



## 2-day Workshop on Advanced Differential Diagnosis and Management of Elbow Pain

Dr Leanne Bisset  
9<sup>th</sup> & 10<sup>th</sup> June 2024

Organized by  
Manipulative Therapy Specialty Group

Speaker	Dr Leanne Bisset , PhD, Musculoskeletal Physiotherapist, Australian College of Physiotherapists
Date	9 <sup>th</sup> & 10 <sup>th</sup> June 2024 (Sunday & Monday)
Time	09:00 to 18:00 with 1-hr lunch break <i>Attendance will be taken at 09:00 &amp; 14:00. The certificate of attendance will be granted for attendees with more than 75% attendance.</i>
Venue	GH 014, The Hong Kong Polytechnic University
Class size	20 (Lots drawing will be arranged in case of over-subscriptions)
Course objectives	Upon completion of this workshop, participants will be able to : <ol style="list-style-type: none"><li>1. Understand important anatomical and biomechanical relationships, particularly related to elbow function and mechanisms of injury</li><li>2. Demonstrate applied knowledge of the latest evidence regarding aetiology, differential diagnoses, and predictors of recovery in people with elbow pain</li><li>3. Perform skilled assessment techniques relevant to intra-articular pathology, instability, tendinopathy and peripheral nerve entrapment at the elbow</li><li>4. Apply the evidence to clinical reasoning for the management of elbow injuries (conservative, injection, surgical)</li><li>5. Demonstrate refined manual therapy, neurodynamic and exercise prescription skills for the assessment and management of elbow pain</li></ol>
Course Fee	HK\$4250 for MTSG members HK\$4300 for Non-MTSG HKPA members / MPTA members HK\$5000 for Non-HKPA members <i>Food &amp; beverages at lunch are covered</i> <b>Course fee for successful registrant is non-refundable</b>
CPD points	10
Registration	- Send Registration Form with <ol style="list-style-type: none"><li>1. Signed Legal Claim Waiver</li><li>2. A stamped self-addressed envelope, and</li><li>3. A crossed cheque, payable to “<b>Hong Kong Physiotherapy Association Limited</b>”. The name of this course, name of registrant and contact telephone number should be written at the back of the cheque and then send to: <b>Mr. Fong Chin Kiu, Jacky</b> <b>Rm QT525F, 5/F, Core Q, The Hong Kong Polytechnic University, Hung Hom</b></li></ol> - Deadline of Registration: <b>29 Mar 2024</b> . - Successful registrants will be notified via email and listed on HKPA website by <b>10 Apr 2024</b> (Enquiry: <a href="mailto:mtsig@hongkongpa.com.hk">mtsig@hongkongpa.com.hk</a> )



## Registration Form

### **2-day Workshop on Advanced Differential Diagnosis and Management of Elbow Pain**

**Dr Leanne Bisset**  
**9<sup>th</sup> & 10<sup>th</sup> June 2024**

Name: \_\_\_\_\_  
(BLOCK LETTER, as appear in PT Board Registry/ MPTA registration)

Email address (for successful notification): \_\_\_\_\_

HKPA / MPTA\* member (Yes / No \*) HKPA / MPTA \* Membership no.: \_\_\_\_\_

MTSG member \* (Yes / No \*) PT Registration no.: \_\_\_\_\_

Workplace and Unit: \_\_\_\_\_

Phone no.: \_\_\_\_\_ (mobile) \_\_\_\_\_ (office) \_\_\_\_\_ (home)

Cheque no.: \_\_\_\_\_ Bank: \_\_\_\_\_

\* Please delete as appropriate.

Successful registrants will be notified via email and listed on HKPA website by 10 April 2024. Please check spam directory in case some of the confirmation email may be regarded as spam by the system. You can also send your enquiries to [mtsig@hongkongpa.com.hk](mailto:mtsig@hongkongpa.com.hk) if you do not receive the confirmation email after 10 April 2024.

Please send registration form with:

1. Signed Legal Claim Waiver
2. A stamped self-addressed envelope and
3. A crossed cheque, payable to “**Hong Kong Physiotherapy Association Limited**”. The name of this course, name of registrant and contact telephone number should be written at the back of each cheque and then send to:

**Mr. Fong Chin Kiu, Jacky**

**Rm QT525F, 5/F, Core Q, The Hong Kong Polytechnic University, Hung Hom**

### Special Weather Arrangement

When Tropical Cyclone Warning Signal No. 8 (or higher) and/or Black Rainstorm Signal is hoisted, the following arrangements will apply:

For classes have not yet started:

If Typhoon Signal No.8 and/or Black Rainstorm Signal is in force 2 hours before the course, the course will be cancelled.

For classes that have already started:

When Typhoon Signal No.8 or above is hoisted - Classes immediately suspend.

Fee paid are not refundable regardless of whether applicants have attended classes or not, unless the enrolled course is full or in exceptional circumstance deemed acceptable by HKPA.

### Legal Claim Waiver Consent

In consideration of HKPA Ltd. accepting my registration to the “2-day Workshop on Advanced Differential Diagnosis and Management of Elbow Pain”, I hereby agree to waive all my claims (howsoever accrued) against HKPA Ltd.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Name of Registrant

Date: \_\_\_\_\_

\*Please sign the above consent and submit with your application form

## **Course descriptions**

Elbow pain often presents a diagnostic dilemma. Intra-articular pathologies, local soft tissues and neural structures may be primary sources of nociception, with psychosocial and environmental factors contributing to symptom severity and chronicity. This course will collectively present assessment, differential diagnosis, and management of chronic elbow conditions. The aim of this course is to provide clinicians with an opportunity to improve their knowledge and skills relevant to client-centered assessment and treatment in this field.

Understanding the contribution of local tissue pathology, and sensory and motor system impairments to the individual's clinical presentation of arm pain will assist clinicians in implementing an effective treatment program. This course will comprehensively review the underlying mechanisms and pathophysiology, differential diagnosis, assessments, and management of chronic elbow pain. This course is tailor-made for clinicians with clinical experience in musculoskeletal and sports injuries, interested in updating their knowledge and improving their skills in the management of elbow injuries and dysfunction.

## **Brief Biography of Dr Leanne Bisset**

Dr Leanne Bisset is an experienced musculoskeletal physiotherapist with a proven ability of outstanding leadership in professional governance, teaching, and research. She is the Associate Professor and Academic Lead Physiotherapy School of Health Sciences and Social Work at Griffith University in Australia. She is an experienced, titled Musculoskeletal Physiotherapist of the Australian College of Physiotherapists with a national and international reputation for clinical and research expertise in the field of upper limb musculoskeletal pain. Her research has a broad reach and audience, demonstrated by an h-index of 25 and citations >3,100 (Scopus). Her 10-year FWCI is 1.7, with a 5-year FWCI of 1.39 for subject area Tennis Elbow, 1.37 for Shoulder/Rotator Cuff and 1.23 for Wrist/Hand (SciVal November 2023).

Dr Bisset has been invited to present her research and clinical work in various international and national conferences and workshops. She has been the invited presenter for the Australian Physiotherapy Association workshops on elbow pain and upper limb dysfunction since 2017. Dr Bisset is ranked 3<sup>rd</sup> in the world for authors published on elbow tendinopathy, and in the top 0.2% of ~21,500 authors worldwide who have published on tendinopathy in general (Expertscape).

<https://experts.griffith.edu.au/7269-leanne-bisset>

Organizer:



Co-organizer:

