



HONG KONG PHYSIOTHERAPY ASSOCIATION LIMITED

香港物理治療學會有限公司

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Sports and Exercise Specialty Group (SESG)

Webinar on Optimising Athlete Performance and Injury Prevention through Gait Retraining and Wearable Technology: Insights from Recent Research (via Zoom) cum Biennial General Meeting (BGM)

(Course code / CPD code: pending)


Course Information:

Join Professor Roy Cheung as he presents the latest research on how gait retraining and wearable technology are transforming athletic performance and injury prevention. Drawing on cutting-edge studies, this talk will explore innovative strategies to enhance biomechanics, reduce injury risk, and improve overall athletic performance. Whether you're a physiotherapist, coach, or sports professional, this seminar will provide valuable insights into incorporating advanced technology into training and rehabilitation practices.



About the Speaker:

Professor Roy Cheung is the Director of Academic Program (Physiotherapy) at Western Sydney University, and a biomechanist with a specialisation in human gait biomechanics and injury prevention. His recent work focuses on using wearable sensors to optimise athletic performance, particularly in distance runners, basketball and squash athletes. Professor Cheung's research aims to bridge the gap between advanced technology and practical applications in sports performance and rehabilitation.

Date:	6 December 2024 (Friday)	
Time:	19:30 – 21:30	
Capacity:	300 (for physiotherapists only) <i>(Priority would be given to current members of (1) SESG and (2) HKPA/MPTA; places would then be allocated by balloting for overwhelming enrolment.)</i>	
Speaker:	Professor Roy CHEUNG	Online application 
Fee:	Free of charge	
Deadline of application:	22 November 2024 (Friday) <i>(Successful applicants will receive a confirmation email on or before 2 December 2024)</i>	
CPD:	2.0 (Pending)	
Enquiry:	Mr. Indy HO / Ms. Cora CHEUNG (email: hkpassg@gmail.com)	

Arrangement for adverse weather condition:

Shall Typhoon Signal No. 8 (or higher) and / or Black Rainstorm Signal be in force 2 hours before the course, the course will be cancelled. Please contact us via email in case of doubt. (email: hkpassg@gmail.com)