (852) 2336 0172 Fax: (852) 2338 0252

Position Statement: Entry-level Physiotherapy Education

Over the past few years, there has been a substantial imbalance between the demand of physiotherapy service and supply of new physiotherapy graduates, leading to a severe shortage of physiotherapists across different health care sectors and a large number of vacant positions.

According to the Strategic Review on Healthcare Manpower Planning and Professional Development Report released by the Government in 2017, it is projected that there will be a shortage of more than 900 physiotherapists (PT) by the year of 2030. To alleviate projected shortage, it is recommended in the Report that "The Government should encourage the self-financing sector to offer physiotherapy programme....., in addition to increasing publicly-funded training places." The Hong Kong Polytechnic University (PolyU) has been the sole provider of entry-level physiotherapy education in Hong Kong. In light of the current shortage of physiotherapists, which will become even more critical in the near future, it is foreseeable that other institutions may seize this opportunity to develop and implement their own self-financed entry-level physiotherapy education programs.

The Hong Kong Physiotherapy Association (HKPA) does not object to the idea of having other institutions provide entry-level physiotherapy education, because the issue of manpower shortage has to be resolved, and there are many examples of having more than one institution providing physiotherapy training within the same city in other parts of the world. However, HKPA maintains that the government should shoulder the responsibility of ensuring adequate manpower supply of physiotherapists by increasing the publicly funded training places in universities, rather than solely relying on the self-financing sector to fill the gap between supply and demand. In addition, the quality of the new entry-level physiotherapy programs is of utmost importance. Nowadays, physiotherapy training in Hong Kong and other developed countries takes place in a university setting, where research is the mandate, rather than in a vocational school or technical college. Teaching should always be informed by the latest research discoveries. We expect the graduates to demonstrate not only proficiency in entry-level physiotherapy practice skills, but also critical thinking and ability to use research evidence to drive their clinical decision making. The days when physiotherapists are seen as someone who merely deliver "prescribed therapy" are long gone. Only by having quality entry-level physiotherapy education can we provide quality physiotherapy service to the public. Producing graduates that are below the acceptable practice standard would also jeopardize our professional standing and tarnish our professional image, which has taken so many years of tireless work of our current and previous colleagues to build. So the issue at hand is not only an education one, but one that has major ramifications for our professional development, and health and welfare of the public.

To ensure program quality and accountability, for academic institutions that offer entry-level physiotherapy education programs, there should be an external advisory body made up of physiotherapists, employers from different sectors and representatives of professional bodies. The advisory body should be informed of important matters pertinent to the program including but not limited to student admissions, operational issues, finance, staffing and academic performance of students.

For quality assurance purpose, having a comprehensive accreditation system is crucial. The Physiotherapists Board (PT Board) cannot shy away from its responsibility to ensure that whatever new entry-level physiotherapy education programs are developed are of acceptable standard. While there is a current system in place adopted by the PT Board for accrediting local programs other than the BSc (Hons) Physiotherapy Program at PolyU (e.g., Master in Physiotherapy (MPT) Program at PolyU) and programs offered by overseas institutions, there is much room for improvement. Several years ago, when the Master in Physiotherapy (MPT) Program at PolyU had to go through the accreditation process, the Definitive Document of the PolyU BSc (Hons) in Physiotherapy Program curriculum was used as the basis of their accreditation document. The subject areas and hours allocated to each subject in the new program basically had to exactly match those described in the BSc (Hons) in Physiotherapy Program. Such an accreditation framework is not desirable. Firstly, the BSc (Hons) in Physiotherapy Program curriculum of PolyU is also subject to change itself. Indeed, it has undergone several significant changes in the past few years. Secondly, different programs should have their own unique structure and characteristics because of the difference in student background, mission of the institution, and societal needs. Without lowering the demand for quality of the program, the accreditation system should allow more flexibility when considering the differences in curriculum design and teaching methodology across different physiotherapy education programs. The most important issue is whether all essential subject areas pertinent to entry-level physiotherapy practice are adequately covered, whether the intended learning outcomes are appropriate, well defined and properly assessed, rather than imposing the same program structure and the same number of teaching hours for each subject as in PolyU. Apart from the curriculum design, other important issues including the student admission criteria, qualifications of teaching faculty, and quality of clinical education should be addressed in the accreditation. There should also be sufficient provision of space and state-of-the-art equipment, library facilities and an appropriate student-staff ratio to enable successful delivery of quality teaching.

The PT Board may take reference from international standards to formulate its own accreditation framework, such as the guidelines formulated by the World Confederation for Physical Therapy (WCPT) or the accreditation systems used by developed countries such as Australia and New Zealand. In particular, WCPT has a policy statement on education² and also well-established guidelines for (1) physical therapist professional entry level education,³ (2) standard evaluation process for accreditation/recognition of physical therapist professional entry level education programmes,⁴ (3) the clinical education component of physical therapist professional entry level education,⁵ and (4) qualifications of faculty for physical therapist professional entry level programmes.⁶ In any case, threshold for what is considered to be an acceptable standard should be clearly defined for different aspects of the program. And the same standard should be applied to all entry-level programs, regardless of the academic institutions involved.

In summary, concerning the matter related to new entry-level physiotherapy education programs, HKPA maintains that:

- 1. Having academic institutions from self-financing sector offer entry-level physiotherapy education programs is a possible solution to tackle the problem of shortage of physiotherapists in the workforce;
- 2. The government should shoulder the responsibility of ensuring adequate manpower supply of physiotherapists by increasing the publicly funded training places in universities, rather than solely relying on the self-financing sector to fill the gap between supply and demand;
- 3. The quality of the physiotherapy education program should be the most important consideration;
- 4. The PT Board should develop a comprehensive accreditation system by taking reference from international standards.

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- 6. World Confederation for Physical Therapy. WCPT guideline for qualifications of faculty for physical therapist professional entry level programmes. London, UK: WCPT; 2011. www.wcpt.org/guidelines/faculty-qualifications (Access date 6th January 2018)

附件1



HONG KONG PHYSIOTHERAPY ASSOCIATION LIMITED 香港物理治療學會有限公司

中國香港特別行政區 九龍佐敦德興街12號興富中心9樓901室 Room 901, 9th Floor, Rightful Centre, 12 Tak Hing Street, Jordan, Kowloon, HKSAR www.hongkongpa.com.hk Tel: (852) 2336 0172 Fax: (852) 2338 0252

香港物理治療學會對開辦物理治療課程的立場

在過去數年,社會對物理治療服務的需求日益增大,惟物理治療畢業生的供應卻嚴重不足,導致不同醫療 界別的物理治療師嚴重短缺,出現龐大的職位空缺。

根據香港特區政府於二零一七年發佈的「醫療人力規劃和專業發展策略檢討」,預計到二零三零年,市場上將會有多達九百多名的物理治療師空缺」。有見及此,為了紓緩物理治療師短缺的情況,「醫療人力規劃和專業發展策略檢討」建議香港特區政府應增加政府資助的物理治療學位,同時鼓勵及支持自資院校開辦物理治療課程,以培育更多的物理治療人才」。現時,香港理工大學是香港唯一一所開辦物理治療課程的大專院校。有鑑於物理治療師短缺的情況將會愈趨嚴重,可以預期將來會有其他大專院校陸續開辦物理治療學科的自資學士學位課程。

香港物理治療學會〔本會〕並不反對增加開辦物理治療課程的大專院校,因為解決物理治療師短缺的問題是刻不容緩。於世界各地,在同一城市內擁有多於一間學術機構提供物理治療師的培訓課程亦很普遍。但是,本會認為政府應積極考慮增加大學內物理治療學科的政府資助學額,而不是單純依賴自資學術機構來改善物理治療師人手短缺的情況。此外,物理治療課程的質素最為重要。如今,香港和其他已發展國家的物理治療課程都是在大學內進行,當中的專業培訓著重精密及系統化的科學研究,教學內容亦會根據最新的科研證據而作出調整,並非一般職業學校或技術學院能提供這樣的訓練。我們期望本科畢業生不僅能夠熟練掌握物理治療的相關臨床技巧,同時能積極運用批判性的思維和科研證據來推動臨床決定。物理治療師僅僅被視為提供"處方療法"的技術人員的日子早已不存在。要為社會大眾提供優質的物理治療服務,優質的物理治療專業培訓是不可或缺的。培育出不符合基本專業水平的畢業生,會危及物理治療師的專業地位,糟蹋了不少同業和前輩多年來努力不懈的成果。所以,這不單是一個教育問題,而是足以影響物理治療的專業發展,以及對市民的健康和福祉造成重大影響的一項議題。

為確保物理治療課程的質素和問責性,物理治療專業培訓的學術機構應設立由物理治療師、不同醫療界別以及專業團體的代表所組成的諮詢組織。有關的學術機構必須向諮詢組織報告任何與物理治療課程有關的 重要事宜,包括收生,課程運作,財務,教學人員配置以及學生的學習成績。

為了保證課程的質素,全面的認證機制尤其重要,確保所有新開辦的物理治療課程符合認可標準,物理治 療師管理委員會是責無旁貸的。雖然物理治療師管理委員會已有相關的課程認證機制,並且應用於本港以 及外國的物理治療課程認證上,包括香港理工大學物理治療學〔榮譽〕理學士學位以外的物理治療課程〔例 如香港理工大學物理治療學碩士學位課程〕。儘管如此,本會認為其認證機制仍有很大的改善空間。數年 前,香港理工大學物理治療學碩士學位課程必須經過認證程序,物理治療師管理委員會接納以當時香港理 工大學物理治療學〔榮譽〕理學士學位課程作為認證機制的基礎。分配給每個學科的學習內容和時數基本 上必須與香港理工大學物理治療學〔榮譽〕理學士學位課程所描述的資料完全一致,本會認為這樣的認證 框架並不是完全可取的。首先,香港理工大學物理治療學〔榮譽〕理學士學位課程的內容並非恆常不變。 事實上,過去幾年間它的課程內容已經歷了數次重大的變化。其次,由於學生背景,院校使命和社會需求 的差異,不同的物理治療課程應具備其獨特的結構和特點。在不影響課程質素的前提下,認證系統需要更 彈性處理這些不同院校的物理治療課程和香港理工大學物理治療學〔榮譽〕理學士學位課程在課程設計及 教學方法所存在的差異,才能作出有效的評估。必須慎重考慮的問題是:課程是否完全包含了物理治療學 科必須涵蓋的重要學術範疇?學習的目標成果是否恰當、其定義是否清晰、其對學生是否達致學習目標成 果的評核過程是否正確?本會認為一套完善的課程認證機制絕不能單純複製香港理工大學物理治療學〔榮 譽〕理學士學位的課程結構和教學時數。除了課程設計的考量,完善的認證機制還須加以審視其他重要的 因素,包括學生錄取標準,教師資格和臨床教育質量。另外,提供物理治療專業培訓的學術機構應具備足 夠的空間和先進的設備、圖書館設施和確保學生與教學人員的比例保持於適當水平,以促進優質的教學。

物理治療師管理委員會可參照國際標準來制定課程認證框架,例如世界物理治療聯盟〔World Confederation for Physical Therapy〕所制定的指引或澳洲、新西蘭等已發展國家所使用的認證制度。其中,世界物理治療聯盟針對²1)物理治療專業培訓³,2)物理治療課程之認證機制的評估⁴,3)物理治療課程的臨床教育⁵,以及 4)提供物理治療培訓教學人員的資格審核⁶,皆提供了明確的指引。不論什麼情況,一套可以被廣泛接受及認可的課程認證標準是必要的,任何學術機構的物理治療課程皆需在同樣的認證標準下得到公平公正的評核。

總括而言,本會對新開辦的物理治療自資學士學位課程,立場如下:

- 1. 如有其他自資學術機構能開辦物理治療學科的準入學位課程,是解決物理治療師人手短缺問題的可行方案之一;
- 政府應積極考慮增加大學內物理治療學科的政府資助學額,而不是單純依賴自資學術機構來改善物理治療師人手短缺的情況;
- 3. 物理治療課程的質素是最為重要的考慮因素;
- 4. 物理治療師管理委員會應參照國際標準制定全面的課程認證機制。

參考資料:

- 1. Food and Health Bureau, Hong Kong Special Administrative Region Government. Strategic Review on Healthcare Manpower Planning and Professional Development Report, 2017.
- 2. World Confederation for Physical Therapy. WCPT policy statement: Education. London, UK: WCPT; 2017. http://www.wcpt.org/policy/ps-education (Access date 6th January 2018).
- 3. World Confederation for Physical Therapy. WCPT guideline for physical therapist professional entry level education. London, UK: WCPT; 2011. www.wcpt.org/guidelines/entry-level-education (Access date 6th January 2018).
- 4. World Confederation for Physical Therapy. WCPT guideline for standard evaluation process for accreditation/recognition of physical therapist professional entry level education programmes. London, UK: WCPT; 2011. www.wcpt.org/guidelines/entry-level-education (Access date 6th January 2018).
- 5. World Confederation for Physical Therapy. WCPT guideline for the clinical education component of the physical therapist professional entry level programme. London, UK: WCPT; 2011. www.wcpt.org/guidelines/clinical-education (Access date 6th January 2018).
- 6. World Confederation for Physical Therapy. WCPT guideline for qualifications of faculty for physical therapist professional entry level programmes. London, UK: WCPT; 2011. www.wcpt.org/guidelines/faculty-qualifications (Access date 6th January 2018).

Annual Report of Honorary Treasurer 2017-2018

Mr. Clement K.M. CHAN

Hong Kong Physiotherapy Association Limited (HKPA) was incorporated under the Hong Kong Companies Ordinance as a company limited by guarantee and not having a share capital.

The financial statements of HKPA, which comprised the statement of financial position, the statement of comprehensive income, the statement in changes in funds and the statement of cash flows for the year ended 31 March 2018, were audited by Patrick Wong C.P.A. Limited (the "C.P.A.").

The C.P.A opined that the financial statements was given a true and fair view of the financial position, the financial performance and its cash flows of HKPA for the year then ended 31 March 2018, in accordance with Hong Kong Financial Reporting Standard for Private Entities issued by the Hong Kong Institute of Certified Public Accountants and have been properly prepared in compliance with the Hong Kong Companies Ordinance.

Income

The total income was HK\$1,825,021 in 2017/18 fiscal year, it increased by 2%, i.e. HK\$39,496 as compared with previous year. Our major income in 2017/18 came from Activity Income (42% of total income), Subscription Fee (28% of total income), Training Courses (21% of total income) and etc.

Expenditure

The total expenditure was HK\$1,789,958 in 2017/18 fiscal year, it increased by 13%, i.e. HK\$214,143 as compared with previous year. Our major expenditure in 2017/18 came from Activity Expenses (44% of total expenditure), Training Courses Expenses (18% of total expenditure), Postage, Stamps, Printing and Stationery (14% of total expenditure) and etc.

Income Tax

No Hong Kong profits tax and deferred tax has been provided in the financial statements. As more than 50% of gross receipts on revenue account were derived from members, thus HKPA is deemed not to be carrying on a business and therefore is not assessable to profits tax under the Inland Revenue Ordinance.

Cash Flow

Cash and cash equivalents equaled to HK\$3,791,426 as at 31 March 2018, it increased by 2%, i.e. HK\$86,728 as compared with previous year.

Balance

Balance in funds equaled to HK\$6,311,106 as at 31 March 2018, it increased by 0.6% i.e. HK\$35,063 surplus as compared with previous year.

Acknowledgement

Finally, we would like to express our thankfulness for the advice and support from the Executive Committee of HKPA and its Specialty Group. Our unity was the key to success in up keeping the prosperous financial position of HKPA and enabled us to advance the physiotherapy profession further.

香港物理治療學會有限公司

(A COMPANY LIMITED BY GUARANTEE AND NOT HAVING A SHARE CAPITAL)

STATEMENT OF COMPREHENSIVE INCOME YEAR ENDED 31 MARCH 2018

	Note	<u>2018</u>	2017
		<u>\$</u>	<u>\$</u>
Income			
Activity income		758,500	40,600
Advertising income		121,505	145,180
Bank interest income		290	334
Honorarium received		49,500	52,740
Subscription fee received		503,700	693,850
Sundry income		206	28,073
Training courses held		391,320	824,748
		1,825,021	1,785,525
Expenditure			
Accountancy fee		14,500	14,100
Activity expenses		779,908	229,992
Bank charges and interest		5,500	6,747
Business registration fee		5,950	20,466
Depreciation		71,188	73,508
Electricity		2,865	4,390
Government rent and rates		8,617	10,686
Hardware management fee		-	8,977
Honorarium		19,419	38,260
Insurance		1,520	3,041
Membership fee		199,092	167,706
Postage, stamps, printing and stationery		252,407	253,873
Legal and professional fee		1,400	1,400
Repair and maintenance		13,740	38,740
Salaries		15,735	10,740
Sponsorship		4,200	18,000
Student awards		12,000	8,000
Sundries		46,389	3,000
Telephone and internet		11,985	26,660
Training courses expenses		323,543	637,529
		(1,789,958)	(1,575,815)
Surplus before tax		35,063	209,710
Income tax expense	3		
Surplus and total comprehensive			
income for the year		35,063	209,710

香港物理治療學會有限公司

(A COMPANY LIMITED BY GUARANTEE AND NOT HAVING A SHARE CAPITAL)

STATEMENT OF FINANCIAL POSITION AT 31 MARCH 2018

	Notes	<u>2018</u> <u>\$</u>	<u>2017</u> <u>\$</u>
Non-current asset			
Property and equipment	5	2,349,218	2,420,406
Current assets	_		
Utility deposits		5,900	5,900
Account receivable		8,628	9,150
Prepayments		214,365	139,640
Other receivable		96,700	96,700
Cash and cash equivalents	6	3,791,426	3,704,698
		4,117,019	3,956,088
Deduct:-			
Current liability			
Accrued charges		155,131	100,451
Net current assets		3,961,888	3,855,637
Net assets		6,311,106	6,276,043
Representing:-			
Funds			
Mrs. E Wong Fund	7	150,945	150,945
General Fund		6,160,161	6,125,098
		6,311,106	6,276,043

APPROVED BY THE EXECUTIVE COMMITTEE:-

PANG Yiu Chung Marco

President

CHAN Kin Ming Clement

Treasurer

香港物理治療學會有限公司 (A COMPANY LIMITED BY GUARANTEE AND NOT HAVING A SHARE CAPITAL)

STATEMENT OF CHANGES IN FUNDS YEAR ENDED 31 MARCH 2018

	General <u>Fund</u> <u>\$</u>	Mrs. E Wong Fund \$	Total \$
Balance at 01/04/2016 Surplus for the year	5,915,388	150,945	6,066,333
	209,710	-	209,710
Balance at 31/03/2017 Surplus for the year	6,125,098	150,945	6,276,043
	35,063	-	35,063
Balance at 31/03/2018	6,160,161	150,945	6,311,106

香港物理治療學會有限公司 (A COMPANY LIMITED BY GUARANTEE AND NOT HAVING A SHARE CAPITAL)

STATEMENT OF CASH FLOW YEAR ENDED 31 MARCH 2018

	Note	<u>2018</u>	<u>2017</u>
		<u>\$</u>	<u>\$</u>
Operating activities			
Surplus for the year		35,063	209,710
Adjustments for:			
Depreciation		71,188	73,508
Bank interest income		(290)	(334)
Operating surplus before working capital changes		105,961	282,884
Decrease/(increase) in account receivable		522	(8,050)
Increase in prepayments		(74,725)	(95,000)
Increase in accrued charges		54,680	29,919
Net cash generated from operating activities		86,438	209,753
Investing activity		***************************************	
Interest received		290	334
Net cash generated from investing activity		290	334
Net increase in cash and cash equivalents		86,728	210,087
Cash and cash equivalents at beginning of the year		3,704,698	3,494,611
Cash and cash equivalents at end of the year	7	3,791,426	3,704,698

ANNUAL REPORT OF MEMBERSHIP SUBCOMMITTEE 2017-2018

Mr. Brian F.C. MA

Sub-Committee Executive Members

Mr. MA Fat Chuen, Brian (Chairperson, from HA Sector),

Mr. NGAI Chi Wing, Gorman (Executive Member from Private Sector) and

Mr. LEE Ka Man, Harry (Executive Member from NGO)

HKPA Membership

HKPA membership is a prestigious identity for registered physiotherapists in Hong Kong. Each newly joined member will receive a package of rewards, including HKPA News Bulletin, Hong Kong Physiotherapy Journal and priority in enrolling on courses and seminars upon annual subscription. With the great bargain in joining Life membership this year for the celebration of the 55th anniversary of our association, there was a sharp growth in the Life membership (Figure 1). Members are encouraged to update their contacts should there be any changes in order to receive our publications and up-to-date information.

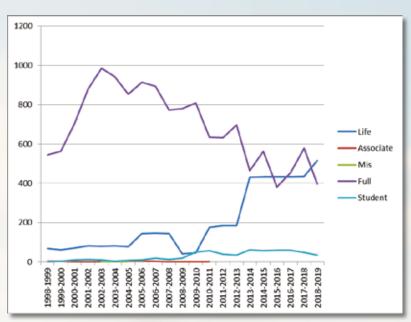


Figure 1: Membership Type

Specialty Groups

HKPA offers courses that help local physiotherapists specialise their skills and professional knowledge. By joining different specialty groups, members can keep updated on the latest knowledge and skills in their selected area of interests. HKPA supports and encourages further development of specialisation, aiming for continuous improvement of our field and promotion of our professionalism.

"Go-Green Campaign"

Since 2011, HKPA officially launched the "Go-Green Campaign". We sent out course information and promotion materials via email to members who opted for electronic communication, thereby replacing hard copies. The second phase of the Campaign was launched in 2014, wherein course information was sent to members by email and simultaneously published via HKPA homepage / Facebook account. The third phase of the Campaign will take place in 2019, the hard-copy version of News Bulletin will be replaced by electronic version. It is advised that members check their email accounts regularly to get hold of the latest news from us.

Members' Welfare

The Association of Hong Kong Nursing Staff (香港護士協會) and the Hong Kong Professional Teachers' Union (香港教育專業人員協會) allow HKPA members to purchase their goods at members' price upon showing the HKPA membership card. HKPA will continue to explore other opportunities to promote members' welfare.

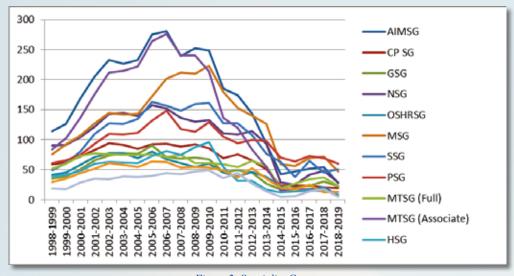


Figure 2: Speciality Groups

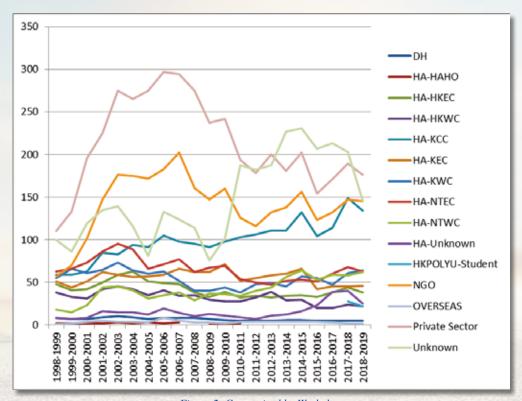


Figure 2: Categorized by Workplace

ANNUAL REPORT OF PROFESSIONAL DEVELOPMENT SUBCOMMITTEE 2017-2018

Mr. Raymond C.C. TSANG

Chairperson: Mr. Raymond C.C. TSANG Members: Ms. Mandy M.Y. MAK

Ms. Horsanna P.Y. CHIU Mr. Ivan N.C. YEUNG

The Professional Development Subcommittee is responsible for overseeing the professional development activities of the Hong Kong Physiotherapy Association (HKPA). Its main functions include holding the annual Specialty Group Meeting with the chairpersons and executive members of specialty groups to discuss issues related to the planning and organization of professional development activities of HKPA. In this year, the Guidelines for Specialty Groups and the Guidelines on Arrangement of Financial Matters for HKPA Specialty Groups were discussed and updated to provide more specific guidance to specialty groups. Other activities of the Professional Development Subcommittee are reported as follows:

A. Training Courses

The HKPA had collaborated with the HKU School of Professional and Continuing Education (HKUSPACE) to organize the "Introductory Course on Basic Physiotherapy Skills for the Elderly 基本物理治療技巧入門訓練課程" for 13 participants from 8 January to 14 March 2018. A new certificate course "Foundation Certificate in Physiotherapy Skills for the Elderly 照顧長者物理治療技巧基礎證書" is under planning by the HKPA and HKUSPACE, and hopefully it will be ready for enrolment in early 2019.

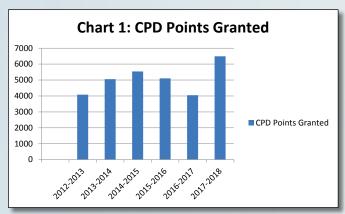
The HKPA plans to collaborate with the Manual Concepts of Australia to organize a 15-day Certificate Course in Manual Therapy in 2019. The tentative dates are 17-21 May, 7-11, 28-30 June and 1-2 July 2019. Members of HKPA who are interested should consider to reserve those dates for the course. More course details will be announced in first quarter of 2019.

B. Continuing Professional Development Scheme

In the last year, there were 283 courses accredited according to the Continuing Professional Development (CPD) scheme. The total contact duration of the all accredited CPD activities was 10931 hours (Table 1 and Chart 1, 2). There was wide spectrum of coverage of those CPD activities (Chart 3). Our members could enjoy their learning opportunities, which were provided by different training institutes and academic organizations. In addition, the Specialty Groups of HKPA had organized 26 structural seminars, certificate courses and workshops in different specialties for our members to uplift their professional knowledge and standards.

The details of accreditation were summarized in Table 1 and chart 1 to 3:

Cycle Year	Number of Course Accredited	CPD Points Granted	Total Course Duration (Hour)
2012-2013	354	4081	6200
2013-2014	307	5056	8082
2014-2015	317	5542	7946
2015-2016	326	5102	8989
2016-2017	312	4049	8594
2017-2018	283	6494	10931



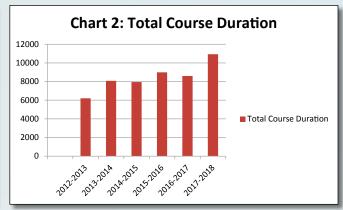


Chart 1: CPD Points Granted

Chart 2: Total Course Duration

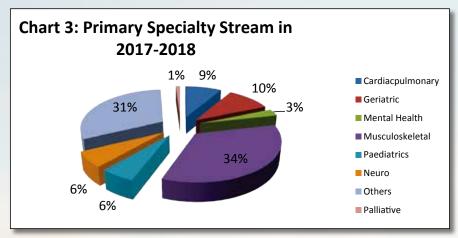


Chart 3: Primary Specialty Stream in 2017-2018

The HKPA Executive Committee members trust that a continuing learning culture is an important element in our professional development. In order to sustain our long term competitiveness, it is essential for us to equip oursleves with updated knowledge and advanced skills to embrace the new challenges ahead.

C. Acupuncture Accreditation Scheme

The Acupuncture Accreditation Board of the HKPA was established in 1999 with the intent to uphold the standard of acupuncture practice by physiotherapists and to assure related quality of service delivered to clients. From November 2017 to mid-June 2018, there were 90 registered physiotherapists accredited by the Acupuncture Accreditation Board. Among these 90 registered physiotherapists, 70 were members of the HKPA.

Acknowledgement

We would like to thank Ms. Mandy MAK for preparing the report on the Continuing Professional Development Scheme and gratitude is also directed to the Professional Development Subcommittee members in supporting the work done in the past year.

ANNUAL REPORT OF INTERNATIONAL AFFAIRS & PUBLICATIONS SUBCOMMITTEE 2017-2018

Dr. Shirley P.C. NAGI

I. International Affairs

Hong Kong Physiotherapy Association 55th Anniversary Conference – As one of the memorable celebration activities, HKPA has organized the 55th anniversary conference on 6th October 2018 (Saturday) at Eaton, Hong Kong with the main theme of "Unity Makes Strength". On this special occasion, we have invited Dr. Emma Stokes, President of WCPT, and three renowned scholars to be our officiating guests and conference speakers. To increase our international involvement and promote "unity" in our profession, we have also invited members from nearby regions and countries to join this conference. Representatives from China, Japan, Macao, Nepal, Philippines, Singapore, Taiwan, etc. have agreed to attend. To facilitate professional growth, oral/ poster presentations and post-workshops conferences have been organized. Details could be found at http://www.hongkongpa.com.hk/News.html.

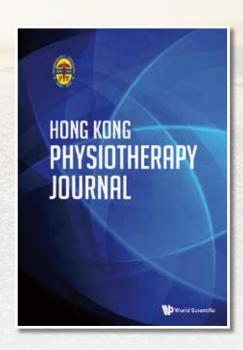
Involvement in WCPT event – Dr. Shirley NGAI, being nominated by HKPA, was selected by the WCPT to be a member of the WCPT Awards Committee 2019 to select physiotherapists who had made outstanding contribution to the profession and/ or global health at international levels. Details could be found at https://www.wcpt.org/awards.



II. Publications

Hong Kong Physiotherapy Journal (HKPJ) - Starting from 1st January 2018, HKPJ has changed the official publisher to World Scientific Press after the contract with Elsevier in December 2017. HKPJ continues to publish biannually (every June and December) as an open access journal. The online submission system at World Scientific Press was implemented in February 2018. Until now, 20 manuscripts originated from Australia, Egypt, Ghana, Hong Kong, India, Korea, Nigeria, Saudi Arabia, South Africa, Taiwan, and Thailand were received. The latest issue of June 2018 (Vol. 38, issue 1) have been published. Details could be found at https://www.worldscientific.com/worldscient/hkpj.

Hong Kong Physiotherapy Association News Bulletin – HKPA news bulletin continues to publish bimonthly. Since January 2018, Dr. Arnold WONG was appointed as the Chief Editor of the News Bulletin. Continually serving as an essential platform to disseminate the latest and important information of the HKPA activities to all members, News Bulletin has added two new sections, namely "People's Corner" & "WCPT Corner". "People's Corner" publishes interviews by



physiotherapist students with prominent figures within the physiotherapy community while the "WCPT Corner" highlights the latest issues of WCPT and the involvement of HKPA in WCPT related activities and meetings. Details could be found at http://www.hongkongpa.com.hk/Publication.html.

III. Plan for the coming year

To continually serving as a bridge to connect our members with the global physiotherapy community, we have scheduled the next HKPA conference on 25th May 2019 at Regal Kowloon Hotel. Detailed information and calling for abstracts will be announced by the end of 2018.

Starting from 2019, News Bulletin will be published in online version only, as agreed by the HKPA Executive Committee, to meet with the global trend of reducing use of paper and becoming more environmentally friendly.



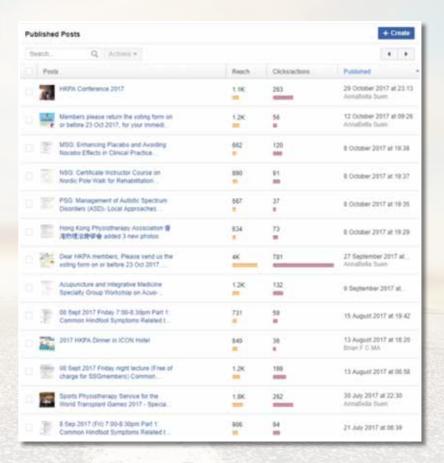
ANNUAL REPORT OF PROMOTION AND PUBLIC RELATIONS SUBCOMMITTEE 2017-2018

Mr. Alexander C.H. WOO

In December 2017, after election of new executive committee, the promotion and IT projects were incorporated under the Promotion and Public Relations Subcommittee.

Electronic Direct Mail System and Social Network System

We have successfully established an Electronic Direct Mail (eDM) System since 2012 which is more effective and environmentally friendly than traditional post office mail. Moreover, we also established a Social Network communication channel through Facebook. The news broadcasted through eDM and Facebook should take place regularly. More than 90% of members have provided email address for eDM. Regarding the response to the post in Facebook, the hit rate ranged from a few hundred to about 4 thousand.



Electronic Physiotherapist Directory

Since April 2013, HKPA launched Electronic Physiotherapist Directory (ePTD: http://www.hongkongpa.com. hk/search_physio.html) in order to provide online search of physiotherapy service in Hong Kong for local service users. The ePTD contained more than 350 records of Hong Kong Registered Physiotherapists and it will be continuously refreshed and enriched. For physiotherapist colleagues who would like to share their information for public access, they should complete the data collection form (http://www.hongkongpa.com.hk/Download/20130824_Data_Collection_Form.pdf) and return it to Mr. Brian MA (physio.brian@gmail.com) for data processing.

Net Profit from HKPA Website and Email Advertisement

The operational cost of HKPA Website server is HKD \$900 per month. We have another source of income from HKPA website and email advertisement with amount of HKD\$19,350 between 2016 and 2017 which means we gained \$9,750 net profit.

Period	Sponsors	Income
Oct 2017	Kerry Fung & Associates Physiotherapy Services Institute of Holistic Healthcare	HK\$1,650
Mar 2018	PhysioOne Centre	HK\$1,650
Mar 2018	GSBE Company Ltd.	HK\$3,300
Apr 2018	Pro-Med Technology Ltd.	HK\$3,400
May 2018	Haven of Hope Christian Service	HK\$6,800
June 2018	Phoelia (Far East) Co. Ltd.	HK\$3,400

ANNUAL REPORT OF ACUPUNCTURE AND INTEGRATIVE MEDICINE SPECIALTY GROUP 2017-2018

Mr. Eric Y. T. LAW

Activities

The summary of activities organized by Acupuncture and Integrative Medicine Specialty Group in 2017-2018 is as follows:

• Date : 27 May 2017

Activity : Clinical Application of Craniosacral Therapy in Chronic Pain Management

Speaker : Mr. Kerry FUNG

Venue : G/F., Block P, Physiotherapy Department, United Christian Hospital





Date : 5 November 2017

Activity: Workshop on Acuo-Manual Therapy (AMT) to Knee and Ankle Problems

Speaker: Mr. Kenny YUEN

Venue : G/F., Block P, Physiotherapy Department, United Christian Hospital





Date : 7-8 April 2018
 Activity : Tai Chi for Arthritis
 Speaker : Dr. Paul LAM

Venue : GH016, RS Department, PolyU





Way Ahead

The Acupuncture and Integrative Medicine Specialty Group, as a member organization of International Acupuncture Association of Physical Therapists, will continue to serve our members by promoting physiotherapy service on acupuncture to the public. On the other hand, we shall endeavor to upgrade the knowledge of our members through organizing various clinical related workshops, sharing sessions and activities especially in areas related to integrative medicine. To enhance the future development of AIMSG, we are seeking your precious advice and suggestions on acupuncture and integrative medicine. Your opinion can be directed to our public relation officers Ms. Ada S. K. Tsui at tsuiska@ha.org.hk.

Executive Committee Members of Acupuncture and Integrative Medicine Specialty Group (2017-2018)

Post	Name
Chairperson	Mr. Eric Y. T. LAW
Vice-Chairperson	Dr. Andy C. M. CHAN
	Mr. Ben B. CHAN
Treasurer	Ms. Fiona L. W. TANG
Secretary	Ms. Yvonne P. LAM
	Ms. Rebecca M. P. NGAI
	Mrs. May M. Y. CHEUNG
Educational Officer	Mr. Kenny C. C. YUEN (Acupuncture)
	Ms. Frances S. M. LAW (Integrative Medicine)
IT Officer	Ms. Rufina W. L. LAU
Public Relation Officer	Ms. Ada S. K. TSUI
	Mr. Derek K. H. YEUNG
Liaison Officer	Mr. Kerry W. Y. FUNG

Annual Report of Cardiopulmonary Specialty Group 2017-2018

Mr. Eyckle C. H. WONG

Annual Report (2017-2018)

"Dance for diabetes patients" and "exercise is medicine" are our main themes in this year. During this year, we fulfilled and coordinated CPD activities and involved in academic and community programs to express our roles and expert management in exercises.

Dance performance in the conference of "Eyes on Diabetes 2017"

Hong Kong Physiotherapy Association (HKPA) collaborated with Hong Kong Diabetes Nursing Association in promoting exercises for diabetes patients. Cardiopulmonary Specialty (CPSG) members acted as drum dance exercise performers to demonstrate exercises during the open ceremony of the conference "Eyes on Diabetes 2017".

Clinical seminar of medical and physiotherapy updates on palliative care for end stage COPD

Palliative care for end stage COPD was the hot topic for advance caring on COPD patients. Associate Consultant of medical palliative care team in Tuen Mun Hospital, Dr. Benjamin CHENG demonstrated and updated medical care for advanced COPD cases. Also, physiotherapist of Ruttonjee Hospital presented the valuable skills and techniques for those advanced COPD cases.

Clinical seminar of overview of tracheostomy care with multidisciplinary approach

We were glad to invite medical officer, nursing staff, speech therapist from Tuen Mun Hospital and physiotherapist from Prince of Wales Hospital to share their clinical roles and experiences on the management of patients with tracheostomy. The clinical sharing were fruitful with many positive reflections from the audience.

Exercise is Medicine Hong Kong (EIM, (HK)) Conference in 2018

As one of the eight founders of EIM, (HK), HKPA President, Prof. Marco PANG and CPSG chairperson, Mr. Eyckle WONG, participated in the open ceremony of the EIM Conference 2018. Mr. Eyckle WONG as the EIM, (HK) committee member, involved in parallel English-Chinese translation work for EIM presenters on the first day of conference.

The Way Forward

Member of ICCrPT in WCPT

HKPA CPSG, as a member of the WCPT International Confederation of Cardio-respiratory Physical Therapists, continues to serve as a platform for members to share clinical experience and updated knowledge. We also explore new development in the areas related to our specialty of cardiopulmonary rehabilitation, health promotion and prevention of cardiovascular risks.

Community Diabetes Dance Program

CPSG, continues to work with Hong Kong Diabetes Nursing Association on community diabetes dance program. The program involves blood glucose monitoring before and after exercise, standing and sitting aerobic exercises for diabetes patients. The program has been launched in Tseng Kwan O, Tuen Mun and Wan Chai successfully. Physiotherapist acts as an important role in exercise prescription. CPSG would like to invite more physiotherapists to be exercise ambassadors and participate in this program in future.

Last but not the least, we look forward to seeing you in our coming CPSG activities.



Executive Committee Members of Cardiopulmonary Specialty Group (2017-2018)

Post	Name
Chairperson	Mr. Eyckle C.H. WONG
Vice-Chairperson	Ms. Horsanna P.Y. CHIU
	Dr. Shirley NGAI
Treasurer	Ms. Grace W.K. CHENG
Secretary	Ms. Eva Y.W. CHUN
Public Relation Officer	Mr. Clement K.M. CHAN
	Ms. Pamela P.W. CHAN
	Ms. Joey L. CHENG
	Ms. Aggie W.S. KWAN
Education officer	Ms. Becky LAM
	Ms. Y.M. NG
	Ms. Sandy W.C. LEUNG

ANNUAL REPORT OF GERIATRICS SPECIALTY GROUP 2017-2018

Mr. Steven H. L. CHEUNG

It is no doubt that there is population aging in Hong Kong. It increases the demand of physiotherapy services in both hospital and community settings. It is essential to uphold physiotherapy standards in geriatric service and promote healthy aging in our community.

Activities and Events:

The following was the summary of activities and events organized or participated by Geriatrics Specialty Group (GSG) in the past year:

Date: 18 November 2017

Activity:

"生命繽紛真健康"

Hong Kong Physiotherapy Association (HKPA) was invited by RHEMA Social Services (真奧社會服務) to join this event. GSG represented HKPA to set up an educational booth on promotion of fall prevention for elderly people in community.

Participants:

GSG Ex-com, Mr. Steven Cheung, Mr. YK Leung, Ms. Annie Wu, Ms. Marine Lo, Ms. Ann Li



Group photo with physiotherapist guest speaker



GSG Ex-com was performing assessment

Date: 4 February 2018

Activity:

"長者友善行人坊"

HKPA was invited by "Golden Age Foundation" to participate in this event. GSG Ex-com, Ms. Angela Lee and physiotherapy student volunteers demonstrated dance exercise, "黃金操" to the public. HKPA President, Prof. Marco Pang delivered talk to public about "How to maintain physical healthy and fit for Golden Age people".

Participants:

Prof. Marco Pang, GSG Ex-com, Ms. Angela Lee, Mr. Brian Wong, Ms. Ann Li, Mr. Steven Cheung and physiotherapy student volunteers



Dance exercise "黃金操" demonstration



Prof. Marco Pang received "certificate of appreciation"

Date: 17 March 2018

Activity:

「健康齊FUN享」嘉年華

A funfair, 「健康齊FUN享」嘉年華 concerning mental health was organized by the Baptist Oi Kwan Social Service. HKPA Ex-com, Ms. Mandy Mak and GSG Ex-com, Ms. Annie Wu delivered educational talk on the topic of "Exercise and Mental Health" to the public.

Participants:

HKPA Ex-com, Ms. Mandy Mak, GSG Ex-com, Ms. Annie Wu



Ms. Annie Wu and Ms. Mandy Mak received "certificate of appreciation"



Exercise demonstration

Date: 13 April 2018

Activity:

GSG Biennial General Meeting cum seminar on "Smart shoe applications in older adults"

The new executive committee of GSG in the year of 2017-2019 was elected in BGM. Dr. Gilbert Lam was invited to deliver this seminar. He shared his valuable research and updated knowledge on bluetooth development, wearable device application in footwear and their potential applications in older adults.

Speaker:

Dr. Gilbert Lam, Head and Director of Li Ning Sports Science Research Center



GSG chairman, Mr. Steven Cheung presented souvenir to guest speaker



Dr. Gilbert Lam was delivering seminar

Looking Ahead

In the coming year, GSG will continue to enhance the academic development and clinical skills in geriatrics specialty among our colleagues and promote the development of healthy aging in our community.

Acknowledgement

I would like to take this opportunity to express my sincere gratitude to all committee members of GSG for their continuous effort in the past year.

Executive Committee Members of Geriatric Specialty Group (2017-2018)

Post	Name
Chairperson	Mr. Steven H.L. CHEUNG
Vice-Chairperson	Mr. Bill K.S. CHAN
	Mr. Y.K. LEUNG
Treasurer	Ms. Polly Y.K. LO
Secretary	Ms. Kennis K.W. CHEUNG
	Ms. Marine Y.Y. LO
IT Officer	Ms. Ann Y.Y. LI
	Mr. Brian W.K. WONG
Ex-Committee	Mr. James P.Y. KAN
	Ms. Angela W.Y. LEE
	Mr. Thomson W.L. WONG
	Ms. Annie M.S. WU
	Ms. Leona F.P. YAN

ANNUAL REPORT OF HAND THERAPY SPECIALTY GROUP 2017-2018

Mr. Kenneth C.H. CHUNG

In the year of 2017-18, the Hand Therapy Specialty Group organized the following activities:

Date	Topic	Speakers	
9 January 2018	Surgical treatment of proximal humeral fracture in elderly patients	Dr. KC POON Consultant of Orthopedic and Traumatology, PYNEH	Surpleal to almost of Provietal Humanal Freshire Biblery Pullents
1 September 2018	Management of fracture distal radius and carpal fracture Assessment and management of carpal instability	Dr. Clara WONG Specialist in Orthopedic and Traumatology, private practice	

29 September 2018 Workshop: radiological and ultrasound imaging of wrist and hand Dr. Andrew WAI, Consultant Radiologist, private practice





Annual Report of Manipulative Therapy Specialty Group 2017-2018

Dr. Nicola MOK

In the year 2017-18, MTSG organized:

Date	Programme	Speaker
August 2017	Biennial General Meeting cum Seminar on Updates in the Management of Ankle Injuries from the Orthopaedics Specialists' Point of View	Dr. Yeung YEUNG

Our Vice-chair Dr. Sharon Tsang has been nominated as a member of the IFOMPT Membership Task Force. The intent is that this task force will study issues related to attainment and maintenance of IFOMPT membership and make recommendations to the Executive Committee and the Delegate Assembly in time to take potential actions at the 2020 meeting in Melbourne. There are only 5 members in the committee. Sharon's admission into the task force will certainly keep our voice heard by IFOMPT.

Executive Committee Members of Manipulative Therapy Specialty Group (2017-2018)

Post	Name
Chairperson	Dr. Nicola MOK
Vice-Chairperson	Mr. Gorman NGAI
	Dr. Sharon TSANG
Treasurer	Mr. Eric WONG
	Mr. Nathan LEUNG
Secretary	Mr. Thomas CHEN
Publicity Officer	Mr. Ivan KWAN
Professional Development Officer	Mr. Nathan LEUNG

Annual Report of Musculoskeletal Specialty Group 2017-2018

Mr. Raymond C. C. TSANG

In the year of 2017-18, the Musculoskeletal Specialty Group organized and participated in the following activities:

Date Speakers/Instructors Topic Introduction to Applied **Pedorthics** Part 1: Common Hindfoot Mr. Daniel K. Y. PANG Symptoms related to 8 & 15 Sep-Certified Pedorthist Oct 2017 Pathomechanics (Private Practitioner) Part 2: Pedorthic Management of Common Forefoot Problems

29 Dec 2017

Enhancing Placebo and Avoiding Nocebo Effects in Clinical Practice

Mr. Damon CHENG Australian Physiotherapist



Date	Торіс	Speakers/Instructors	
11 Apr 2018	RTHK Radio Programme 精靈一點1300-1400: 拉筋養生?	Mr. Denis CHAN Physiotherapist Department of Rehabilitation Sciences, PolyU Mr. Moses LAU Physiotherapist Physiotherapy Department Pamela Youde Nethersole Eastern Hospital	カリング 対象機生?
27 Jul 2018	Physiotherapy Programme for Knee Osteoarthritis – How to Maximize Exercise Effects and Adherence?	Mr. Desmond YEUNG Physiotherapist I Ms. Chris Chan Physiotherapist I Physiotherapy Department MacLehose Medical Rehabilitation Centre	
7 Dec 2018	Research Update on the Biomechanics of Lower Extremity (Pending)	Dr. Roy CHEUNG Associate Professor Department of Rehabilitation Sciences, PolyU	

Executive Committee Members of Musculoskeletal Specialty Group (2017-2018)

Name
Mr. Raymond C.C. TSANG
Mr. Jimmy P.M. YUEN
Ms. L.F. CHIANG
Mr. Moses K.K. LAU
Ms. Catherine O.P. CHAN
Mr. Denis S.O. CHAN
Ms. Esther W.K. CHAN
Mr. Justin M.S. IP
Mr. Alex T.L. JO
Ms. Isa C.Y. LAM
Ms. Angela W.Y. LEE
Mr. Zenki C.W. LEUNG
Ms. Mandy T.M. NG

Annual Report of Neurology Specialty Group 2017-2018

Dr. Wingson W.C. CHAN



With the effort of our dedicated execute committee members, two courses have been organized in the year 2017-18.

On 5 January 2018, an 'Stroke Rehabilitation Seminar Series I" has been held at HKPA premise. We were honored to invite an experienced clinician in stroke rehabilitation, Mr. Manfield Chan, Physiotherapist I of Tune Mun Hospital to be our speaker on the topics of 'How to make an effective assessment with Bobath Approach' and 'Essential bed mobility and transfer skills'. The application was overwhelmed with more than 35

participations.



Presenting souvenir to Mr. Manfield Chan



Participants were discussing in workshop

On 17 April 2018, another 'Neurological Specialty Seminar' was co-organized with The Hong Kong Physiotherapy College to promote the neurological physiotherapy specialization. Two speakers were invited to share their expert knowledge and experience with us. Dr. Rosanna Chau, Department Manger of Physiotherapy Department of Kowloon Hospital, shared on the topic of 'Overview on the physiotherapy service in stroke rehabilitation in HA setting'. Dr. Wingson Chan shared on the topic 'Overview on the rehabilitation strategies of paretic upper limb in stroke'. The seminar was overwhelmed with more than 40 participants.



Mr. Raymond Tsang, Chairman of HKPC presented thank you card to speaker Dr. Wingson Chan



Mr. Raymond Tsang, Chairman of HKPC presented thank you card to speaker Dr. Rosanna Chau

Apart from professional education, NSG was committed in public education and promotion of physiotherapy in neurological rehabilitation towards Hong Kong society. On 28 March, Dr. Wingson CHAN, chairperson of NSG, represented our association to attend a live show interview in RTHK to share the topic 'Physiotherapy in stroke rehabilitation'. Apart from professional perspective, a stroke client was invited to share her experience in the rehabilitation journey.

In future, our specialty group will continue to take up the responsibility in uplifting our professional standards and contribution towards the society. Seminar on the



Intervew in RTHK with stroke client

Constrain-induced Movement Therapy will be organized in the future. Education booth will be held in the World Physiotherapy Day on 8 September 2018.

I must send my sincere gratitude to my ex-com members for their dedication and friendship developed in the process of service. Finally, your support and participation towards our group is particularly important. Either joining our activities or joining our ex-com is most welcome.

Executive Committee Members of Neurology Specialty Group (2017-2018)

Post	Name
Chairperson	Dr. Wingson W.C. CHAN
Vice-Chairperson	Mr. Ivan LIU
Treasurer	Ms. Eva P.K. CHUNG
Secretary (External)	Ms. Lydie O.L. HO
Secretary (Internal)	Dr. Doris CHONG
Education Development Officer	Ms. Emily M.L. KO
	Ms. Sally P.C. WAN
	Ms. Sue WONG
	Ms. Karen T.H. YIU
	Mr. Elliot CHENG
Information Technology Officer	Mr. Hei WONG
	Mr. C.W. WOO
Research Development Officer	Dr. Margaret K.Y. MAK
	Mr. Matthew Y.C. MOK
	Dr. Stephanie S.Y. AU YEUNG

ANNUAL REPORT OF OCCUPATIONAL SAFETY, HEALTH & REHABILITATION SPECIALTY GROUP 2017-2018

Mr. Alexander C.H. WOO

In 2017 and 2018, OSHRSG continued to aim at application of our professional knowledge into our daily practices. One evening seminar was organized to share role of physiotherapist in workplace assessment and work rehabilitation in Australia. Dr. Jenny LEGGE is a business owner and the Founder of the JobFit System job matching software that would assist employers with workplace injury prevention and management decisions. She shared her experience of work rehabilitation and pre-employment screening in Australia from various perspectives including legislation, insurance companies, employers and case managers. Her sharing was very practical and useful for application in Hong Kong.

In addition to organizing the seminar, OSHRSG was invited by Legislative Council Member, Dr. Hon. KWOK Ka Ki, to participate in different meetings with professional associations, labour unions, employers and insurance associations from February to June 2018 to discuss on improvement of work rehabilitation system in Hong Kong. HKPA sent a letter to panel on manpower in March 2018 and OSHSG Chairperson joined a public hearing session which was held by the legislative council on 19 June 2018 to express our concerns on work rehabilitation. We look forward to seeing a better rehabilitation program and speedy recovery for injured workers in the near future.



20 March 2018

Honourable Chair and Members

The input from Hong Kong Physiotherapy Association (HKPA) to Panel on Manpower

RE: Occupational Disease and Occupational Health Situation in 2017

HKPA would like to make the following comments and recommendations:

The current legislation on the employee compensation system mainly focuses on the part of compensation but it overlooks the importance of rehabilitation of the injured workers. HKPA concurs that the compensation for injured worker is crucial. However, with early identification and diagnosis, early intervention and proactive rehabilitation, HKPA believes that injured workers will benefit even more in terms of physical well-being, psychological status and quality of life.

The prolonged waiting time in the public hospitals usually goes beyond the golden recovery period (first 6 months after the injury) for most of the injured workers. The delay of medical intervention and rehabilitation not only significantly hinders the recovery process, but also increases the risk of development of different physical, social and psychological complications, which ultimately lead to reduced likelihood of returning to work, increase in medical cost and social burden. HKPA has no objection to collaborating with potential or existing service providers including Hospital Authority, private hospitals/clinics or non-government organizations in providing more timely and accessible rehabilitation to injured workers, provided that an independent governing organization is established to accredit and monitor all service providers on a regular basis. Establishing the recognized qualifications for "Case Managers" to oversee the coordination of the rehabilitation services is an important step towards the development of a smooth pathway from injury to successful return-to-work.

Return-to-work is a key factor for successful rehabilitation of injured workers. HRPA understands that the cooperation and liaison with employers is vital. With the consideration of the scale and nature of different Small and Medium Enterprises (SMEs) in Hong Kong, HKPA has concern on the feasibility of the arrangement of modified duties or job rotation in SMEs. Therefore, HKPA has reservation on the law enforcement for the compulsory arrangement of different modifications at work. Instead, HKPA supports the rewarding scheme for the employers if the above arrangements can be provided and delivered successfully. Such a rewarding scheme will have a positive and motivating effect on the return-to-work plan for injured workers and on the relationship between employers and the injured workers.

Since the management of work injury and rehabilitation is a complex issue and involves many different parties, a public hearing is highly recommended to collect more opinions from different parties. We would also like to have a deputation to further discuss this issue.

Yours sincerely,

Alexander WOO

Chairman of the Occupational Safety, Health and Rehabilitation Specialty Group

Hong Kong Physiotherapy Association Tel: 2766 5386

Email: alexander.woo@polyu.edu.hk

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Please do not forget to visit our website (http://www.hongkongpa.com.hk/sg/oshrsg/Index.html) which is continuously updated with conferences, training courses in both local and foreign institutions and the past teaching and training materials, posters and pamphlets of occupational safety and health can be found in our resource library.

In the coming year, OSHRSG will continue to focus on the practical aspect of occuaptional safety and health as well as to explore more opportunities for collaborating with other speciality groups and inviting foreign speakers to share their expertise and experience. We look forward to seeing you in our coming events!

Executive Committee Members of Occupational Safety, Health & Rehabilitation Specialty Group (2017-2018)

Post	Name
Honorary Advisor	Prof. Grace P.Y. SZETO
Chairperson	Mr. Alexander C.H. WOO
Vice-Chairperson	Ms. Linda Y.Y. LAI
	Mr. Wilson W.S. LAM
Treasurer	Mr. C.H. LAI
Secretary	Ms. Judy W.L. WONG
Publicity Officer	Mr. Daniel Y.K. TO
	Mr. Simon S.C. TSE
	Mr. Curtis K.H. WONG
	Mr. Kelvin M.L. KWOK
	Ms. Rainbow K.Y. LAW
	Dr. Billy C.L. SO
	Mr. Richard C.T. WONG
	Mr. Felix T.K. WONG

ANNUAL REPORT OF PAEDIATRICS SPECIALTY GROUP 2017-2018

Ms. Nerita N.C. CHAN

Education Activities:

Course Code	Date	Торіс
		Management of Autistic Spectrum Disorders- Local Approaches
		Speaker: Ms. Flora LAW, Physiotherapist, SAHK Ms. Sheila YIP, Physiotherapist, Heep Hong Society
	7.D. 2017	Total sign-in participants: 45
P1703	7 Dec 2017 (Wednesday) 6:30pm to 9:00pm	Children with autism spectrum disorders often show problems in gross motor and balance skills and require physiotherapy intervention. In this evening workshop, Flora and Sheila, who both come from the 2 major service providers for this group of children in Hong Kong, shared their local experiences. Each of the speakers explained the local approach in their respective organization how they provided holistic management to these children. They both reminded us that physiotherapists are part of the team and should work with other team members, either in a multi-disciplinary or trans-disciplinary approach.





Course Code Topic Date Behavioural Management of Children with ASD & ADHD Speaker: Ms. Joyce MOK, Clinical Psychologist, UCH Total sign-in participants: 49 Children with Autistic Spectrum Disorder and Attention Deficit Hyperactive Disorder are increasing tremendously over the last decade. Physiotherapists are facing an increasing volume of clients and challenging demand for providing 17 Mar 2018 timely intervention for this group of patients. Ms. Joyce Mok, Clinical P1801 (Saturday) Psychologist, with loads of overseas and local clinical experiences, shared 2:00-6:00pm her knowledge and innovative skills to the 49 physiotherapists from different clinical settings (HA, NGO and private) on the indication and application of communicative and behavioural handling skills to enhance the management of these children. The participants had good time and interactive discussion throughout the two-hour talk. According to the feedback after the workshop, majority of the participants found the workshop fruitful and relevant to our clinical practice. Further suggestions for future talk will be video presentation of real patients and timely handling skills demonstration. Children with mental health issue will be our future challenge and we need to go hand in hand to face this challenge.

Course Code	Date	Торіс
Co-joint event with HKSNMD	23-24 Mar 2018 14:00- 18:00	The Physiotherapists' Role in Multidisciplinary Management of Patients with Spinal Muscular Atrophy Sharing Local and Overseas Physiotherapy Experiences along the Journey of Living with SMA
		Academic Meeting: The physiotherapists' role in multidisciplinary management of patients with spinal muscular atrophy Speakers: Karen Herbert Vivienne Travlos
		Neurology Clinical Lead Physiotherapist Sydney Children's Hospital New South Wales, Australia Perth, Western Australia
		Applying 2016 & 2017 clinical guidelines in an ICF4 framework approach Goal focused management for infants and children with SMA I (Karen) Assessment & Clinical outcome measures Experiences of standing wheelchair prescription Optimising health and well-being in youth and young adults with SMA II and III, developing autonomy in transition to adulthood (Vivienne) Strategies towards maintenance and management of respiratory health acute and community care
		Date: 23 March 2018 (Fri) Time: 7:00 – 9:00pm Venue: Lecture Theatre, M Block, Ground Floor, Queen Elizabeth Hospital, Kowloon All are Welcome Registration is required R.S.V. R.16 March 2018
		Online registration: https://www.nurveymonkey.com/r/HKSNMD Maris Enquiry: Dr. Ella Yeung (emad: ella yeungsbpolyu edu.hk) OHS/CFO Accreditation (pending: HXCPant, HXCF, HXCFant, HXFA, HXXVIA, MLT board
		THE Filter Co. D. Park. The Trip (Filer. 2 Index towards) The William Index towards The William Ind
		Sharing local and overseas physiotherapy experiences along the journey of living with spinal muscular atrophy
		Neurology Clinical Lead Physiotherapist Sydney Children's Hospital New South Wales, Australia Physiotherapist University of Notre Dame Australia, Perth, Western Australia
		Assessment and clinical outcome measures Clinical pathway of patients with SMA Respiratory care Case-sharing Transition to adulthood To walk or not to walk, to brace or not to brace Respiratory care home support Personal sharing — Living with SMA
		Date: 24 March 2018 (Sat) Time: 2:00 – 6:00pm Venue: Room GH016, Core G, The Hong Kong Polytechnic University, Hung Hom, Kowloon
		All are Welcome Registration is required R.S.V. P. 16 March 2018 Online registration: https://www.nurveymonkey.com/r/HKSNMD_Mar18 Enquiry: Dr. Ella Yeung (email: cila.yeung@pobni.edu.hk) CMC/CPO Accreditation (pending) 100CFaet HKCF 100CFath 100FA HKOTA MGT board.

Publicity Activities

20 Jan 2018 Tseung Kwan O Sports (Sat) Ground

Special Olympics HK Healthy Athletes Event on 20 Jan 2018 Around 10 physiotherapists and 20 PolyU physiotherapy students helped in the captioned event as professional volunteer helpers to provide physical assessment to intellectual disabled athletes/children/adults.

Physiotherapists supervised PT students in performing physical assessments and providing exercise advice.













Publicity Activities

16 Jun 2018

16th ISQOL Conference in Hong Kong Polytechnic University

16th ISQOL Conference on 16 Jun 2018

PSG was invited to present the topic "Evaluation of physical fitness and promotion of exercise for children" in ISQOL Conference. PSG presented the children fitness evaluation based on the Healthy Children Competition in 2017 and the ways to enhance physical and motor development to HK children.



Publicity Activities

22 Oct 2017 QEH (D ground) & 8 Jul 2018

53^{th} and 54^{th} Healthy Children Competition (22 Oct 2017 and 8 Jul 2018)

Hong Kong Physiotherapy Association PSG supported the Healthy Children Competition event organized by BGCA and Hong Kong Paediatric Foundation. Both physiotherapists and student helpers conducted physical fitness assessment to over 200 children aged from 3 to 11 years old. We also provided health education and exercise advice to parents.





54th Healthy Children Competition (8 Jul 2018)







Paediatric Specialty Group executive committee members 2018

Executive Committee Members of Paediatric Specialty Group (2017-2018)

Post	Name
Chairperson	Ms. Nerita CHAN
Vice-Chairperson	Ms. Tracy CHEN
	Ms. Olivia FAN
Treasurer	Ms. Vivian CHAN
Secretary	Ms. Tina CHAN
IT Subgroup	Mr. Michael LEUNG
Education Subgroup	Ms. Flora LAW (Officer)
	Ms. HO Yuen Bing
	Ms. Ophelia CHAN
	Ms. Carrie CHAU
	Ms. Candice POON
	Ms. Beverley YIU
Publicity Subgroup	Ms. Catherine CHEUNG (Officer)
	Ms. Eva CHAN
	Ms. Daswani Dinisha Deepak
	Ms. Carmen LEUNG
	Ms. Anna PANG
	Ms. AU Mei Kuen
Co-opt Member	Ms. Cecilia KWOK

ANNUAL REPORT OF SPORTS SPECIALTY GROUP 2017-2018

Mr. Alex H.Y. HO

With the aim of helping injured athletes return to sports, our executive committee members focus in sports performance enhancement and rehabilitation, and work devotedly in the development of sports physiotherapy in the community. The momentum continued in last year and we made every endeavor to contribute to the community education, professional development and on-field services.

Professional Development

In professional development, we organized various sport-oriented evening seminars and workshops which would keep physiotherapists abreast of the latest advancement in sports rehabilitation. In the future, we aim at promoting our services to everyone in needs in the community. Next year will be a great year for professional development. Stay tuned and look forward to our education programmes.

On-field Services

In on-field services, in addition to working for the Oxfam Trailwalker as our major annual scheduled event, we also worked closely with different sports associations and teams such as the Orienteering Association and Hong Kong Transplant Sports Association. We targeted not only at elite players, but also at different levels of sports participants. With our wide spectrum of on-field services, we aim at enhancing the professional exposure and experience for our colleagues and fellows in the provision of services to athletes in various sports and levels in the foreseeable future.

Future Development

The Executive Committee (2015-2017) of Sports Specialty Group have stepped down since September 2017 and the newly elected Executive Committee will continue to commit themselves to promote and enhance sports physiotherapy. I would like to take this opportunity to thank for their devoted efforts and contributions in the past two years. Of course, without active participation of our members, it is impossible for us to make such further advancement. We are looking forward to having your valuable opinions, active participations and continuous supports to HKPA-SSG.

Activity Highlights:

On-field Supporting Service

Mar 2017 - Jul 2018

On-field Support for Orienteering Association of Hong Kong (OAHK) 2017-2018



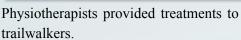


We provided services for orienteering events, including pre and post-event injury management.

17-19 Nov 2017

On-field Support for Oxfam Trailwalker 2017 (shift I – V)







Detailed assessments were conducted before making diagnoses and treatments.

Professional Development Series

10 Sept 2017

Lower Limb Muscle Activation Workshop by Mr. Michael Vadiveloo



We were glad to have one of the best-known sports physiotherapy specialists from Melbourne, Mr. Michael Vadiveloo to come and share both the theory and practical knowledge on how to activate different important lower limb muscles properly for rehabilitation and injury prevention, such as VMO, hamstrings, gluteal and calf muscle etc., through a 1.5-hour seminar to point out the common mistakes in treating lower limb injuries.

Followed by a 1-day workshop where he shared his extensive clinical experience and showed us how to modify exercises to change the activation of different portions of fibers effectively with the demonstration of a professional soccer player with previous ACL reconstruction.

24 Sept 2017

Guangzhou Presentations by SSG Chairperson Mr. Alex HO with the topic "Advanced Functional Rehabilitation Exercise for Throwers", and by Education Officer Mr. Indy HO with the topic "Prehab. rather than Rehab." in第二屆華南骨科 & 運動損傷康復論壇



Our Chairperson Mr. Alex HO and Education Officer Mr. Indy HO were honorably invited to present and demonstrate some shoulder exercises for rehabilitation.

24 Nov 2017

Night Seminar with Dr. David OWENS for "Management of Sports Related Concussion"



It was our first kickoff of a series of night seminars in 2017 and 2018. The first speaker was a very experienced doctor who was also the chief medical officer in Hong Kong and Asia Rugby, Dr. David OWENS. We specially thank for his updated information on management of concussion in contact sports such as rugby as well as the introduction on SCAT5.

27 Mar 2018

High Performance Strength and Conditioning for Hong Kong Rugby's Elite Rugby Program by Mr. Luke DAVEY





One of the biggest challenges in team sports is to maintain strength and fitness for athletes without sustaining an injury. Luke DAVEY, Head of Athletic Performance for Hong Kong Rugby Union, presented an evening seminar on the techniques and strategies that the Hong Kong Rugby Union employs for their athletes to ensure effective loading for their athletes.

Community Service

16 Apr 2018

Ming Pao Interview



"Single Arm Push Up Challenge" was a community fund raising event hosted by the Hong Kong Police & Society for Abandoned Animals. Our Chairman Mr. Alex HO elaborated in the interview about the beauties and risks of unilateral training. Progressive unilateral training had been demonstrated for the public as reference. This kind of exercise can benefit not only to athletic population but also to people with risk of fall.

18 Apr 2018

Guest of RTHK Programme: 精靈一點



We were glad that our Executive Committee - Mr. Indy HO received an interview from RTHK「精靈一點」on sports injury and rehabilitation.

Executive Committee Members of Sports Specialty Group (2017-2018)

Post	Name
Chairperson	Mr. Alex HO
Vice-Chairperson (External)	Mr. Willis CHAN
Vice-Chairperson (Internal)	Ms. Cora CHEUNG
Treasurer	Mr. Lylon LAI
Secretary	Mr. Ivan AU
Information Technology Officer	Ms. Shirley LEE
Education Officer	Mr. Indy HO
	Mr. Alex CHAN
On-field Coordinator	Ms. Yuki WONG
	Ms. Monika LAU
	Ms. Cynthia SUNG

ANNUAL REPORT OF WOMEN'S HEALTH SPECIALTY GROUP 2017-2018

Ms. Brigitte K.Y. FUNG

The activities organized in 2017-2018 are listed in the following table:

Date	Activities	Speakers
8/9/2018 – 17/11/2018	2018 Certificate Course in Assessment and Management of Incontinence (Co-jointed with Hong Kong Continence Society)	Dr. Cecilia CHEON Dr. Kenneth CHUNG Dr. TONG Bing Chung Dr. John FENN Dr LUK Lai Yin Ms. CHUNG Ying Ying Ms. Regina LEUNG Ms. WONG Shui Yue Ms. Peggy HUI Ms. Anny TONG

It is our pleasure to liaise with the Hong Kong Continence Society again in the organisation of training courses in continence care. Through the conjoint event, we can enhance the communication and collaboration with different disciplines.

Apart from conjoint course, we were involved in a number of broadcasting program and interview with various media (RTHK, TVB broadcast and Now TV) to promote the women health to the public.

In August 2017 Ms. Brigitte FUNG was interviewed by TVB magazine on the use of birthball at the labour ward.

In November 2017 Ms. Brigitte FUNG and Ms. Regina LEUNG were involved in the program of Now TV "杏林 在線: 瘦身升cup" to raise the awareness of the public in realizing the potential impact on wearing correctional garment.











In December 2017, Ms. Regina LEUNG was pleased to be interviewed on behalf of HKPA WHSG for the program "最強生命線: 妊娠". She shared and demonstrated the antenatal exercises at the interview, which was broadcasted on 5/2/2018.



In January 2018, Ms. Brigitte FUNG was involved in the broadcast program of RTHK "醫生與你: 更年期" to emphasize the importance of exercise for women at menopause and demonstrated some exercises.



Executive Committee Members of Women's Health Specialty Group (2017-2018)

Post	Name
Chairperson	Ms. Brigitte FUNG
Vice-Chairperson	Ms. Regina LEUNG
Treasurer	Ms. Karen WONG
Secretary (External)	Ms. Anna WONG
Public Relation Officer	Ms. Mandy LEUNG
Resources Officer	Ms. Jeppy CHEUNG
Education Officer	Ms. Andrea LEUNG
	Ms. Timmi YICK
	Ms. Ginny CHOI
	Ms. Mary MA



Executive committee members (2017-2018)

Annual Report of Rehabilitation Technology Specialty Group 2017-2018

Dr. Amy FU

The Rehabilitation Technology Specialty Group is going to conduct an introductory and an advanced ultrasound imaging course in sports medicine for physiotherapists. The topics will cover the theory and practical sides on the role of ultrasound in the hands of the physiotherapist as an extension of our clinical assessment. Sports Medicine Ultrasound Group (SMUG) is the leading MSK Ultrasound School in the UK. Apart from the teaching, the SMUG provides a competencybased mentorship program in MSK Ultrasound that includes a dedicated clinical supervisor. The SMUG course is a very well structured and interactive training on RTUS.



Executive Committee Members of Rehabilitation Technology Specialty Group (2017-2018)

Post	Name
Chairperson	Dr. Amy FU
Vice-Chairperson	Ms. Rainbow LAW
	Ms. Joann TSANG