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香港物理治療學會有限公司

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**Manipulative Therapy Specialty Group &  
Occupational Safety, Health and Rehabilitation Specialty Group**

**Co-organiser: Tung Wah College**



**東華學院**  
TUNG WAH COLLEGE

**Work-focused Management of Musculoskeletal Conditions**

- Date : 13 May 2022 (Fri)
- Time : 19:00 to 21:00
- Mode : Online (the link will be sent to successful applicants later)
- Speaker : **Dr. Nathan Hutting**  
Associate Professor  
Research Group Occupation & Health  
School of Organisation and Development  
HAN University of Applied Sciences
- Capacity : 100
- Fee : HK\$ 50 for MTSG / OSHRSG  
HK\$ 100 for HKPA / MPTA members  
HK\$ 650 for non-HKPA or MPTA members  
Free for student members
- CPD points : Pending
- Registration : Send application form with a crossed cheque payment to “**Hong Kong Physiotherapy Association Limited**” with name of this course, name of applicant and contact telephone number on the back to:  
**Prof. Grace Szeto**  
**Room 1001,**  
**Tung Wah College,**  
**31, Wylie Road, Homantin.**
- Deadline : 6 May 2022 (Fri)
- Enquiries : Mr. Alexander WOO  
Tel: 2766-5386 Email: alexander.woo@polyu.edu.hk
- Remarks : Successful applicants will be notified via email.

# Work-focused Management of Musculoskeletal Conditions

## *Description*

Musculoskeletal conditions are characterized by pain and reduced physical functioning that often results in decreased quality of life. Musculoskeletal conditions are burdensome to patients, employers, and society, as they are associated with high rates of disability, absenteeism, presenteeism, loss of productivity, longer recovery timeframes, and workers' compensation costs. Physical therapists can improve the health-related quality of life for patients with MSDs through adopting a work-focused approach and promoting participation in work.

In this webinar, important characteristics of work-focused management of musculoskeletal conditions will be presented, including tools and practical examples. Attendees will be able to enhance their current practice with regard to the integration of occupational factors and will be better equipped to support patients with regard to their work and return-to-work.

## *References*

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## **About Speaker**

Dr Nathan Hutting is an associate professor at the HAN University of Applied Sciences in the Netherlands. He also works as a physiotherapist and manual therapist in a private practice. He is a board member of the Dutch Association for Manual Therapy, is the member organisation delegate of the Netherlands to the International Federation of Orthopaedic Manipulative Physical Therapists (IFOMPT), and is a member of the scientific college physical therapy of the Royal Dutch Society for Physical Therapy (KNGF). His current research topics include long-term conditions, musculoskeletal conditions, self-management, patient-centered care, shared decision making, occupational health, work-focused healthcare, vascular conditions and safe treatment of the cervical spine. Nathan has published over 40 peer-reviewed articles, has made many national and international presentations and chaired focused symposia at three World Physiotherapy congresses. He is also an associate editor of BMC Musculoskeletal Disorders and a member of the International Advisory Board of Musculoskeletal Science and Practice. Nathan is also a member of the World Physiotherapy 2023 Congress programme committee.



## **Special Weather Arrangement**

When Tropical Cyclone Warning Signal No. 8 (or a higher number) and / or Black Rainstorm Signal is hoisted, the following arrangements will apply.

### *For classes and examinations have not yet started*

If Typhoon Signal No. 8 and / or Black Rainstorm Signal are / is in force 2 hours before the course, the course will be cancelled.

### *For classes and examinations that have already started*

When Typhoon Signal No. 8 or above is hoisted, classes will be immediately suspended.

Fee paid are not refundable regardless of whether applicants have attended classes or not, unless the enrolled course is full or in exceptional circumstance deems acceptable by HKPA.

## **Special Arrangement Regarding to COVID**

Due to the current pandemic situation, if the class is required to suspend due to government policy, the class will be postponed.