



School of Medical and Health Sciences  
BSc (Honours) in Physiotherapy

## Update on Ergonomics Assessment and Interventions for Physiotherapists

The workshop aims to provide updated information to practicing physiotherapists and enhance their knowledge on ergonomic topics.

This workshop is jointly organised by the Tung Wah College (TWC) and Occupational Safety, Health and Rehabilitation Specialty Group (OSHRSG) of the Hong Kong Physiotherapy Association (HKPA).

### Workshop Content:

- ◆ Ergonomic assessment for office workers in relation of the use of electronic devices .
- ◆ Ergonomic interventions including new gadgets such as standing desk, vertical mouse, mobile arms, ergonomic chairs, and wearable sensors for biofeedback.
- ◆ Both theory and hands-on practice will be included in this workshop.

Date	2 March 2024 (Saturday )
Time	2:00 p.m. - 5:00 p.m. (Registration starts at 1:45 p.m.) 5:00 p.m. - 6:00 p.m. (Biennial General Meeting of OSHRSG)
Instructor	Professor Grace SZETO Acting Dean of MHS, Professor & Programme Leader of BSc(Honours) in Physiotherapy, TWC Honourable Advisor of OSHRSG, HKPA
Venue	Room 701, 7/F, Tung Wah College King's Park Campus (Ma Kam Chan Memorial Building, 31 Wylie Road, Homantin, Kowloon)
Target Participants	Registered Physiotherapists
Course Fee	HK\$250 for OSHRSG members HK\$300 for HKPA members HK\$900 for non-HKPA members
Capacity	30
PT CPD Points	3 (To-be-confirmed)
Online Registration & Payment	Registration Link: <a href="https://forms.gle/6JHPF9N1r941KvKy6">https://forms.gle/6JHPF9N1r941KvKy6</a> Payment link will be sent after registration. * Deadline: <u>20 February 2024 (Tuesday)</u>
Enquiry	Ms. Cathy WONG (Email: <a href="mailto:cathyymwong@twc.edu.hk">cathyymwong@twc.edu.hk</a> , Tel: 3190 6710)

