

Organized by



東華學院  
TUNG WAH COLLEGE

Co-organized by



香港心理衛生會  
The Mental Health Association of Hong Kong

School of Medical and Health Sciences  
BSc (Honours) in Physiotherapy

## Workshop on Contemporary Physiotherapy Services and the New Insights into Polyvagal Exercises as an Exercise Protocol in IDD and ASD in Hong Kong

This workshop is organised by the Tung Wah College, and co-organised by the Mental Health Working Group of the Hong Kong Physiotherapy Association and The Mental Health Association of Hong Kong.

Date	27 July 2024 (Saturday)
Time	2:30 p.m. – 5:30 p.m.
Venue	Room 701, 7/F, Tung Wah College King's Park Campus (Ma Kam Chan Memorial Building, 31 Wylie Road, Homantin)
Target Participants	Registered Physiotherapists
Course Fee	HK\$300 for HKPA member HK\$900 for non-HKPA member
Capacity	40
CPD Points/Code	3 (To-be-confirmed)
Online Registration & Payment	Registration Link: <a href="https://www.twc.edu.hk/limesurvey/index.php/835469">https://www.twc.edu.hk/limesurvey/index.php/835469</a> Payment link will be sent after registration. * Deadline: <u>10 July 2024 (Wednesday)</u>
Enquiry	Ms. Cathy Wong (Email: <a href="mailto:cathymmwing@twc.edu.hk">cathymmwing@twc.edu.hk</a> , Tel: 3190 6710)



### Detailed Rundown: (Moderator - Dr. Anthony Kwok, Associate Professor, Tung Wah College)

Time	Topic
2:30-3:30 p.m.	What is IDD and Autism? Review the physiotherapy services for IDD and ASD in NGOs in Hong Kong  Presenters: <i>Mr Lee Siu-hei, Cyrus</i> <i>Senior Physiotherapist, The Mental Health Association of Hong Kong (MHAHK)</i> <i>Mr Lam Chak-yat, Sam</i> <i>Physiotherapist, The Mental Health Association of Hong Kong (MHAHK)</i>
3:30-3:45 p.m.	Break
3:45-5:15 p.m.	Polyvagal Exercise as an Exercise Tool, The New Paradigm (Theory and Practice)  Presenters: <i>Mr Wong Chun-ho, Eyckle</i> <i>Senior Clinical Associate, Tung Wah College</i> <i>Ms Cheung Siu-ching, Dorothy</i> <i>Senior Clinical Associate, Tung Wah College</i>
5:15-5:30 p.m.	Discussion