

## HONG KONG PHYSIOTHERAPY ASSOCIATION LIMITED 香港物理治療學會有限公司

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A MEMBER ORGANISATION OF  
WORLD CONFEDERATION FOR  
PHYSICAL THERAPY (WCPT)



A MEMBER ORGANISATION  
OF INTERNATIONAL  
ORGANIZATION OF PHYSICAL  
THERAPISTS IN PELVIC AND  
WOMEN'S HEALTH (IOPTWH)



ASIAN WESTERN PACIFIC REGION  
**World Confederation  
for Physical Therapy**

A MEMBER ORGANISATION OF  
WORLD CONFEDERATION FOR  
PHYSICAL THERAPY – ASIAN  
WESTERN PACIFIC REGION  
(AWP)



AN ASSOCIATE MEMBER OF  
THE FEDERATION OF MEDICAL  
SOCIETIES OF HONG KONG



A MEMBER ORGANISATION OF  
ASIAN CONFEDERATION FOR  
PHYSICAL THERAPY (ACPT)



A MEMBER ORGANISATION OF  
THE HONG KONG COUNCIL OF  
SOCIAL SERVICE



A MEMBER ORGANISATION OF  
INTERNATIONAL  
ACUPUNCTURE ASSOCIATION  
OF PHYSICAL THERAPISTS  
(IAAPT)



A MEMBER ORGANISATION OF  
HONG KONG JOINT COUNCIL  
FOR PEOPLE WITH  
DISABILITIES



A MEMBER ORGANISATION  
OF INTERNATIONAL  
FEDERATION OF ORTHOPAEDIC  
MANIPULATIVE  
THERAPISTS (IFOMT)



A MEMBER ORGANISATION OF  
HONG KONG ASSOCIATION OF  
GERONTOLOGY



A MEMBER ORGANISATION OF  
INTERNATIONAL FEDERATION  
OF SPORTS PHYSICAL THERAPY  
(IFSPT)



A MEMBER ORGANISATION OF  
COMMUNITY REHABILITATION  
NETWORK OF  
THE HONG KONG SOCIETY FOR  
REHABILITATION



A MEMBER ORGANISATION OF  
INTERNATIONAL ORGANISATION  
OF PHYSICAL THERAPISTS IN  
PAEDIATRICS (IOPTP)

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## Office Bearers (2018-2019)

**Honorary Auditor** : Dr. Patrick L.T. WONG J.P.

**Honorary Legal Advisor** : Mr. Bronco M.T. BUT

### Executive Committee Members of Hong Kong Physiotherapy Association (2018-2019)

President	: Prof. Marco Y.C. PANG
Vice-President	: Mr. Charles W.K. LAI
Honorary Secretary	: Ms. Anna Bella M.Y. SUEN
Associate Secretary	: Mr. Sam S. WAN
Honorary Treasurer	: Mr. Clement K.M. CHAN
Associate Treasurer	: Ms. Judy W.L. WONG
Chairperson of Membership Subcommittee	: Mr. Brian F.C. MA
Members of Membership Subcommittee	: Mr. Gorman C.W. NGAI Mr. Harry K.M. LEE
Chairperson of Professional Development Subcommittee	: Mr. Raymond C.C. TSANG
Members of Professional Development Subcommittee	: Ms. Mandy M.Y. MAK Mr. Ivan N.C. YEUNG Ms. Horsanna P.Y. CHIU
Chairperson of International Affairs and Publications Subcommittee	: Dr. Shirley P.C. NGAI
Member of International Affairs and Publications Subcommittee	: Dr. Arnold Y.L. WONG
Chairperson of Promotion and Public Relations Subcommittee	: Mr. Alexander C.H. WOO
Members of Promotion and Public Relations Subcommittee	: Dr. Ivan Y.W. SU Dr. Billy C.L. SO Ms. Carmen H.Y. CHOW Mr. Ryan K.W. CHOI

## ANNUAL REPORT OF PRESIDENT 2018-2019

*Prof. Marco Y.C. PANG*

This annual report provides a summary of the HKPA events and activities that took place between July 2018 and June 2019.

### Executive Summary

This past year was an exciting and fruitful one. We had officially established the vision, mission and motto of our Association. We had held three major events, namely, the World PT Day Carnival, 55<sup>th</sup> Anniversary Conference and Gala Dinner, and Annual Conference and Gala Dinner 2019. All these three events were hugely successful. In particular, the World PT day had attracted much press coverage. The 55<sup>th</sup> Anniversary event was well attended, with Dr. Emma Stokes (WCPT President) and a good number of international delegates joining our celebration. The Annual Conference 2019 had even broken the record in terms of the number of participants, with over 180 people attending the conference and more than 230 joining the gala dinner.

We had continued in our efforts to collaborate with various local organizations in promoting health and physiotherapy in the general public. The media coverage had also significantly increased in the past year. On average, HKPA appeared in the media at least once every 2 weeks.

We had also attempted to improve our member engagement by holding the first-ever members' forum on Facebook. It was intended to update our members on the current development and future planning of HKPA affairs. One can expect such forum to become a regular activity as we would like to receive feedback from our members on how HKPA should move forward.

Providing quality continuing education to physiotherapists is one of our core mandates. Through the hard work of our Executive Committee and various Specialty Groups, we were able to have some renowned educators/clinicians/researchers to deliver different seminars, workshops and short courses. HKPA would continue with our effort to offer continuing education opportunities that suit the needs of physiotherapists from different health sectors.

We are pleased to report that our membership subscription had increased substantially by more than 20% compared with the previous membership cycle. This was certainly very encouraging and also a good indicator that our painstaking effort in promoting the Association had paid off.

We also kick started several important projects during the reporting period. First, we had already started to work with a professional company (Accessible IT Development Association Ltd.) to revamp our website. It is expected that the new website would be fully operational before the next membership renewal cycle starts. Second, the project on updating the electronic PT directory had been initiated, and the obtained information would be incorporated into our new website. Third, we were successful in bidding to host the World Confederation for Physical Therapy –Asia Western Pacific (WCPT-AWP) Regional Congress. Held every 4 years, it would be an exciting event in which we can display our expertise in an international platform. We have been working very closely with the Conference Secretariat (International Conference Consultants Ltd) in planning this event, which will be held on June 6-8, 2020 in L'hotel Nina et Convention Centre.

We are committed to enhancing the visibility of HKPA in the international scene. I and several Executive Committee members had served in different positions within the WCPT structure. To foster more regional and international collaborations, we had signed a new MOU with the Macau Physical Therapists' Association, and also held the 2<sup>nd</sup> Greater Bay Area Physiotherapy Forum during the reporting period.

Due to the increase in membership subscription and successful running of key events and courses, the financial status of HKPA remains very healthy, which is reflected in the Financial Report.

Finally, I would like to express my sincere gratitude to Mr. Patrick L. T. WONG as our Honorary Auditor, and Mr. Bronco BUT as our Honorary Legal Advisor for their contribution to our Association. Thanks to all Executive Committee members of the HKPA and also the Chairpersons and Executive Committee members of the Specialty Groups for their dedication and hard work. Finally, I would like to thank all HKPA members for supporting the Association. Let's join hands in making HKPA and the physiotherapy profession stronger than ever!



## Executive Committee Meetings

The Executive Committee had held a total of 5 meetings during the report period (9 Oct 2018, 1 September 2018, 10 Nov 2018, 5 January 2019, 27 April 2019).

## Representations in Other Local Institutions/Organizations

Local Institutions/Organizations	HKPA Representative
Preliminary Investigation Committee of the Physiotherapists Board Hong Kong	Mr. Gorman NGAI, Ms. Anna Bella SUEN
Council, Federation of Medical Societies of Hong Kong.	Dr. Arnold WONG
Accreditation Steering Committee of the Residential Aged Care Accreditation Scheme under the Hong Kong Association of Gerontology	Prof. Marco PANG
Exercise is Medicine (EIM) (HK) Advisory Board.	Mr. Eyckle WONG, Ms. Aggie KWAN, Prof. Marco PANG
Entry-level Programme Committee, Department of Rehabilitation Sciences, Hong Kong Polytechnic University	Mr. Brian MA
Departmental Undergraduate Program Committee, Department of Rehabilitation Sciences, PolyU.	Mr. Brian MA
Departmental Advisory Committee, Department of Rehabilitation Sciences, PolyU.	Mr. Charles LAI
Care for Your Heart	Prof. Marco PANG (Honorary Advisor)
Nursing and Allied Health Group on Child Health Policy	Ms. Nerita CHAN, Ms. Tracy CHEN, Ms. Cecilia KWOK, Ms. Beverly YIU
香港衛生服務界慶祝國慶籌委會執行委員會	Mr. Brian MA, Prof. Marco PANG
Program Advisory Committee, BSc (Hons) in Physiotherapy Program, Tung Wah College	Ms. Anna Bella SUEN
Joint Conference of Hong Kong Health Care Professional Organizations	Dr. Arnold WONG (Vice-Convenor), Mr. Brian MA
Advisory Peer Group, School of Nursing and Health Studies, Open University	Mr. Brian MA
Kwai Tsing District Health Centre Management Committee	Dr. Ivan SU
Hong Kong Joint Council for People with Disabilities	Prof. Marco PANG
Expert Group on Innovation and Technology Fund for Application in Elderly and Rehabilitation Care	Prof. Marco PANG
Working Group on Implementation of Modified Referral System for Physiotherapy Services	Prof. Marco PANG
Trailwalker Logistics Committee	Mr. Alex HO

Date	Event	Venue
8 Sept, 2018	World PT Day	Wong Tai Sin Plaza and Sik Sik Yuen
6 Oct, 2018	HKPA 55 <sup>th</sup> Anniversary Conference and Gala Dinner	Eaton Hotel
25 May, 2019	HKPA Conference 2019 cum 2 <sup>nd</sup> Greater Bay Area Physiotherapy Forum	Regal Kowloon Hotel and Paramount Banquet Hall



*World PT Day 2018*



*HKPA 55<sup>th</sup> Anniversary Conference and Gala Dinner*



*HKPA Conference 2019 cum 2<sup>nd</sup> Greater Bay Area Physiotherapy Forum and Gala Dinner*

## Member Engagement

Date	Event/Activity
6 Oct, 2018	Annual General Meeting 2018
16 Jan, 2019	Members' Forum on Facebook
15 March, 2019	SG Meeting and Spring Dinner
June 2019 (ongoing)	Update of electronic PT directory



*SG Meeting and Spring Dinner*



*Members' Forum on Facebook*

# ANNUAL REPORT OF HONORARY TREASURER 2018-2019

*Mr. Clement K.M. CHAN*

Hong Kong Physiotherapy Association Limited (HKPA) was incorporated under the Hong Kong Companies Ordinance as a company limited by guarantee and not having a share capital.

The financial statements of HKPA, which comprised the statement of financial position, the statement of comprehensive income, the statement in changes in funds and the statement of cash flows for the year ended 31 March 2019, were audited by Patrick Wong C.P.A. Limited (the “C.P.A.”).

The C.P.A opined that the financial statements was given a true and fair view of the financial position, the financial performance and its cash flows of HKPA for the year then ended 31 March 2019, in accordance with Hong Kong Financial Reporting Standard for Private Entities issued by the Hong Kong Institute of Certified Public Accountants and have been properly prepared in compliance with the Hong Kong Companies Ordinance.

## Income

The total income was HK\$3,717,431 in 2018/19 fiscal year, it increased by 104% (i.e. HK\$1,892,410) as compared with 2017/18. Our major income in 2018/19 came from subscription fee (i.e. membership) (52% of total income), activity income (22% of total income), and conference income (21% of total income).

## Expenditure

The total expenditure was HK\$2,444,114 in 2018/19 fiscal year, it increased by 36% (i.e. HK\$654,156) as compared with 2017/18. Our major expenditure in 2018/19 came from activity / training courses expenses (43% of total expenditure), postage / stamps / printing / stationary (16% of total expenditure) and conference expenses (12% of total expenditure).

## Income Tax

No Hong Kong profits tax and deferred tax has been provided in the financial statements. As more than 50% of gross receipts on revenue account were derived from members, thus HKPA is deemed not to be carrying on a business and therefore is not assessable to profits tax under the Inland Revenue Ordinance.

## Cash Flow

Cash and cash equivalents equaled to HK\$5,161,614 as at 31 March 2019, it increased by 36%, i.e. HK\$1,370,188 as compared with 2017/18.

## Balance

Balance in funds equaled to HK\$7,584,423 as at 31 March 2019, it increased by 20% i.e. HK\$1,273,317 surplus as compared with 31 March 2018.

## Acknowledgement

Finally, we would like to express our thankfulness for the advice and support from the Executive Committee of HKPA and its Specialty Group. Our unity was the key to success in up keeping the prosperous financial position of HKPA and enabled us to advance the physiotherapy profession further.



**HONG KONG PHYSIOTHERAPY ASSOCIATION LIMITED**

香港物理治療學會有限公司

(A COMPANY LIMITED BY GUARANTEE AND NOT HAVING A SHARE CAPITAL)

**STATEMENT OF COMPREHENSIVE INCOME  
YEAR ENDED 31 MARCH 2019**

	Note	2019 \$	2018 \$
<b>Income</b>			
Activity income		811,631	758,500
Advertising income		90,730	121,505
Bank interest income		158	290
Conference income		765,625	-
Honorarium received		-	49,500
Subscription fee received		1,870,450	503,700
Sundry income		160,907	206
Training courses held		17,930	391,320
		<hr/> 3,717,431	<hr/> 1,825,021
<b>Expenditure</b>			
Accountancy fee		13,060	14,500
Activity expenses		1,053,268	779,908
Bank charges and interest		150	5,500
Bad debt		100	-
Business registration fee		-	5,950
Building management fee		21,687	-
Conference expense		282,991	-
Depreciation		74,503	71,188
Electricity		6,600	2,865
Government rent and rates		5,380	8,617
Honorarium		15,960	19,419
HKPJ Open Access		177,020	-
Insurance		1,610	1,520
Marketing fee		260,000	-
Membership fee		60,886	199,092
Postage, stamps, printing and stationery		386,594	252,407
Legal and professional fee		7,600	1,400
Repair and maintenance		-	13,740
Salaries		6,350	15,735
Sponsorship		-	4,200
Student awards		9,000	12,000
Sundries		40,873	46,389
Telephone and internet		12,324	11,985
Training courses expenses		8,158	323,543
		<hr/> (2,444,114)	<hr/> (1,789,958)
<b>Surplus before tax</b>		<hr/> 1,273,317	<hr/> 35,063
Income tax expense	3	-	-
		<hr/> 1,273,317	<hr/> 35,063
<b>Surplus and total comprehensive income for the year</b>		<hr/> <hr/> 1,273,317	<hr/> <hr/> 35,063

## HONG KONG PHYSIOTHERAPY ASSOCIATION LIMITED

香港物理治療學會有限公司

(A COMPANY LIMITED BY GUARANTEE AND NOT HAVING A SHARE CAPITAL)

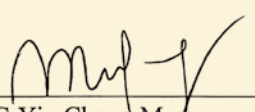
STATEMENT OF CHANGES IN FUNDS  
YEAR ENDED 31 MARCH 2019

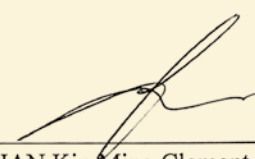
	General <u>Fund</u> \$	Mrs. E Wong <u>Fund</u> \$	<u>Total</u> \$
<b>Balance at 01/04/2017</b>	6,125,098	150,945	6,276,043
Surplus for the year	35,063	-	35,063
<b>Balance at 31/03/2018</b>	6,160,161	150,945	6,311,106
Surplus for the year	1,273,317	-	1,273,317
<b>Balance at 31/03/2019</b>	7,433,478	150,945	7,584,423

STATEMENT OF FINANCIAL POSITION  
AT 31 MARCH 2019

	<u>Notes</u>	<u>2019</u> \$	<u>2018</u> \$
<b>Non-current asset</b>			
Property and equipment	5	2,291,284	2,349,218
<b>Current assets</b>			
Utility deposits		5,900	5,900
Account receivable		-	8,628
Prepayments		30,000	214,365
Other receivable		96,700	96,700
Cash and cash equivalents	6	5,161,614	3,791,426
		5,294,214	4,117,019
Deduct:-			
<b>Current liability</b>			
Accrued charges		1,075	155,131
<b>Net current assets</b>		5,293,139	3,961,888
<b>Net assets</b>		7,584,423	6,311,106
Representing:-			
<b>Funds</b>			
Mrs. E Wong Fund	7	150,945	150,945
General Fund		7,433,478	6,160,161
		7,584,423	6,311,106

APPROVED BY THE EXECUTIVE COMMITTEE:-

  
 PANG Yiu Chung Marco  
 President

  
 CHAN Kin Ming Clement  
 Treasurer

# ANNUAL REPORT OF MEMBERSHIP SUBCOMMITTEE 2018-2019

Mr. Brian F.C. MA

## HKPA Membership

HKPA membership is a prestige identity for registered physiotherapists in Hong Kong. Each newly joined member will receive a package of rewards, including HKPA News Bulletin, Hong Kong Physiotherapy Journal and priority in enrolling on courses and seminars upon annual subscription. With the great bargain in joining Life membership in 2018-2019 year for the celebration of the 55<sup>th</sup> anniversary of our association, there was a sharp growth in the Life membership (Figure 1). In 2019-2020, the great bargain is sustained and targeted to the fresh graduate. Members are encouraged to update their contacts should there be any changes in order to receive our publications and up-to-date information.

## Speciality Groups

HKPA offers courses that help local physiotherapists specialise their skills and professional knowledge. By joining different speciality groups, members can keep updated on the latest knowledge and skills in their selected area of interests. HKPA supports and encourages further development of specialisation, aiming for continuous improvement of our field and promotion of our professionalism. In 2019-2020, Life SG members system was introduced to promote Life members to join SG.

## “Go-Green Campaign”

Since 2011, HKPA officially launched the “Go-Green Campaign”. We sent out course information and promotion materials via email to members who opted for electronic communication, thereby replacing hard copies. The second phase of the Campaign was launched in 2014, wherein course information will all be sent to members by email and simultaneously published via HKPA homepage / Facebook account. The third phase of the Campaign took place in 2018, the hard-copy version of News Bulletin will be replaced by electronic version. It is advised that members check their email accounts regularly to get hold of the latest news from us.

## Members’ Welfare

The Association of Hong Kong Nursing Staff (香港護士協會) and the Hong Kong Professional Teachers’ Union (香港教育專業人員協會) store allows HKPA members to purchase their goods at members’ price upon showing the HKPA membership card. HKPA will continue to explore other opportunities to promote members’ welfare.

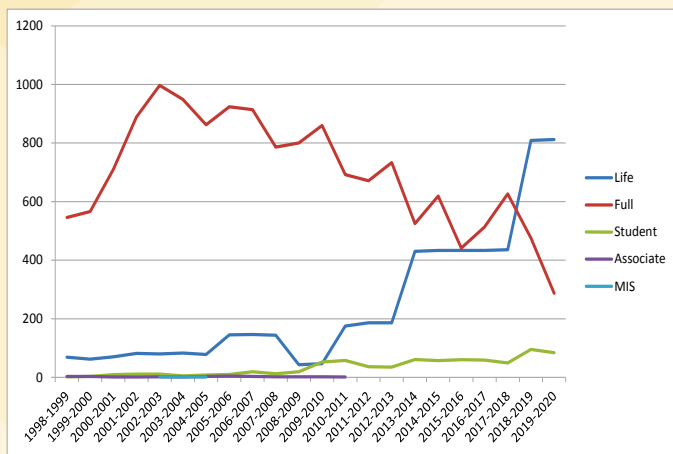


Figure 1: Membership Type

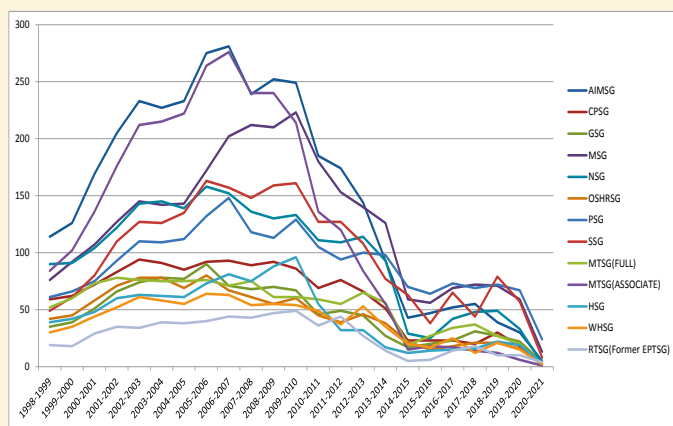


Figure 2: Speciality Groups

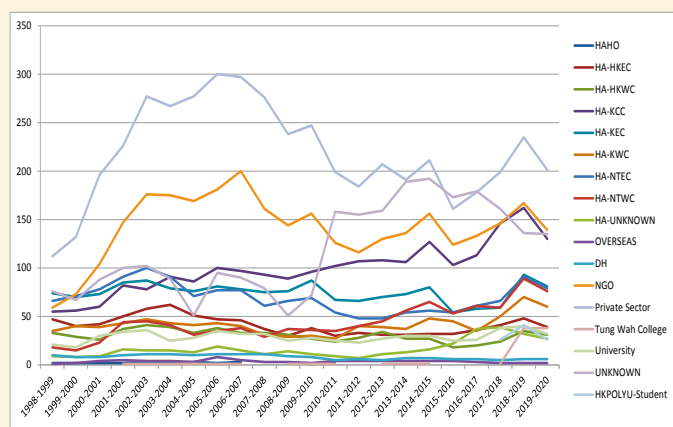


Figure 2: Categorized by Workplace



# ANNUAL REPORT OF PROFESSIONAL DEVELOPMENT SUBCOMMITTEE 2018-2019

*Mr. Raymond C.C. TSANG*

The Professional Development Subcommittee is responsible for overseeing the professional development activities of the Hong Kong Physiotherapy Association (HKPA). Its main functions include holding the annual Specialty Group Meeting with the chairpersons and executive members of specialty groups (SG) to discuss issues related to the planning and organization of professional development activities of HKPA.

## A. Annual Specialty Group Meeting and Spring Dinner

On 15 March 2019, the 16<sup>th</sup> Specialty Group Meeting was held in the HKPA Premises. The Specialty Guidelines for SG were further discussed and revised to formalize the requirements and procedures for forming Working Groups before transitioning to SG. After the meeting, the Spring Dinner was held with the HKPA Executive Committee members, chairpersons and representatives of each SG.

## B. Training Courses

### 1. Learn from the Leaders: Education Scheme for Physiotherapists 2018-2019

The HKPA had collaborated with the Asian Academy for Sports & Fitness Professionals (AASFP) to organize this 6-day course from 15 April 2018 to 21 July 2019. The course covers physiotherapy skills, assessment techniques, case and experience sharing, current treatment trend, usage of latest tools/equipment and communication skills in musculoskeletal areas.

### 2. Workshops on Orthopaedic Rehabilitation in Greater Bay Area

The HKPA was invited by the Association of Hong Kong Health Care Professionals to deliver three workshops on orthopaedic rehabilitation for the Chinese nurses and therapists of the Greater Bay Area of China. The first two workshops were held on 27-28 April in Guangzhou Orthopedic Hospital and 3-4 August 2019 in Huadu District People's Hospital at Guangzhou. The last one will be held on 7-8 December 2019.

### 3. Certificate Course in Manual Therapy

The HKPA has collaborated with the Manual Concepts of Australia to organize a 15-day Certificate Course in Manual Therapy on 7-11, 28-30 June, 1-2 July, and 7-11 August 2019.

## C. Continuing Professional Development Scheme

The Continuing Professional Development (CPD) programme has been providing our members an assorted and extensive learning opportunity from basic knowledge to specialized skills. In the last year, there were 354 courses accredited in our CPD scheme. The total contact duration of the all accredited CPD activities was 8699 hours (Table 1). Our members could enjoy their learning opportunities, which were provided by different training institutes and academic organizations. In addition, the HKPA SG had organized 26 seminars, certificate courses and workshops in different specialties for our members to uplift their professional knowledge and standards.

The details of accreditation were summarized as follows:

**Table 1. CPD Points and Total Course Duration of Courses from 2014-15 to 2018-19**

Cycle Year	Number of Course Accredited	CPD Points Granted	Total Course Duration (Hour)
2014-2015	317	5542	7946
2015-2016	326	5102	8989
2016-2017	312	4049	8594
2017-2018	283	6494	10931
2018-2019	354	5054	8699

The HKPA Executive Committee members trust that a continuing learning culture is an important element in our professional development. In order to sustain our long term competitiveness, it is essential for us to equip with updated knowledge and advanced skills to embrace the new challenges ahead.

## D. Acupuncture Accreditation Scheme

The Acupuncture Accreditation Board of the HKPA was established in 1999 with the intent to uphold the standard of acupuncture practice by physiotherapists and to assure related quality of service delivered to clients. From mid-June 2018 to end of July 2019, there were 131 registered physiotherapists accredited by the Acupuncture Accreditation Board. Among these 131 registered physiotherapists, 101 were members of the HKPA.

## Acknowledgement

We would like to thank Ms. Mandy Mak for preparing the report on the Continuing Professional Development Scheme and gratitude is also directed to the Professional Development Subcommittee members in supporting the work done in the past year.

# ANNUAL REPORT OF INTERNATIONAL AFFAIRS & PUBLICATIONS SUBCOMMITTEE 2018-2019

*Dr. Shirley P.C. NGAI*

This report summarizes the work related to international affairs and publication conducted by the subcommittee in the previous year.

## I. International Affairs – Regional/ International Collaboration

### Ia. Events participated

Date	Event	Organization	HKPA Representative
7 Jul, 2018	1 <sup>st</sup> Greater Bay Area PT Forum	China PT Association	Prof. Marco PANG
9 Jul, 2018	Meeting with Mr. Adam Walters	Australian Physiotherapy Association	Prof. Marco PANG
6-8 Aug, 2018	Visit to Greater Bay Area	Food & Health Bureau	Dr. Shirley NGAI
6 Oct, 2018	MOU signing	Macau PT Association	Prof. Marco PANG
22 Oct, 2018	Meeting: hosting of WCPT-AWP Congress	Macau PT Association and Chair of WCPT-AWP Executive Committee	Prof. Marco PANG
22 Feb, 2019	Meeting with Prof. Sandra Brauer	University of Queensland	Prof. Marco PANG
15 Mar, 2019	1 <sup>st</sup> Meeting	WCPT-AWP Congress International Scientific Committee	Dr. Shirley NGAI
25 Mar, 2019	1 <sup>st</sup> Meeting	WCPT-AWP Congress International Organizing Committee	Prof. Marco PANG
27-28 Apr, 2019	Workshop on “Orthopedic Rehabilitation in the Greater Bay Area”	Guangzhou Orthopaedic Hospital	Ms. Roselyn CHAN
7 May, 2019	Election of the Regional Board Member of WCPT Executive Board	WCPT-AWP Region Executive Committee	Dr. Shirley NGAI Prof. Marco PANG
8-9 May, 2019	WCPT General Meeting	WCPT	Dr. Shirley NGAI Prof. Marco PANG
10 May, 2019	WCPT-AWP Region General Meeting	WCPT-AWP Region Executive Committee	Dr. Shirley NGAI Prof. Marco PANG
10 May, 2019	International Federation of Cardiorespiratory Physiotherapist General Meeting	International Federation of Cardiorespiratory Physiotherapist	Dr. Shirley NGAI
10 May, 2019	IFOMPT Meeting	IFOMPT	Dr. Nicola MOK
11 May, 2019	International Organization of Physical Therapists in Paediatrics General Meeting	International Organization of Physical Therapists in Paediatrics	Ms. Nerita CHAN
11 May, 2019	International Society for Electrophysical Agents in Physical Therapy General Meeting	International Society for Electrophysical Agents in Physical Therapy	Prof. Marco PANG Mr. Alexander WOO



*MOU Signing Ceremony with Mr. Steven Chan (President of Macau PT Association)*



*Promoting WCPT-AWP Congress 2020 during the WCPT World Congress in Geneva*

**Ib. HKPA's membership in WCPT subgroups**

HKPA Specialty Group	Membership in Corresponding WCPT Subgroup
Acupuncture and Integrative Medicine	International Acupuncture Association of Physical Therapists
Women's Health	The International Organization of Physical Therapists in Women's Health
Manipulative Therapy	The International Federation of Orthopaedic Manipulative Physical Therapists
Pediatric	International Organization of Physical Therapists in Paediatrics
Sports	International Federation of Sports Physiotherapy
Cardiopulmonary	International Federation of Cardiorespiratory Physiotherapist
Rehabilitation Technology	International Society for Electrophysical Agents in Physical Therapy

**Ic. Service in Regional/International Organizations**

HKPA Representative	Position	Organization
Prof. Marco PANG	Regional Board Member	WCPT Executive Board
Prof. Marco PANG	Member	WCPT-AWP Region Executive Committee
Prof. Marco PANG	Congress Planning Committee 2019	WCPT
Mr. Kerry FUNG	Chairperson	International Acupuncture Association of Physical Therapists
Dr. Shirley NGAI	Secretary	International Federation of Cardiorespiratory Physiotherapist
Mr. Alexander WOO	Executive Committee Member	International Society for Electrophysical Agents in Physical Therapy (ISEAPT)

*WCPT Executive Board Regional Members**International Society for Electrophysical Agents in Physical Therapy (ISEAPT) Executive Committee***II. Publications****IIa. News Bulletin**

Six issues have been published during the report period with the main theme focusing on different specialties of Physiotherapy practice including Sports, Mental Health Care and Pediatrics.

News Bulletin (bimonthly)	
Issue	Theme
Vol. 22, no. 4	Sports Rehabilitation
Vol 22, no. 5	Sports Rehabilitation
Vol 22, no. 6	Physiotherapy in Mental Health Care
Vol 23, no. 1	Pediatric Physiotherapy
Vol 23, no. 2	Pediatric Physiotherapy
Vol 23, no. 3	Shaping Our Children's Future

**IIb. Hong Kong Physiotherapy Journal**

Hong Kong Physiotherapy Journal published 2 issues during the report period with 7 articles published per issue. The table below lists the countries/ regions of origin for articles published.

Hong Kong Physiotherapy Journal (biennial; 7 articles per issue)	
Issue	Countries/Regions of origin for articles published
Vol. 38, no. 2	Thailand, Cyprus, India, Australia, Hong Kong, Nigeria
Vol. 39, no. 1	Egypt, Singapore, India, Thailand, Hong Kong, Ireland, Nigeria

# ANNUAL REPORT OF PROMOTION AND PUBLIC RELATIONS SUBCOMMITTEE 2018-2019

*Mr. Alexander C.H. WOO*

## Collaborations/Connections with Other Local Professional and Community Organizations

Date	Event	Organization	HKPA Representative
8 July, 2018	快活伸展操2018之長者健壯無限	Love and Care for the Sick Foundation	Mr. Sam WAN, Ms. Anna Bella SUEN, Ms. Mandy MAK, Ms. Judy WONG, Physiotherapists from Tuen Mun Hospital and Ruttonjee Hospital
11 July, 2018	Manpower projection town hall meeting	Food & Health Bureau	Prof. Marco PANG, Dr. Ivan SU
23 July, 2018	Meeting	Association of Hong Kong Health Care Professionals	Prof. Marco PANG
24 July, 2018	香港復康聯會 / 香港社會服務聯會肢體傷殘人士服務網絡2017-18年度第二次會議	The Hong Kong Joint Council for People with Disabilities, The Hong Kong Council of Social Service	Prof. Marco PANG
24 July, 2018	Meeting	Exercise is Medicine, Hong Kong	Mr. Eyckle WONG
30 July, 2018	Residential Aged Care Accreditation Scheme 5 <sup>th</sup> Management Review Meeting (Joint Meeting of the Council and Accreditation Steering Committee)	Hong Kong Association of Gerontology	Prof. Marco PANG
2 Aug, 2018	District Health Centre Second Consultation meeting	Food & Health Bureau	Dr. Ivan SU, Dr. Arnold WONG
3 Aug, 2018	2 <sup>nd</sup> Logistics Committee Meeting of Oxfam Trailwalker 2018	Oxfam	Mr. Alex HO
6-8 Aug, 2018	The Greater Bay Area Visit	Food and Health Bureau	Dr. Shirley NGAI
18 Aug, 2018	Visit of the Tung Wah College (Physiotherapy program)	Tung Wah College	Mr. Harry LEE, Ms. Mandy MAK, Ms. Anna Bella SUEN Mr. Alexander WOO
27 Aug, 2018	香港衛生服務界慶祝國慶69周年籌委會會議	Hong Kong Association of Health Care Professionals	Mr. Brian MA
29 Aug, 2018	Department of RS Inauguration Ceremony	Department of Rehabilitation Sciences, PolyU	Prof. Marco PANG
8 Sept, 2018	World PT Day	Sik Sik Yuen, Wong Tai Sin District Council, Wong Tai Sin Health & Safe City	HKPA EC and SGs
11 Sept, 2018	Meeting with Prof. Kevin KWONG	Open University	Prof. Marco PANG, Mr. Charles LAI, Ms. Anna Bella SUEN, Mr. Alexander WOO
19 Sept, 2018	1 <sup>st</sup> Meeting: Expert Group on Innovation and Technology Fund for Application in Elderly and Rehabilitation Care	Hong Kong Council of Social Service	Prof. Marco PANG
21 Sept, 2018	香港衛生服務界慶祝國慶69週年晚宴	Hong Kong Association of Health Care Professionals	HKPA ECs
28 Sept, 2018	BSc (Hons) in Physiotherapy Program Advisory Committee Meeting	Tung Wah College	Ms. Ann Bella SUEN

12 Oct., 2018	Annual Dinner	Physical Fitness Association of Hong Kong, China	Prof. Marco PANG
13 Oct, 2018	Annual Scientific Meeting 2018	Hong Kong Pain Society	Mr. Raymond TSANG
16 Oct, 2018	Canadian Digital Health, Rehabilitation & Assistive Technologies Networking Luncheon	Consulate General of Canada	Dr. Ivan SU
18 Oct, 2018	Meeting for discussing the organization of the Greater Bay Area tour	Hong Kong Association of Health Care Professionals	Prof. Marco PANG, Mr. Brian MA
21 Oct, 2018	10 <sup>th</sup> Parkinson's Disease Public Seminar	Hong Kong Parkinson's Disease Foundation	HKPA as supporting organization
21 Oct, 2018	Education Talk on Prevention and Management of Diabetes Mellitus	Rotary Club of Kai Tak	Ms. Anna Bella SUEN
4 Nov, 2018	The 4 <sup>th</sup> Transplant and Dialysis Games	Hong Kong Transplant Sports Association	Ms. Cora CHEUNG (SSG) and team, Dr. Andy CHAN, Prof. Marco PANG
6 Nov, 2018	The Hong Kong Joint Council for People with Disabilities Annual General Meeting 2018-19	The Hong Kong Joint Council for People with Disabilities	Prof. Marco PANG
7 Nov, 2018	2 <sup>nd</sup> Meeting: Expert Group on Innovation and Technology Fund for Application in Elderly and Rehabilitation Care	Hong Kong Council of Social Service	Prof. Marco PANG
9 Nov, 2018	Practical session in the 7 <sup>th</sup> Asian Preventive Cardiology and Cardiac Rehabilitation Conference	Hong Kong College of Cardiology	Ms. Aggie KWAN, Ms. Joey CHENG, Ms. Sammi CHAU, Ms. Sandy LEUNG
11 Nov, 2018	Walk for Diabetes 2018	Diabetes Hong Kong	Dr. Billy SO, Mr. Tony LEUNG, Mr. Alan LEUNG, Ms. Connie TANG, Mr. Alex TSANG, Mr. Yan Ho NIN, Prof. Marco PANG
13 Nov, 2018	復康護理專業培訓暨家居照顧訓練中心啟用典禮	Sik Sik Yuen	Prof. Marco PANG
17 Nov, 2018	Department of Rehabilitation Sciences 40 <sup>th</sup> Anniversary Gala Dinner	Department of RS, PolyU	HKPA EC
17-18 Nov, 2018	11 <sup>th</sup> Pan-Pacific Conference on Rehabilitation	Department of RS, PolyU	HKPA as supporting organization
19 Nov, 2018	Evaluation of the National day Celebration Dinner	Association of Hong Kong health Care Professionals	Prof. Marco PANG
20 Nov, 2018	Nursing and Allied Health Sectorial Group Strategic Planning Workshop: Challenges in Transition of Patients with Medical Complex Needs - from Hospital to Community & from Paediatric to Adult Service	Nursing and Allied Health Group on Child Health Policy	Ms. Nerita CHAN, Ms. Tracy CHEN, Ms. Olivia FAN, Ms. Carmen LEUNG
21-22 Nov, 2018	Gerontech and Innovation Expo cum Summit (GIES) Welcome Reception and Opening Ceremony	Government of HKSAR	Prof. Marco PANG, Dr. Ivan SU
26 Nov, 2018	Professional Training for Jockey Club Intergeneration Communication and Health Program	Asia-Pacific Institute of Ageing Studies, Lingnan University	Ms. Mandy MAK
27 Nov, 2018	Departmental Advisory Committee meeting	Department of RS, PolyU	Mr. Charles LAI
28 Nov, 2018	Educational talk for patients with prostate cancer	Wong Tai Sin CancerLink Support	Mr. Sam WAN
29 Nov - 1 Dec 2018	15 <sup>th</sup> World Congress on Long Term Care in Chinese Communities	Federation of Long Term Care in Chinese Communities	HKPA as supporting organization



1 Dec, 2018	CARERS Forum: 照顧者初衷跨專業論壇	Carers Hong Kong	Dr. Ivan SU
2 Dec, 2018	《煲呔健康男》2018	Sanofi	Prof. Marco PANG
9 Dec, 2018	Hong Kong Cancer Day 2018	The Hong Kong Anti-Cancer Society	Prof. Marco PANG Ms. Mandy MAK Mr. Sam WAN
12 Dec, 2018	Christmas Event Allied Health Professions Staff Group Consultative Committee	Hospital Authority	Mr. Charles LAI, Ms. Anna Bella SUEN
31 Dec, 2018	The Federation of Medical Societies of Hong Kong (FMSHK) Annual Dinner 2018	The Federation of Medical Societies of Hong Kong (FMSHK)	Dr. Arnold WONG
4-5 Jan, 2019	大灣區之《科技共山水》東莞兩日遊	Hong Kong Association of Health Care Professionals	Mr. Brian MA,
5 Jan, 19 Jan, 30 March, 2019	Dance for Health workshops	Association of Hong Kong Diabetes Nurses	Ms. Angel CHAN, Mr. Sam WAN
14 Jan, 2019	Updates on Kwai Tsing District Health Centre Project Allied Healthcare and Nursing Professionals	Food and Health Bureau	Mr. Charles LAI, Dr. Ivan SU
17 Jan, 2019	Meeting	Association of Hong Kong health Care Professionals	Prof. Marco PANG
25 Jan, 2019	The 4 <sup>th</sup> Employee Awards in Elderly Care	Hong Kong Employment Development Service	Prof. Marco PANG
13 Feb, 2019	Spring Lunch	Department of RS, PolyU	Prof. Marco PANG, Dr. Ivan SU
14 Feb, 2019	Chinese New Year Gathering	The Hong Kong Council of Social Service	Prof. Marco PANG
20 Feb, 2019	3 <sup>rd</sup> Meeting: Expert Group on Innovation and Technology Fund for Application in Elderly and Rehabilitation Care	Hong Kong Council of Social Service	Prof. Marco PANG
21 Feb, 2019	Symposium on the Outline Development Plan for the Guangdong-Hong Kong-Macao Greater Bay Area	Government of HKSAR	Prof. Marco PANG
22 Feb, 2019	Trailwalker Prize Presentation Ceremony	Oxfam	Prof. Marco PANG
23 Feb, 2019	Annual General Meeting and Seminar on Primary Health	Hong Kong Physiotherapists' Union	Prof. Marco PANG
27 Feb, 2019	Joint Council Meeting	Hong Kong Association of Health Care Professionals	Mr. Brian MA, Dr. Arnold WONG
27 Feb, 2019	Educational talk for patients with stomach and esophageal cancer	Wong Tai Sin CancerLink Support Centre	Mr. Sam WAN
1 March, 2019	Residential Aged Care Accreditation Scheme Impartiality Risk Analysis Meeting	Hong Kong Association of Gerontology	Prof. Marco PANG
2 March, 2019	Chinese New Year Gathering	Hospital Authority, Hong Kong Alliance of Patients' Organizations	Prof. Marco PANG, Ms. Anna Bella SUEN
3 March, 2019	Wong Tai Sin CancerLink Volunteer Appreciation Day	Wong Tai Sin CancerLink Centre	Mr. Sam WAN
7 March, 2019	Spring Dinner	Hong Kong Association of Health Care Professionals	Prof. Marco PANG
12 March, 2019	Master-entry Programme Committee meeting	Department of RS, PolyU	Mr. Brian MA
13 March, 2019	Career Fair seminar	Recruit	Prof. Marco PANG
20 March, 2019	RS MPT High Table Dinner	Department of RS, PolyU	Prof. Marco PANG
29 March, 2019	HKPC AGM and Forum on quality of physiotherapy education	Hong Kong Physiotherapy Concern	Mr. Brian MA
Throughout 2019	Regular hydrotherapy class for members of the Hong Kong Arthritis & Rheumatism Foundation	Hong Kong Arthritis & Rheumatism Foundation	Ms. Mandy MAK and colleagues



28 Apr, 2019	World Asthma Day 2019	The Hong Kong Asthma Society	Ms. Eva CHUN, Ms. Cherry CHEUNG, Mr. Matthew KWOK Ms. Sara POON
30 Apr, 2019	Outstanding PolyU Alumni Award Presentation Ceremony and Dinner	PolyU	Prof. Marco PANG
16 May, 2019	Departmental Advisory Committee meeting	Department of RS, PolyU	Mr. Charles LAI
26 May, 2019	Public lecture: prevention and rehabilitation of heart disease	Care for Your Heart	Ms. Joey CHENG, Prof. Marco PANG
30 May, 2019	Rehabilitation Program Plan Seminar on Rehabilitation Technology	Labour and Welfare Bureau	Dr. Ivan SU
14 June, 2019	Trailwalker 2019 1 <sup>st</sup> Logistics Committee meeting	Oxfam	Mr. Alex HO
15 June, 2019	Health Conference 2019	Exercise is Medicine (EIM)	HKPA as supporting organization
19 June, 2019	Educational talk on physiotherapy management of cancer pain for patients with liver, gallbladder and pancreatic cancer	Wong Tai Sin CancerLink Support Centre	Mr. Sam WAN
21 June 2019	Open U Advisory Group Meeting	Open University	Mr. Brian MA
23 June 2019	健康我話事	Lions Club	Ms. Carmen CHOW
29 June 2019	Exercise workshop	Health in Action	Mr. Sam WAN
29-30 June, 2019	Football Physiotherapy Course	Hong Kong Association of Sports Medicine & Sports science (HKASMSS) and Chinese University of Hong Kong (CUHK)	HKPA as supporting organization

The 4<sup>th</sup> Transplant and Dialysis Games

《煲呔健康男》2018



銙色園復康護理專業培訓暨家居照顧訓練中心啟用典禮



Walk for Diabetes 2018

## Promotion of HKPA among physiotherapists

Date	Location	HKPA Executive Committee Members
19 July 2018	Pok Oi Hospital	Prof. Marco PANG
29 Aug, 2018	PolyU	Prof. Marco PANG
4 Sept, 2018	HK West Cluster, Hospital Authority	Prof. Marco PANG
6 Sept, 2018	HK East Cluster, Hospital Authority	Prof. Marco PANG
4 March, 2019	Quality Health Care	Prof. Marco PANG
5 March, 2019	Humansa	Prof. Marco PANG



*Promotion of HKPA in HA East Cluster*



*Promotion of HKPA in HA West Cluster*

## Media Exposure

Date	Media/Program: Topic	Physiotherapists
11 July, 2018	AM730: Sedentary lifestyle	Mr. Alexander WOO
20 July, 2018	Sing Tao Daily: Physiotherapy Vs Chiropractic	Prof. Marco PANG Dr. Ivan SU Mr. Raymond TSANG
20 July, 2018	TVB Weekly: Developmental Coordination Disorder	Ms. Nerita CHAN
1 Aug, 2018	中藥醫緣: Role of physiotherapy on functional recovery of people with disabilities	Prof. Marco PANG Dr. Billy SO Dr. Ivan SU Mr. Alexander WOO
6 Aug, 2018	U Magazine (issue 665): Repetitive strain injuries	Mr. Alexander WOO Prof. Marco PANG
6 Aug, 2018	Bamboos! Life Magazine: The physiotherapy profession	Prof. Marco PANG
9 Aug, 2018	Commercial Radio: World PT Day, direct access	Prof. Marco PANG Dr. Ivan SU
13 Aug, 2018	Apple Daily: electrical modalities	Mr. Gorman NGAI
17 Aug, 2018	TVB Weekly: pain management	Mr. Gorman NGAI
9 Sept, 2018	Oriental Daily News: World PT Day	HKPA EC and SGs
9 Sept, 2018	Sing Pao Daily News: World PT Day	HKPA EC and SGs
9 Sept, 2018	Yahoo: World PT Day	HKPA EC and SGs
16 Sept, 2018	SoLeisure: World PT Day	HKPA EC and SGs
19 Sept, 2018	Metro Daily: World PT Day	HKPA EC and SGs
25 Sept, 2018	Ming Pao: breathing techniques	Ms. Tracy CHEN
26 Sept, 2018	TVB 《最強生命線》: Trigger fingers	Mr. Gorman NGAI
9 Oct, 2018	Ming Pao: Sleep quality of children	Ms. Tracy CHEN



13 Oct, 2018	Oriental Press Group Ltd.: Stroke rehabilitation	Prof. Marco PANG
6 Nov, 2018	Ming Pao: Orofacial exercises for children	Ms. Tracy CHEN
24 Nov, 2018	TVB 《快樂奇跡》: Rehabilitation outcomes	--
4 Dec, 2018	Ming Pao: Developmental Coordination Disorder	Ms. Rachel CHAN
12 Dec, 2018	Recruit Magazine: Career as a physiotherapist	Prof. Marco PANG
25 Dec, 2018	TVB 《最強生命線》: Bell's palsy	Mr. Gorman NGAI
1 Jan, 2019	Ming Pao: Developmental Coordination Disorder	Ms. Rachel CHAN
2 Jan, 2019	U Magazine: Postural correction	Mr. Gorman NGAI
7 Jan, 2019	TVB 《最強生命線》: Patellar tendonitis	Ms. Carmen CHOW
24 Jan, 2019	TVB 《快樂長門人》: Exercise for chronic conditions	Prof. Marco PANG
29 Jan, 2019	Ming Pao: Developmental Coordination Disorder	Ms. Rachel CHAN
29 Jan, 2019	Ta Kung Pao: Elderly Health Care Voucher Scheme	Mr. Gorman NGAI
25 Mar, 2019	Hong Kong 01: Direct access	Prof. Marco PANG
9 Apr, 2019	Skypost: rounded shoulders	Mr. Gorman NGAI
6 May, 2019	Ming Pao: Rounded shoulders	Mr. Edmund Wai Lun NG
7 May, 2019	Oriental Daily News: Exercise for dementia	Prof. Marco PANG Mr. Ricco YIP
3 June, 2019	Ming Pao: Occupational health for office workers	Mr. Gorman NGAI
24 June, 2019	Oriental Daily News: Direct access	Prof. Marco PANG Dr. Ivan SU Mr. Gorman NGAI



TVB 《快樂長門人》



Oriental Daily News (24 June, 2019)



Ming Pao article (3 June, 2019)

## Lobbying/Advocacy

Date	Event	HKPA Representative
9 July, 2018	Briefing session for Physiotherapy Profession Representatives on “Regulation of Medical Devices”	Mr. Alexander WOO
11 July, 2018	Town Hall Meeting on HealthCare Manpower Projection	Prof. Marco PANG Dr. Ivan SU
18 July, 2018	Consultation Session by the Task Force on Review of Self-financing Post-Secondary Education	Dr. Arnold WONG
2 Aug, 2018	Consultation Session of the District Health Centre Pilot Project	Dr. Ivan SU Dr. Arnold WONG
9 Aug, 2018	Press Conference on the Issue of Work Rehabilitation and Setting Up a Trust Fund	Occupational Safety, Health and Rehabilitation SG, Mr. Alexander WOO
15 Aug, 2018	2018-2019 Policy Address Consultation	Dr. Ivan SU
22 Nov, 2018	Meeting with PT Board Chairman	Prof. Marco PANG Ms. Anna Bella SUEN Mr. Raymond TSANG Mr. Alexander WOO
24 Nov, 2018	2018-2019 Chief Executive Summit on Disability Inclusion	Dr. Arnold WONG Ms. Anna Bella SUEN
4 Jan, 2019	2019-20 Budget Consultation (Health Service and Chinese Medicine)	Dr. Ivan SU
9 Jan, 2019	Follow-up Meeting Regarding 2018 Policy Address for the Issue of Work Rehabilitation and Compensation	Mr. Alexander WOO
13 March, 2019	Meeting with Working Group on PT direct access	Prof. Marco PANG
19 March, 2019	Legislative Council – Panel on Health Services on Corporate Governance and Manpower Situation of the Hospital Authority	Ms. Anna Bella SUEN
20 March, 2019	Meeting with PT Board Chairman	Prof. Marco PANG Ms. Judy WONG Mr. Alexander WOO
8 April, 2019	Meeting with Task Force on the Role-Based Access Control (RBAC) in the Electronic Health Record Sharing System (eHRSS)	Prof. Marco PANG Dr. Ivan SU
8 May, 2019	Follow-up Meeting with the representatives of Hospital Authority for Work Rehabilitation and Compensation issue	Dr. Billy SO
11 June, 2019	Meeting with Senior Management of Hospital Authority on shortage of PT manpower and starting salary	Mr. Charles LAI Ms. Anna Bella SUEN



Meeting with PT Board Chairman

## Electronic Direct Mail System and Social Network System

We have successfully established an Electronic Direct Mail (eDM) System since 2012 which is more effective and environmental friendly than traditional post office mail. Moreover, we also established a Social Network communication channel through Facebook. The news broadcasted through eDM and Facebook should take place regularly. We have over 90% of members willing to provide email address for EDM purpose. With response to the post in Facebook, the hit rate ranged from a few hundred to about 6 thousand.

	Title	Reach	Citations	Published
	<a href="#">http://www.hongkongspa.com/M/Guestbook/620180117_PDS.pdf</a>	504 ↓	109 	29 Jul 2018 at 22:00
	<a href="#">http://www.hongkongspa.com/M/Guestbook/620180112_SBS.pdf</a>	764 ↓	225 	29 Jul 2018 at 21:55
	<a href="#">http://www.hongkongspa.com/M/Guestbook/620180519_PDS.pdf</a>	473 ↓	73 	29 Jul 2018 at 21:55
	鄧日 / Prates Rehabilitation Training for Physiotherapists 譚日 / HRETE	680 ↑	183 	10 Jul 2018 at 12:23 Assembly Suite
	<a href="#">http://www.hongkongspa.com/M/Guestbook/620180721_AJOFF.pdf</a>	351 ↓	134 	24 Jun 2018 at 18:57
	TSG: Lower Quarter – Paigement Joints, Lumbar Spine and Sacroiliac joints	379 ↓	187 	24 Jun 2018 at 18:49
	APTOS3 Essential Principles of Shoulder Physiotherapy	358 ↓	116 	4 Jun 2018 at 09:28
	ARMIS 五種「五感」の工夫、中級編(上) / Yoh	341 ↓	77 	4 Jun 2018 at 09:27
	NTSG: Tendon Repair, Tendon Transfer & Tendinopathy From Basic Science To...	872 ↓	90 	4 Jun 2018 at 09:27
	NSSU: Orthopaedic and Physiotherapy Management of Patients with Spinal Co...	617 ↓	55 	4 Jun 2018 at 09:26
	<a href="#">http://www.hongkongspa.com/M/Guestbook/620180630_FTBored.pdf</a>	560 ↓	79 	4 Jun 2018 at 09:25
	Hong Kong Physiotherapy Association 香港物理治療學會 added a new photo	357 ↓	33 	4 Jun 2018 at 09:24 Assembly Suite
	<a href="#">http://www.hongkongspa.com/M/Guestbook/620180628_NSSU.pdf</a>	36 ↓	138 	18 Apr 2018 at 22:24
	<a href="#">http://www.hongkongspa.com/M/Guestbook/620180611_PDS.pdf</a>	1.5K ↓	201 	14 Apr 2018 at 22:06
	<a href="#">https://www.1601.com/TYPE/6A76/60%EDF8FE6E3B8D54E9AAAF9FE</a>	6.1K 	625 	23 Mar 2018 at 11:20 Assembly Suite
	謝麗 / 女團，+ 15 位成員【一週一輯】 六月 16日開播   香港電台	1.1K ↓	119 	15 Mar 2018 at 22:16 Assembly Suite

## Electronic Physiotherapist Directory

Since April 2013, HKPA launched Electronic Physiotherapist Directory (ePTD: [http://www.hongkongpa.com.hk/search\\_physio.html](http://www.hongkongpa.com.hk/search_physio.html)) in order to provide online search of physiotherapy service in Hong Kong for local service users. The ePTD contained more than 350 records of Hong Kong Registered Physiotherapists and it will continuously refreshing and enriching. For Physiotherapist colleagues who would like to share their information for public access, they should complete the data collection form ([http://www.hongkongpa.com.hk/Download/20130824\\_Data\\_Collection\\_Form.pdf](http://www.hongkongpa.com.hk/Download/20130824_Data_Collection_Form.pdf)) and return it to Senior Manager (IT) ([physio.brian@gmail.com](mailto:physio.brian@gmail.com)) for data processing. In order to optimize the searching platform in the directory, a new phase of data collection has been done in the past year. The new search platform will be launched with our new website.

In order to optimize the searching platform in the directory, a new phase of data collection has been done in the past year. The new search platform will be launched with our new website.

### Income from HKPA Website and Email Advertisement

Website and email advertisement is another source of income with an amount of \$8,600.

Period	Sponsors	Income
Jul 2018	GSBE Company Ltd.	HK\$3,300
Aug 2018	GSBE Company Ltd.	HK\$3,300
Sep 2018	Asia Medical Hong Kong	HK\$2,000

## Revamp of the Website

The revamp of HKPA current website has been kicked off. After a quotation and selection process, Accessible IT Development Association Limited (AIDA) has got the project and a series of meetings have been arranged for the revamp of the website. Online registration and payment is expected to be included. We look forward to meeting you with new face soon.



## ANNUAL REPORT OF ACUPUNCTURE AND INTEGRATIVE MEDICINE SPECIALTY GROUP 2018-2019

*Mr. Eric Y. T. LAW*

### Activities

The summary of activities organized by Acupuncture and Integrative Medicine Specialty Group in 2018-2019 is as follows:

- Date : 7-8 April 2018  
Activity : Tai Chi for Arthritis  
Speaker : Dr. Paul LAM  
Venue : GH016, RS Department, PolyU



- Date : 16 May 2018  
Activity : Biennial General Meeting & Lecture (Introduction of Basic Body Awareness Therapy - A Physiotherapeutic Approach to Movement Quality)  
Speaker : Ms. Fiona TANG  
Venue : HKPA Premises





- Date : 8 September 2018
- Activity : World Physiotherapy Day 2018
- Speaker : AIMSG Representatives
- Venue : Wong Tai Sin Square and Wong Tai Sin Temple Fung Ming Building



### Executive Committee Members of Acupuncture and Integrative Medicine Specialty Group (2018-2019)

Post	Name
Chairperson	Mr. Eric Y. T. LAW
Vice-Chairperson	Mr. Ben B. CHAN
Treasurer	Ms. Fiona L. W. TANG
Secretary	Ms. Yvonne P. LAM Ms. Rebecca M. P. NGAI Mrs. May M. Y. CHEUNG
Educational Officer	Mr. Kenny C. C. YUEN (Acupuncture) Ms. Frances S. M. LAW (Integrative Medicine)
Public Relation Officer	Ms. Ada S. K. TSUI
IT Officer	Mr. Derek K. H. YEUNG
Liaison Officer	Mr. Kerry W. Y. FUNG

# ANNUAL REPORT OF CARDIOPULMONARY SPECIALTY GROUP 2018-2019

*Ms. Aggie W.S. KWAN*

Date	Name of Events	Venue & Speakers
29 September 2018	20 <sup>th</sup> Diabetes and Cardiovascular Risk Factors - East Meets West Symposium (Lay Programme Session) (Hong Kong Institute of Diabetes and Obesity)	Hong Kong Convention and Exhibition Centre Ms. Joey CHENG
9 November 2018	7 <sup>th</sup> Asian Preventive Cardiology and Cardiac Rehabilitation Conference (APCCRC) (Hong Kong College of Cardiology)	Hong Kong Convention and Exhibition Centre Ms. Aggie KWAN Ms. Joey CHENG Ms. Sandy LEUNG
28 April 2019	「世界關懷哮喘同樂日」 (The Hong Kong Asthma Society)	Tsim Sha Tsui (TST) Piazza Ms. Eva CHUN
10 May 2019	WCPT Congress 2019	Geneva, Switzerland Dr. Shirley NGAI was elected as the secretary of ICCrPT under WCPT
25 May 2019	Parallel Session on “Early Mobilization in ICU” HKPA Conference 2019 cum 2 <sup>nd</sup> Greater Bay Area Physiotherapy Forum (HKPA)	Regal Kowloon Hotel Dr. Philip LAM Ms. Toby TANG
26 May 2019	“Management of Heart Disease with Physiotherapy” (Care For Your Heart)	Science Museum Lecture Hall Ms. Joey CHENG
26 May 2019	DM Patient Congress (Diabetes Hong Kong)	Kowloon Bay International Trade & Exhibition Centre Ms. Aggie KWAN Ms. Sandy LEUNG



*Aggie, Joey, Sammi and Sandy demonstrated kick boxing moves in 7<sup>th</sup> Asian Preventive Cardiology and Cardiac Rehabilitation Conference*



*Dr. Philip LAM delivered talk on “Early Rehabilitation in ICU” in CPSG Parallel Session, HKPA Conference 2019 cum 2<sup>nd</sup> Greater Bay Area Physiotherapy Forum*



*Joey led the participants to perform stretching exercise in 20<sup>th</sup> Diabetes and Cardiovascular Risk Factors - East Meets West Symposium*



*Aggie led the exercise session in the DM Patient Congress*

### Executive Committee Members of Cardiopulmonary Specialty Group (2018-2019)

Post	Name
Chairperson	Ms. Aggie W.S. KWAN
Vice-Chairperson	Ms. Joey L. CHENG
	Ms. Horsanna P.Y. CHIU
Treasurer	Ms. Eva Y.W. CHUN
Secretary	Ms. Jasmine O.Y. TAM
Public Relation Officer	Ms. Bowie P.Y. TSANG
	Mr. Clement K.M. CHAN
Education officer	Dr. Shirley NGAI
	Ms. Pamela P.W. CHAN
	Ms. Sandy W.C. LEUNG

### The Way Forward

To cope with the challenging demand in cardiopulmonary physiotherapy, CPSG will continue to serve as a platform for members to share their clinical experience and practice as well as explore the new development in the specialty.

We are planning to organize different series of clinical sharing in the various dimensions of physiotherapy in cardiopulmonary specialty, including the development of cardiopulmonary specialty from acute to community setting, which aim to enhance members' clinical competence in the coming years.

Last but not least, thank you for your continuous support and we look forward to seeing you in our next CPSG activities.

## ANNUAL REPORT OF GERIATRICS SPECIALTY GROUP 2018-2019

**Mr. Steven H.L. CHEUNG**

It is no doubt that there is population aging in Hong Kong. It increases the demand of physiotherapy services in both hospital and community settings. It is essential to uphold physiotherapy standards in geriatric service and promote healthy aging in our community.

### Activities and Events:

The following was the summary of activities and events organized or participated by Geriatrics Specialty Group (GSG) in the past year:

*Date: 8 September 2018*

Activity:

#### “World Physiotherapy Day”

Hong Kong Physiotherapy Association (HKPA) organized “World Physiotherapy Day” activities in Wong Tai Sin Square. GSG arranged an educational booth on promotion of fall prevention for elderly people in community.

Participants:

GSG executive committee members, Mr. Bill CHAN, Ms. Angela LEE, Mr. YK LEUNG, Ms. Ann LI, Ms. Marine LO, Ms. Polly LO, Mr. Brian WONG, Mr. Thomson WONG and Ms. Annie WU



*Group photo*

### Executive Committee Members of Geriatric Specialty Group (2018-2019)

Post	Name
Chairperson	Mr. Steven H.L. CHEUNG
Vice-Chairperson	Mr. Bill K.S. CHAN Mr. Y.K. LEUNG
Treasurer	Ms. Polly Y.K. LO
Secretary	Ms. Marine Y.Y. LO Ms. Kennis K.W. CHEUNG
IT Officer	Ms. Ann Y.Y. LI Mr. Brian W.K. WONG
Executive Committee Members	Mr. James P.Y. KAN Ms. Angela W.Y. LEE Mr. Thomson W.L. WONG Ms. Annie M.S. WU Ms. Leona F.P. YAN

### The Way Forward

In the coming year, GSG will continue to enhance the academic development and clinical skill in geriatrics specialty among our colleagues and promote the development of healthy aging in our community.



# ANNUAL REPORT OF HAND THERAPY SPECIALTY GROUP 2018-2019

**Mr. Kenneth C.H. CHUNG**

Date	Name of Events	Venue & Speakers
1 September 2018	1. Management of Distal Radius Fracture and Carpal Fracture 2. Assessment and Management of Carpal Instability	Lecture Theatre, Pathology Block, PYNEH Dr. Clara WONG Specialist in Orthopaedics and Traumatology Talem Hand, Wrist, Elbow & Microsurgery
29 September 2018	Radiological Imaging on Upper Limb – A Sonographic Approach with MRI and CT Correlation	HKEC Training Center, PYNEH Dr. Andrew WAI Consultant Radiologist Dr. Roentgen & Partners Medical Imaging, Hong Kong
12 July 2019	Tendon Repair, Tendon Transfer and Tendinopathy, from Basic Science to Principles of Repair and Rehabilitation	Seminar Room, Ground floor, Block A, QEH Dr. Ping Tak CHAN Consultant, Department of Orthopaedics and Traumatology TMH



*Lecture delivered by Dr. WONG*



*Dr. WAI demonstrated the skills and techniques of performing ultrasound imaging*



*Group photo with Dr. WAI, EC members and supporting company*



*Group photo with Dr. CHAN and the audience*

## Executive Committee Members of Hand Therapy Specialty Group (2018-2019)

Post	Name
Chairperson	Mr. Kenneth C.H. CHUNG
Vice-Chairperson	Ms. Polina L.C. YEUNG
Treasurer	Ms. L.F. CHIANG Ms. Daisy M.T. NG
Secretary	Ms. Joanna M.S. WONG
Executive Committee Members	Ms. Jocelyn S.Y. CHO Ms. Yvonne P. LAM Ms. May L.M. LUK Ms. Connie Y.F. LY Mr. M.C. POON Mr. Raymond C.C. TSANG Mr. Jimmy P.M. YUEN

## The Way Forward

In the coming year, HTSG will continue to organize different academic activities to enhance the academic and clinical development of hand physiotherapy specialty. To cope with the challenging demand in the hand rehabilitation service, we will explore further news or updates in this specialty and share the useful information with our members. Thank you for your continuous support and look forward to seeing you in our next HTSG activities.

## ANNUAL REPORT OF MANIPULATIVE THERAPY SPECIALTY GROUP 2018-2019

*Dr. Nicola MOK*

Apart from participating in the “World Physiotherapy Day” on 8 September 2018, MTSG organized:

Date	Name of Event	Speaker
24 March 2019	立體結構網絡在治療與復健上的應用	林兩傳醫師

Completion of this introductory seminar is the pre-requisite of joining Dr. LIN's Manual Therapy Training Workshop (with practicum). Our aim of holding this seminar was to introduce Dr. LIN's manual therapy concept to our colleagues in Hong Kong, and to help interested colleagues to gain the requirements for the application of the Dr. LIN's manual therapy courses. The seminar was attended by more than 400 participants, from all over the world and with various health care backgrounds (mostly physiotherapist and TCM) with excellent feedback.

Election of the Executive Committee Members for the next term (2019 – 21) will be held in due course.



### Executive Committee Members of Manipulative Therapy Specialty Group (2018-2019)

Post	Name
Chairperson	Dr. Nicola MOK
Vice-Chairperson	Mr. Gorman NGAI Dr. Sharon TSANG
Treasurer	Mr. Eric WONG Mr. Nathan LEUNG
Secretary	Mr. Thomas CHEN
Publicity Officer	Mr. Ivan KWAN
Professional Development Officer	Mr. Nathan LEUNG



# ANNUAL REPORT OF MUSCULOSKELETAL SPECIALTY GROUP 2018-2019

*Mr. Raymond C. C. TSANG*

Date	Name of Events	Venue & Speakers
7 December 2018	Research Updates on Gait Biomechanics: Clinical Application of Research Findings	HKPA Premises Dr. Roy CHEUNG, Associate Professor, Department of Rehabilitation Sciences, The Hong Kong Polytechnic University
3 July 2019	Orthopaedic Management of Patients with Spinal Cord Injury	HKPA Premises Dr. Paul KOLJONEN, Associate Consultant, Department of Orthopaedics & Traumatology, Queen Mary Hospital
10 July 2019	Physiotherapy Management of Patients with Spinal Cord Injury	HKPA Premises Mr. Admond WONG, Physiotherapist I and Mr. Simon CHAN, Physiotherapist I MacLehose Medical Rehabilitation Centre



*Dr. Roy CHEUNG*



*Dr. Paul KOLJONEN*



*Mr. Admond WONG*



*Mr. Simon CHAN*

## Executive Committee Members of Musculoskeletal Specialty Group (2018-2019)

Post	Name
Chairperson	Mr. Raymond C.C. TSANG
Vice-Chairperson	Mr. Jimmy P.M. YUEN
Treasurer	Ms. L.F. CHIANG Mr. Moses K.K. LAU
Executive Officer	Ms. Chris H. CHAN Mr. Denis S.O. CHAN Mr. Justin M.S. IP Ms. Joey C.Y. KO Ms. Tracy W.S. TANG Ms. Iris L.Y. TSANG

## The Way Forward

The Musculoskeletal Specialty Group is planning to organize the Certificate Course in International Schroth 3D Scoliosis Therapy in March-April 2020. The tentative speaker is Mr. Axel HENNES, who is a physiotherapist and an international Schroth instructor. A local physiotherapist and certified Schroth therapist, Ms. Mandy LUI, will also participate to assist the course delivery.

## ANNUAL REPORT OF NEUROLOGY SPECIALTY GROUP 2018-2019

*Dr. Wingson W.C. CHAN*



### Summary of the SG Activities:

Date	Name of Event	Venue & Speakers
27-28 April 2019	Certificate Instructor Course on Nordic Pole Walk for Rehabilitation Professionals	The Hong Kong Polytechnic University Ms. Jennifer HOWEY Dr. Irene WONG YU



*Prof. Margaret MAK presented thank you cards and souvenirs to speakers*



*All participants showed smile faces on completion of class while holding instructor certificates*



*Course participants took group photo at PolyU podium*

### Executive Committee Members of Neurology Specialty Group (2018-2019)

Post	Name
Chairperson	Dr. Wingson W.C. CHAN
Treasurer	Ms. Eva P.K. CHUNG
Secretary	Ms. Lydie O.L. HO Dr. Doris CHONG
Education Officer	Ms. Emily M.L. KO Ms. Sue WONG Ms. Karen T.H. YIU Mr. Elliot CHENG
Information Technology Officer	Mr. Hei WONG Mr. C.W. WOO
Scientific Officer	Prof. Margaret K.Y. MAK Mr. Matthew Y.C. MOK Dr. Stephanie S.Y. AU YEUNG

### The Way Forward

We will keep serving our professionals by upholding our professional standards and quality of care via providing professional courses and training, and also serving the community via various volunteer work and health promotion activities.

# ANNUAL REPORT OF OCCUPATIONAL SAFETY, HEALTH & REHABILITATION SPECIALTY GROUP 2018-2019

*Mr. Alexander C.H. WOO*

Post	Name
Honorary Advisor	Prof. Grace P.Y. SZETO
Chairperson	Mr. Alexander C.H. WOO
Vice-Chairperson	Ms. Linda Y.Y. LAI
Secretary	Mr. Richard C.T. WONG
Treasurer	Mr. C.H. LAI
Publicity Officer	Mr. Daniel Y.K. TO Mr. Simon S.C. TSE Mr. Curtis K.H. WONG Mr. Kelvin M.L. KWOK Ms. Rainbow K.K. LAW Dr. Billy C.L. SO Mr. Felix T.K. WONG Ms. Judy W.L. WONG

In 2018 and 2019, OSHRSG continued to aim at applying our professional knowledge into our daily practices. One evening seminar was organized regarding the past, present and future work injury management system on 21 February 2019.

With regard to the protection for employees injured at work mentioned in point 210 of policy address ([https://www.policyaddress.gov.hk/2018/eng/policy\\_ch06.html](https://www.policyaddress.gov.hk/2018/eng/policy_ch06.html)) in 2018, OSHRSG invited two experienced speakers in the field of work rehabilitation.

Dr. Hon KWOK Ka-ki is the Legislative Councillor and he is actively involved in promoting labour rights. Over the years, he strongly requested the Government to set up the Recapacitation and Return-to-Work Fund. In the seminar, he discussed the potential changes in work injury management system based on 2018 policy address.

Ms. Elsa TSANG is the Regional Director of Medical Management Services with American International Group, Inc. (AIG Insurance). She has been a qualified registered nurse since 1991 and now has 20 years practical experience as a Medical Case Manager, specializing in work injury management, catastrophic management, healthcare and nursing care assessment. She shared her expert experience in the work injury management and Voluntary Rehabilitation Programme (VRP) provided by Labour Department.

More than 30 participants had a fruitful evening and they found the information very practical and down to earth. The sharing was especially helpful for those junior therapists because work injury rehabilitation was not really taught and discussed in details during their training.

During the entire year, representatives from OSHRSG had a number of meetings, public hearing and media press with Dr. Hon KWOK Ka-ki regarding the future policy of work rehabilitation and compensation.

In the coming year, OSHRSG will continue to focus on the practical aspect of occupational safety and health as well as explore more opportunities to collaborate with other speciality groups and invite foreign speakers to share their expertise and experience on implementation. We plan to launch a practical workshop about various new equipment of manual handling and patient transfer in the 4<sup>th</sup> quarter of 2019. We look forward to seeing you again!



*Presentation of souvenirs to Dr. KWOK Ka-ki and Ms. Elsa TSANG*

# ANNUAL REPORT OF PAEDIATRICS SPECIALTY GROUP 2018-2019

*Ms. Nerita N.C. CHAN*

## Summary of the SG Activities:

Date	Name of Events	Venue & Speakers
2-5 July 2018	Dynamic Neuromuscular Stabilization Basic Course A and Paediatric Course I	The Hong Kong Polytechnic University Dr. Marcela SAFAROVA Ms. Karolina PTAKOVA
8 September 2018	World Physiotherapy Day – PSG booth	PSG + PT students
8 December 2018	Casting Workshops of Lower Limbs	The Hong Kong Polytechnic University Ms. Nerita CHAN Ms. Tracy CHEN Ms. Helen CHAN
23 February 2019	Assessment and Training of Children with Cortical Visual Impairment	Physiotherapy Department, G/F, Prince of Wales Hospital Ms. Bibianna YU, Optometrist Ms. M.M. TANG, Occupational Therapist from Eben- ezer Child Care Centre Mr. J. LEUNG, Physiotherapist from Ebenezer Child Care Centre
23-24 March 2019	Co-joint with HKSND Motor Function Assessment for Patients with SMA	Dr. Kristy ROSE, PT
15 June 2019	Workshop on Positional Plagiocephaly (PP)	Tung Wah College Dr. Amy LEUNG, PT
4 July 2018	54 <sup>th</sup> Healthy Children Competition	QEH PSG + PT students



*DNS Paediatrics Course*



*Casting Workshop*





Workshop on Positional Plagiocephaly

54<sup>th</sup> Health Children Competition

### Executive Committee Members of Paediatric Specialty Group (2018-2019)

Post	Name
Chairperson	Ms. Nerita CHAN
Vice-Chairperson	Ms. Tracy CHEN Ms. Olivia FAN
Treasurer	Ms. Vivian CHAN
Secretary	Ms. Tina CHAN
Education Officer	Ms. Flora LAW (Officer) Ms. HO Yuen Bing Ms. Ophelia CHAN Ms. Carrie CHAU Ms. Candice POON Ms. Beverley YIU
IT Officer	Mr. Michael LEUNG
Public Relation Officer	Ms. Catherine CHEUNG (Officer) Ms. Eva CHAN Ms. Daswani Dinisha Deepak Ms. Carmen LEUNG Ms. Anna PANG Ms. AU Mei Kuen
Co-op Member	Ms. Cecilia KWOK

### The Way Forward

PSG of HKPA aims at providing education and training to the paediatric physiotherapists from different settings. The facilitation of communication between colleagues from hospitals to school settings is also one of our goals to bridge up all the gaps in the physiotherapy service for children. We aim at updating the knowledge and promoting evidence-based practice. Public education and promotion of our profession is also a very important work of us. Therefore, going into the community, including the school settings, with public education may be one of the tasks that we want to achieve in the coming years.

# ANNUAL REPORT OF SPORTS SPECIALTY GROUP 2018-2019

*Mr. Alex H.Y. HO*

## Summary of the SG Activities:

Date	On Field Supporting Services	Venue & Speakers
4 -11 August 2018	On-field Support for the 35 <sup>th</sup> World Orienteering Competition 2018 in Latvia	Latvia / Mr. Simon TSE
6 October 2018	Convoy Totem Run 2018	Hong Kong / Mr. Willis CHAN
16-18 November 2018	On-field Support for Oxfam Trailwalker 2018 (shift I – V)	Hong Kong / HKPA-SSG
23, 25-26 December 2018	6 <sup>th</sup> Asian Orienteering Championships	Hong Kong / Ms. Cynthia SUNG, Mr. Indy HO
13 January 2019	TWGHs iRun 2019	Hong Kong / HKPA-SSG
Community Education		
8 September 2018	World Physiotherapy Day	Hong Kong / HKPA-SSG
14 April 2019	Wo Foo Water Race	Hong Kong / HKPA-SSG
Professional Development Series		
2-4 July 2018 (Basic Course A)	Dynamic Neuromuscular Stabilization	HKPU / Dr. Marcela SAFAROVA and Ms. Karolina PTAKOVA
2-5 July 2018 (Paediatric Course)		
5-6 August 2018	The Shoulder – Theory and Practice Evaluation	Private Clinic / Dr. Jeremy Lewis
6 October 2018	Poster Presentation in HKPA Conference 2018	HKPA-SSG / Mr. Indy HO
25 May 2019	Poster Presentation in HKPA Conference 2019	HKPA-SSG / Mr. Indy HO

## On-field Support for the 35<sup>th</sup> World Orienteering Competition 2018 in Latvia



The game went beyond the boundaries of race. Every orienteer strived their physical fitness, navigational skill and concentration to win the competition. From the city bustling with noise, to the forest calm and peace, athletes needed to get all the points to finish the race in Latvia. Our Hong Kong team, 8 orienteers with one heart, no matter thunderstorm, heavy rain, frigidity or torridity, tried their very best to endeavor for excellence! This time we had Mr. Simon TSE to support the game.

### Convoy Totem Run 2018

CONVOY TOTEM RUN 2018 focused on supporting the youth for their life-changing, and the advocacy of Green Event to reduce the production of waste by changing the city lifestyle.



### On-field Support for Oxfam Trailwalker 2018 (Shift I – V)



Physiotherapists provided treatments to trailwalkers. Detailed assessments were conducted before making diagnosis and treatments. Most of the trailwalkers were satisfied with our service.

### 6<sup>th</sup> Asian Orienteering Championships

The 6<sup>th</sup> Asian Orienteering Championships was held in Hong Kong. We provided services for the event, including pre and post-event injury management.



### TWGHs iRun 2019



This was the marathon designed for mentally disabled runners by Tung Wah Group Hospitals. Our SSG committee members provided on-field physiotherapy support for the participants and we all enjoyed the satisfaction of facilitating the participants to complete the game.



## World Physiotherapy Day

World PT Day was held by Hong Kong Physiotherapy Association (HKPA) on 8/9/2018 (Saturday) in Sik Sik Yuen, Wong Tai Sin. We set up a booth to provide community education on the importance of exercise. Agility testing was also provided for elderly with recommendations given accordingly.



## Wo Foo Water Race



The “Hong Kong Water Race” is a city orienteering event organized by Wofoo Social Enterprises, co-organized by the Water Supplies Department and the Open University of Hong Kong, with the goal of increasing public awareness to our daily water consumption and polluting activities resulting in water resource scarcity.

The SSG hosted a booth providing voluntary consultation for participants with physical concerns and promoting primary health care.

## Dynamic Neuromuscular Stabilization by Dr. Marcela SAFAROVA and Ms. Karolina PTAKOVA

Dynamic Neuromuscular Stabilization (DNS) according to Professor Kolar, is a functional diagnostic treatment approach based on the principles of developmental kinesiology. The DNS concept compares a patient’s posture and their movement patterns to the developmental models of healthy infants. This comparison then identifies the discrepancies that need to be treated with therapy. DNS therapy approaches are based on the principles of exercises in developmental positions.



We, co-jointed with PSG, invited renowned instructors Dr. Marcela SAFAROVA and Ms. Karolina PTAKOVA from the Prague School to teach this therapy by delivering the 3-day Basic Course A and the 4-day Paediatric Course I. Over 90% of the participants gave feedback that they were satisfied with the course.

## Jeremy Lewis’s – The Shoulder – Theory and Practice Evaluation



We are honoured to have Dr. Jeremy Lewis, a consultant physiotherapist, and Professor of Musculoskeletal Research to present the assessment and management of the shoulder based on existing literature with clinical application. The 2-day course was inspiring and fun for all those who attended.

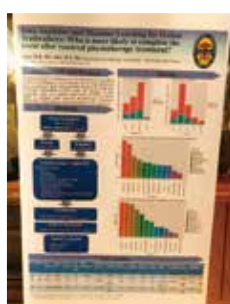
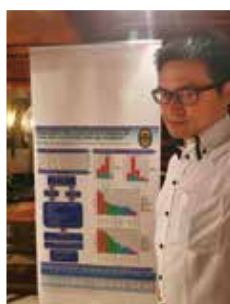


### Poster Presentation in HKPA Conference 2018



Poster presentation by our committee member Mr. Indy HO on “Vastus Medialis Oblique and Vastus Lateralis Activity During Double-leg Squat on Flat or Declined Surface with Different Movement Velocities”

### Poster Presentation in HKPA Conference 2019



As the use of big data technique such as machine learning and artificial intelligence is a popular trend, our committee member Mr. Indy HO has shared the research methods and results of “Data analytics and machine learning for Oxfam Trailwalkers: Who is more likely to complete the event after received physiotherapy treatment?” in poster presentation session of the HKPA Conference 2019. By training the computer to learn dataset including features and final results from over 1000 trail walkers, the algorithms can base on relevant training and team profiles to predict the probability of completion of event for the coming future.

### Executive Committee Members of Sports Specialty Group (2018-2019)

Post	Name
Chairperson	Mr. Alex HO
Vice-Chairperson	Ms. Cora CHEUNG Mr. Willis CHAN
Treasurer	Mr. Chris KWOK Mr. Lylon LAI
Secretary	Mr. Ivan AU
Education Officer	Mr. Alexander CHAN Mr. Indy HO
Liaison Officer	Ms. Shirley LEE
On-field Coordinator	Ms. Cynthia SUNG Ms. Monika LAU Ms. Yuki WONG

### The Way Forward

Promoting physiotherapy services to everyone in needs in the community and helping injured athletes returning to sports have always been the focuses of our specialty group. Our executive committee members continued the momentum, and made every endeavor to contribute in on-field services, community education, and professional development.

For on-field services, we supported more than 15 local events, including orienteering and Oxfam Trailwalker, which are our major yearly scheduled events. We targeted not only on elite players, but we also cared for different level of sports participants. With a wide spectrum of on-field services, we aimed at enhancing the professional exposure and experience for our colleagues and fellows in the provision of services to athletes in various sports and levels.

For community education, we participated in the World Physiotherapy Day, which served to raise public awareness about their health, and keep them mobile and independent.

In professional development, we co-jointed with Paediatric Specialty Group and organized our first Dynamic Neuromuscular Stabilization (DNS) course, which is a functional diagnostic treatment approach based on the principles of developmental kinesiology. We also organized sport-oriented evening seminars and workshop, which keep physiotherapists abreast of the latest advancement in sports rehabilitation.

### Future Development

I would like to take this opportunity to thank our members for their devoted efforts and contributions over the past year. Without the active participation of you, it is impossible for us to make such further advancement. Our executive committee members will continue to commit themselves to promote and enhance sports physiotherapy. Please stay tune for professional development courses in 2019-20. We are looking forward to having your valuable opinions, active participations and continuous supports to HKPA-SSG.

## ANNUAL REPORT OF WOMEN'S HEALTH SPECIALTY GROUP 2018-2019

*Ms. Brigitte K.Y. FUNG*

The activities organized in 2018-2019 are listed in the following table:

Date	Activities	Speakers
8 September 2018 - 17 November 2018	2018 Certificate Course in Assessment and Management of Incontinence	Dr. Cecilia CHEON Dr. Kenneth CHUNG Dr. TONG Bing Chung Dr. John FENN Dr. LUK Lai Yin Ms. CHUNG Ying Ying Ms. Regina LEUNG Ms. WONG Shui Yue Ms. Peggy HUI Ms. Anny TONG

On the World Physiotherapy Day (8 September 2018), our WHSG had booth display to promote the women health to the public. At the booth, we provided the measurement of bone density and body composition to the participants. After measurement, we explained the result to the participants and gave some advice. We also set up the poster and distributed some pamphlets to public to promote the concept of women health.



It was our pleasure to liaise with the Hong Kong Continence Society. Through the activities of co-joint courses, we promoted the role of physiotherapy in the management of incontinence and constipation.

Apart from co-joint course, we were also involved in broadcasting program and interview with media (TVB broadcast) to promote the women health to the public.



In March 2019, Ms. Mandy LEUNG was pleased to be interviewed on behalf of HKPA - WHSG for the program of TVB J5 Channel “最強生命線：子宮下垂”. She shared and demonstrated pelvic floor exercises for improvement of uterus prolapse and stress incontinence at the interview, which was broadcasted on 18 March 2019.



In June, 2019, Ms. Mandy LEUNG was also interviewed for the program of “最強生命線：淋巴水腫”. She explained the lymphedema and demonstrated the management of lymphedema, which was broadcasted on 3 June 2019.



#### Executive Committee Members of Women's Health Specialty Group (2018-2019)

Post	Name
Chairperson	Ms. Brigitte FUNG
Vice-Chairperson	Ms. Regina LEUNG
Treasurer	Ms. Karen WONG
Secretary (External)	Ms. Mary MA
Public Relation Officer	Ms. Mandy LEUNG
Resources Officer	Ms. Jeppy CHEUNG
Education Officer	Ms. Andrea LEUNG
	Ms. Timmi YICK
	Ms. Ginny CHOI
	Ms. Anna WONG



*Executive committee members (2018-2019)*

## ANNUAL REPORT OF REHABILITATION TECHNOLOGY SPECIALTY GROUP 2018-2019

*Dr. Amy FU*

### Summary of the SG Activities:

Date	Name of Events	Venue & Speakers
19 January 2019	Advanced MSK Ultrasound Imaging	The Hong Kong Polytechnic University Mr. Christopher Myers Mr. Robert Laus Dr. Lorenzo Masci
20-21 January 2019	Introduction to MSK Ultrasound Imaging in Sports Medicine	The Hong Kong Polytechnic University Mr. Christopher Myers Mr. Robert Laus Dr. Lorenzo Masci

### Executive Committee Members of Rehabilitation Technology Specialty Group (2018-2019)

Post	Name
Chairperson	Dr. Amy FU
Vice-Chairperson	Ms. Rainbow LAW

### The Way Forward

- To increase member's awareness on modern technology on rehabilitation
- To establish venue for regular practice of ultrasound imaging and holding forum on its use