HONG KONG PHYSIOTHERAPY ASSOCIATION LIMITED

Room 901, 9th Floor, Rightful Centre, 12 Tak Hing Street, Jordan, Kowloon, HKSAR
www.hongkongpa.com.hk

ADDRESS : Room 901, 9th Floor, Rightful Centre,
12 Tak Hing Street, Jordan, Kowloon, HKSAR

WEBSITE : htttp://www.hongkongpa.com.hk

A MEMBER ORGANISATION OF WORLD PHYSIOTHERAPY

A MEMBER ORGANISATION OF WORLD PHYSIOTHERAPY ASIA WESTERN PACIFIC REGION

A MEMBER ORGANISATION OF ASIAN CONFEDERATION FOR PHYSICAL THERAPY (ACPT)

A MEMBER ORGANISATION OF INTERNATIONAL ACUPUNCTURE ASSOCIATION OF PHYSICAL THERAPISTS (IAAPT)

A MEMBER ORGANISATION OF INTERNATIONAL FEDERATION OF ORTHOPAEDIC MANIPULATIVE PHYSICAL THERAPISTS (IFOMPT)

A MEMBER ORGANISATION OF INTERNATIONAL FEDERATION OF SPORTS PHYSICAL THERAPY (IFSPT)

A MEMBER ORGANISATION OF INTERNATIONAL ORGANISATION OF PHYSICAL THERAPISTS IN PAEDIATRICS (IOPTP)

A MEMBER ORGANIZATION OF INTERNATIONAL CONFEDERATION OF CARDIORESPIRATORY PHYSICAL THERAPISTS (ICCRPT)

A MEMBER ORGANIZATION OF INTERNATIONAL SOCIETY FOR ELECTROPHYSICAL AGENTS IN PHYSICAL THERAPY (ISEAPT)

A MEMBER ORGANISATION OF INTERNATIONAL ORGANIZATION OF PHYSICAL THERAPISTS IN PELVIC AND WOMEN'S HEALTH (IOPTPWH)

AN ASSOCIATE MEMBER OF THE FEDERATION OF MEDICAL SOCIETIES OF HONG KONG

A MEMBER ORGANISATION OF THE HONG KONG COUNCIL OF SOCIAL SERVICE

A MEMBER ORGANISATION OF HONG KONG JOINT COUNCIL FOR PEOPLE WITH DISABILITIES

A MEMBER ORGANISATION OF HONG KONG ASSOCIATION OF GERONTOLOGY

A MEMBER ORGANISATION OF COMMUNITY REHABILITATION NETWORK OF THE HONG KONG SOCIETY FOR REHABILITATION

A MEMBER ORGANISATION OF INTERNATIONAL ORGANISATION OF AQUATIC PHYSICAL THERAPISTS (IOAPT)

A MEMBER ORGANIZATION OF INTERNATIONAL ASSOCIATION OF PHYSIOTHERAPISTS WORKING WITH OLDER PEOPLE (IPTOP)

Office Bearers (2025-2026)

Honorary Auditor	: Prof. Patrick L.T. WONG J.P.
Honorary Legal Advisor	: Mr. Bronco M.T. BUT

Executive Committee Members of Hong Kong Physiotherapy Association (2025-2026)

President	: Mr. Alexander C.H. WOO
Vice-President	: Prof. Raymond C.C. TSANG
Honorary Secretary	: Mr. Sam S. WAN
Associate Secretary	: Ms. Charis G. PANG
Honorary Treasurer	: Prof. Anna Bella M.Y. SUEN
Associate Treasurer	: Mr. Jeffrey C.H. MAN
Chairperson of Membership Subcommittee	: Prof. Freddy M.H. LAM
Members of Membership Subcommittee	: Dr. Anthony W.L. KWOK
	: Mr. Aiden C.F. MA
	: Ms. Kelly K.L. CHAN
Chairperson of Professional Development Subcommittee	: Ms. Horsanna P.Y. CHIU
Members of Professional Development Subcommittee	: Mr. Francis K.T. CHAN
	: Ms. Joan H.T. IP
Chairperson of International Affairs and Publications Subcommittee	: Prof. Shirley P.C. NGAI
Members of International Affairs and Publications Subcommittee	: Prof. Arnold Y.L. WONG
	: Dr. Ivan Y.W. SU
Chairperson of Promotion and Public Relations Subcommittee	: Ms. Sara K.W. POON
Members of Promotion and Public Relations Subcommittee	: Mr. Calvin M.H. KWAN
	: Ms. Jade H.M. HO
	: Ms. Eva Y.W. CHAN

ANNUAL REPORT OF PRESIDENT 2025-2026

Mr. Alexander C.H. WOO

It is my great honor to present the President's Report for the Hong Kong Physiotherapy Association (HKPA) for the year 2025–2026. Over the past year, HKPA has achieved remarkable milestones, driven by forward-thinking innovation, steadfast advocacy, and an unwavering commitment to elevating the standards of the physiotherapy profession and enhancing public health in Hong Kong.

Pioneering Direct Access

One of the most monumental milestones of this term was the successful launch of direct access to physiotherapy services, coupled with the rollout of our dedicated "Training Programme for Physiotherapists as First Contact Physiotherapists". This initiative represents a transformative leap forward for our profession. By paving the way for patients to consult physiotherapists directly, we are actively improving healthcare accessibility, optimizing clinical efficiency, and reinforcing our role as frontline healthcare providers. The accompanying learning platform has fulfilled the prerequisites and further empowered our members by providing a seamless, technologically advanced environment for professional training and resource sharing.

Expanding Continuing Professional Development (CPD) and Our Landmark Conference

Professional growth and lifelong learning remain at the heart of our mission. To support our members in meeting professional standards and preparing for the evolving regulatory landscape, HKPA successfully organized a comprehensive series of specialized courses and webinars throughout the year.

A crowning highlight of our academic calendar was our major conference (HKPA Annual Conference cum ICCrPT Inaugural Conference) in Holiday Inn Golden Mile Hong Kong held on 27 June 2026. Convening esteemed local and international clinicians, researchers, and healthcare leaders, the conference provided an exceptional platform for high-level scientific exchange, interactive workshops, and discussions on cutting-edge clinical practices. The overwhelming attendance and positive feedback reflect our community's deep dedication to evidence-based excellence.

Pioneering Health-Tech Innovation: The First AI Rehabilitation Hackathon in Hong Kong

Embracing the future of digital health and technology integration, HKPA proudly spearheaded the first-ever AI Rehabilitation Hackathon in Hong Kong this year. This visionary event brought together multidisciplinary talents—including physiotherapists, engineers, researchers, and students—to collaboratively design and prototype smart, AI-driven rehabilitation tools. By bridging clinical expertise with cutting-edge artificial intelligence, this initiative showcased our association's commitment to driving innovation and elevating patient care standards through emerging technologies.

Nurturing Student Talent and Next-Generation Leaders

Recognizing that students are the future of our profession, HKPA placed a strong emphasis on student development this year. We successfully organized dedicated shadowing programs and interviewing workshops to support physiotherapy students across all training institutes. These initiatives provided students with invaluable exposure to diverse clinical settings, mentorship from experienced practitioners, and practical guidance to excel in their career entry and interviews.

Student Recognition Across Higher Education

To honor academic excellence and foster future leaders in physiotherapy, HKPA proudly presented academic awards to students across all four local training institutes offering accredited physiotherapy programs (The Hong Kong Polytechnic University, Tung Wah College, Hong Kong Metropolitan University, and Saint Francis University). These awards underscore our enduring commitment to supporting healthcare education and encouraging young scholars to strive for professional excellence.

Elevating Member Welfare and Enhanced Benefits

In our commitment to supporting our members at every stage of their professional journey, HKPA has significantly expanded member benefits this year. We introduced a wider range of tailored services, professional insurance arrangements, exclusive event discounts, and enhanced access to digital learning resources, ensuring that belonging to HKPA delivers tangible value and strong professional backing to all members.

Community Health Promotion: World PT Day Collaboration

In celebration of World Physiotherapy Day, HKPA partnered with Sik Sik Yuen to host a large-scale community health outreach event centered on stroke and cardiovascular disease prevention and rehabilitation. Through health screenings, public talks, and active exercise demonstrations, our volunteer physiotherapists empowered members of the public with evidence-based strategies to protect cardiovascular health and support stroke recovery, highlighting physiotherapy's crucial role in preventive and primary healthcare.

Public Education and Media Outreach (Ming Pao & Yahoo Health)

HKPA actively championed public health literacy through regular publications and educational columns in prominent media channels, including Ming Pao and Yahoo Health. Covering topics from injury prevention and ergonomic health to specialized neurological and cardiac rehabilitation, these articles expanded the reach of physiotherapy expertise into the everyday lives of Hong Kong citizens.

Public Advocacy and Media Engagement on Manpower Issues

Addressing professional manpower challenges remained a top strategic priority. HKPA engaged extensively with the public, government agencies, and healthcare policy planners through numerous media interviews, press conferences, and a public forum on 28 Feb 2026. To further advocate for our profession at the highest levels of governance, we formally issued representation letters to the Health Bureau, the Financial Secretary, and the Chief Executive. In these submissions and public sessions, we articulated the profession’s constructive perspectives on strategic manpower planning, staff retention, clinical autonomy, and workload distribution, advocating for sustainable healthcare policies that safeguard both professional standards and quality patient care.

Civic Engagement: Supporting the 2025 Legislative Council Voting

Demonstrating our commitment to civic duty and civic engagement within the healthcare sector, HKPA actively supported and encouraged member participation in the 2025 Legislative Council (LegCo) Election. We facilitated discussions on health policy on 1 Dec 2025, ensured our sector’s voice was represented, and urged members to exercise their voting rights to shape a robust, forward-looking healthcare system.

Social Media and Digital Community Outreach

Our commitment to public education and community outreach expanded significantly through our active presence on Facebook, Instagram and Linkedin. From October 2025 to October 2026, our social media channels served as vibrant communication hubs, chronicling our association’s events, member spotlights, health campaigns, and advocacy updates. Members and the public are warmly invited to review our published posts on our official Facebook, Instagram and Linkedin pages for detailed reporting on our initiatives throughout the year.

Governance, Financial Stability, and Growth

Our membership base has continued to grow steadily, reflecting the expanding trust and solidarity within our community. Guided by our Executive Committee and Specialty Groups, we have maintained robust governance practices, high standards of transparency, and healthy financial stability, ensuring that HKPA is exceptionally well-positioned to invest in future initiatives.

Acknowledgements

I would like to express my deepest gratitude to our Honorary Auditor, Prof. Patrick L. T. Wong, and our Honorary Legal Advisor, Mr. Bronco But, for their invaluable counsel and continuous support. My sincere appreciation also goes out to all Executive Committee members, Specialty and Working Group leaders, and every member of our association. Your passion, professionalism, and collaborative spirit are the true bedrock of HKPA’s success.

Conclusion

In conclusion, the 2025–2026 term has been a period of historic progress and boundless promise. From championing direct access and hosting our academic conference to supporting students, expanding member benefits, and advocating for our profession in the public arena, HKPA continues to lead with vision and purpose. Together, we will build upon these proud achievements and strive for even greater success in the years ahead.

HONG KONG PHYSIOTHERAPY ASSOCIATION LIMITED
香 港 物 理 治 療 學 會 有 限 公 司
(A COMPANY LIMITED BY GUARANTEE AND NOT HAVING A SHARE CAPITAL)

STATEMENT OF COMPREHENSIVE INCOME
YEAR ENDED 31 MARCH 2026

	Note	2026	2025
		$	$
Income			
Activity income		2,912,003	479,321
Advertising income		115,900	36,500
Bank interest income		191,879	30,108
Conference income		55,800	840,883
Honorarium received		-	120,385
Subscription fee received		2,435,601	978,840
Sundry income		502	83,775
Training courses held		-	37,740
		5,711,685	2,607,552
Expenditure			
Accountancy fee		25,000	24,500
Activity expenses		1,263,306	529,868
Bank charges and interest		23,919	5,583
Building management fee		26,328	25,569
Conference expense		-	298,702
Course expense		-	58,299
Depreciation		71,189	71,188
Design fee		6,700	-
Electricity		3,504	6,926
Exchange loss		10	12
Government rent and rates		11,801	11,150
Honorarium		207,828	93,230
HKPA Journal Open Access		331,868	-
Insurance		19,127	15,824
Legal and professional fee		2,300	3,560
Membership fee		46,407	56,061
MPF		7,244	2,218
Penalty		2,505	-
Postage, stamps, printing and stationery		9,921	28,377
Salary		144,872	44,361
Student awards		26,400	18,600
Sundries		62,999	11,650
Telephone and internet		4,057	31,435
Website		9,950	104,450
		(2,307,235)	(1,441,563)
Surplus before tax		3,404,450	1,165,989
Income tax expense	3	-	-
Surplus and total comprehensive income for the year		3,404,450	1,165,989

The notes on pages 9 to 13 form an integral part of these financial statements.
Independent Auditors' Report – Pages 3 and 4

HONG KONG PHYSIOTHERAPY ASSOCIATION LIMITED
香港物理治療學會有限公司
(A COMPANY LIMITED BY GUARANTEE AND NOT HAVING A SHARE CAPITAL)

STATEMENT OF FINANCIAL POSITION
AT 31 MARCH 2026

	Notes	2026	2025
		$	$
Non-current asset			
Property and equipment	5	1,779,710	1,850,899
Current assets			
Utility deposits		5,900	5,900
Other receivable		96,700	96,700
Interest receivable		24,117	-
Cash and cash equivalents	6	13,433,901	9,999,409
		13,560,618	10,102,009
Deduct:-			
Current liabilities			
Accrued charges		29,305	24,801
Tax payable		-	21,534
		29,305	46,335
Net current assets		13,531,313	10,055,674
Net assets		15,311,023	11,906,573
Representing:-			
Funds			
Mrs. E Wong Fund	7	150,945	150,945
General Fund		15,160,078	11,755,628
		15,311,023	11,906,573

APPROVED BY THE EXECUTIVE COMMITTEE:-

WOO Chuen Hau Alexander
President

SUEN Mei Yee Anna Bella
Treasurer

The notes on pages 9 to 13 form an integral part of these financial statements.
Independent Auditors' Report – Pages 3 and 4

HONG KONG PHYSIOTHERAPY ASSOCIATION LIMITED
香港物理治療學會有限公司
(A COMPANY LIMITED BY GUARANTEE AND NOT HAVING A SHARE CAPITAL)

STATEMENT OF CHANGES IN FUNDS
YEAR ENDED 31 MARCH 2026

	General Fund	Mrs. E Wong Fund	Total
	$	$	$
Balance at 31/03/2024	10,589,639	150,945	10,740,584
Surplus for the year	1,165,989	-	1,165,989
Balance at 31/03/2025	11,755,628	150,945	11,906,573
Surplus for the year	3,404,450	-	3,404,450
Balance at 31/03/2026	15,160,078	150,945	15,311,023

The notes on pages 9 to 13 form an integral part of these financial statements.
Independent Auditors' Report – Pages 3 and 4

ANNUAL REPORT OF PROMOTIONAL & PUBLIC RELATIONS SUBCOMMITTEE 2025-2026

Mr. Jeffrey C.H. MAN

Collaborations / Connections with Other Local Professional and Community Organizations

Date	Event	Organization/Venue	HKPA Representatives
03 Sep 2025	Meeting with President of APA	PolyU U.Green	Mr. Alexander WOO, President Prof. Raymond TSANG, Vice President Prof. Anna Bella SUEN, Honorary Treasurer Prof. Freddy LAM, Membership Subcommittee Chairperson Ms. Sara POON, Promotion and Public Relations Subcommittee Chairperson Mr. Will WONG, Promotion and Public Relations Subcommittee Member
08 Sep 2025	International Webinar on World PT Day on the Role of PTs in Humanitarian Emergencies	ZOOM	Ms. Charis PANG, Associate Secretary of HKPA Mr. Jeffrey MAN, Associate Treasurer of HKPA
11 Sep 2025	慶回歸、賀國慶 2025 年慶祝晚會	Maxim's Palace	HKPA Executive Committee Members
16 Sep 2025	香港醫療衛生界慶祝 中華人民共和國成立 76 周年酒會	Hong Kong Academy of Medicine	HKPA Executive Committee Members
20 Sep 2025	MHS Seminar - Development of Physiotherapy Profession in China Past, Present and Future	Lecture Theatre, 2/F, KPC, Tung Wah College	Mr. Alexander WOO, President of HKPA Prof. Raymond TSANG, Vice President of HKPA
28 Sep 2025	Xian Medical Exchange Delegation 西安醫療交流考察團	Xian	Prof. Raymond TSANG, Vice President of HKPA
03 Oct 2025	[HKPA] Spinal Imaging for Musculoskeletal Problems: What Should Physiotherapists Know?	HKPA	
11 Nov 2025	Launch Ceremony of Heidi Health	One Taikoo Place	Mr. Alexander WOO, President of HKPA Prof. Raymond TSANG, Vice-President of HKPA Ms. Sara POON, Promotion and Public Relations Subcommittee Chairperson
15 Nov 2025	Clinical Approach to Rotator Cuff	Hong Kong Polytechnic University	Ms. Sara POON, Promotion and Public Relations Subcommittee Chairperson

Date	Event	Organization/Venue	HKPA Representatives
	Pathologies: Integrating LightForce® Deep Tissue Laser Therapy into Shoulder Rehabilitation		Mr. Alexander WOO, President of HKPA
12 Dec 2025	「青年躍動@樂觀派 — 生涯發展及職業體驗計劃 2025」	HKSKH Bishop Hall Secondary School	Ms. Sara POON, Promotion and Public Relations Subcommittee Chairperson
13 Dec 2025	HKPA Annual Dinner 2025	Supreme WB	HKPA
13 Dec 2025	HKPA Annual Dinner 2025 - Orthopaedic Lecture	Supreme WB	Mr. Alexander WOO, President of HKPA Mr. Sam WAN, Honorary Secretary of HKPA Ms. Sara POON, Promotion and Public Relations Subcommittee Chairperson of HKPA Ms. Charis Garland PANG, Associate Secretary of HKPA
16 Dec 2025	“A New Generation of Scar Management: Patented Technologies for the Management of Raised Scars”	Hong Kong Polytechnic University	Ms. Sara POON, Promotion and Public Relations Subcommittee Chairperson Mr. Alexander WOO, President of HKPA
11 Jan 2026	On-field Service Recap: TWGHs "I-Run" - The Hong Kong Jockey Club Special Marathon 2026	Central and Western District Promenade (Central Section)	Dr. Anthony KWOK, Membership Subcommittee Member, HKPA
14 Jan 2026	[HKPA] Exploring Advanced PT Education: Pathways for HKPA Members	ZOOM	Ms. Sara POON, Promotion and Public Relations Subcommittee Chairperson Mr. Alexander WOO, President of HKPA
15 Jan 2026	HKPA Updates: Welcoming New Members & Key Dates HKPA 最新動態：歡迎新委員及重要活動日程	ZOOM	HKPA Executive Committee Members
01 Feb 2026	「北歐健走嘉年華暨健康同樂日」Nordic Walking Carnival & Health Fun Day Successfully Concluded!	灣仔水上運動及康樂主題區 Water Sports and Recreation Precinct, Wan Chai	Ms. Sara POON, Promotion and Public Relations Subcommittee Chairperson
11 Mar 2026	[MPS VIP Reception] Strengthening Our Partnership	ICON Hotel	Mr. Alexander WOO, President of HKPA Ms. Sara POON, Promotion and Public Relations Subcommittee Chairperson,

Date	Event	Organization/Venue	HKPA Representatives
			HKPA
21 Mar 2026	HKPA Spring Dinner 2026 cum 22nd SG/WG Meeting HKPA 春茗晚宴 & 第 22 屆專研組/工作組會議	Moon Palace, Kerry Centre	Executive Committee members of HKPA Central Committee and Specialty Groups and Working Groups
25 Mar 2026	[HKPA] Clinical Applications of Focused Shockwave Therapy: Indications, Protocols, and Evidence	Hong Kong Polytechnic University	Ms. Sara POON, Promotion and Public Relations Subcommittee Chairperson of HKPA Mr. Alexander WOO, President of HKPA
26 Mar 2026	Engagement Reception with Clinical Stakeholders	U. Green, The Hong Kong Polytechnic University	Mr. Alexander WOO, President of HKPA
27 Mar 2026	Spinal Disorders and LightForce® Therapy	Hong Kong Polytechnic University	Ms. Sara POON, Promotion and Public Relations Subcommittee Chairperson of HKPA Mr. Alexander WOO, President of HKPA
11 Apr 2026	Webinar: Common Elbow Disorders: Role of Ultrasound, Surgery and Physiotherapy	ZOOM	HKPA Musculoskeletal Ultrasound Committee of the Hong Kong College of Orthopaedic Surgeons
24 Apr 2026	HKCT Professional Education and Training Committee (PEC) Meeting	HKCT Jordan Learning Centre	Mr. Alexander WOO, President of HKPA
30 May 2026	Updates on Mandatory CPD Scheme for Physiotherapists	PT Board	Prof. Arnold Wong Ms. Sara Poon
11 Jun 2026	MPS Medicolegal Webinar	ZOOM	Ms. Sara POON, Promotion and Public Relations Subcommittee Chairperson, HKPA Mr. Alexander WOO, President, HKPA Ms. Jade HO, Promotion and Public Relations Subcommittee Member, HKPA
14 Jun 2026	Next-Gen Rehab: AI Rehabilitation Hackathon Hong Kong 2026	The Hong Kong Polytechnic University	Mr. Francis CHAN, Professional Development Subcommittee Member, HKPA Mr. Alexander WOO, President, HKPA
19 Jun 2026	瑞一寶北歐健走歡聚同樂日暨健康嘉年華	灣仔維多利亞港海旁（Harbour Chill）	Ms. Sara POON, Promotion and Public Relations Subcommittee Chairperson, HKPA
20 Jun 2026	Webinar: Frozen Shoulder	Zoom	Dr. Alex CHAN, HKPA Member Mr. Leo CHAK, HKPA Member

Date	Event	Organization/Venue	HKPA Representatives
27 Jun 2026	HKPA Annual Conference cum ICCrPT Inaugural Conference	Holiday Inn Golden Mile	Mr. Alexander WOO, President, HKPA Prof. Shirley NGAI, International Affairs and Publications Subcommittee Chairperson, HKPA Ms. Sara POON, Promotion and Public Relations Subcommittee Chairperson, HKPA Prof. Anna Bella SUEN, Honorary Treasurer, HKPA
28 Jun 2026	HKPA Post-Conference Workshops	The Hong Kong Polytechnic University	Mr. Alexander WOO, President, HKPA Prof. Shirley NGAI, International Affairs and Publications Subcommittee Chairperson, HKPA Ms. Sara POON, Promotion and Public Relations Subcommittee Chairperson, HKPA Ms. Jade HO, Promotion and Public Relations Subcommittee Member, HKPA
16 Jul 2026	Scrambler Therapy for Neuropathic Pain: Mechanisms, Clinical Evidence, and Physiotherapy Applications	The Hong Kong Polytechnic University	Mr. Jeffrey MAN, Promotion and Public Relations Subcommittee Chairperson, HKPA Ms. Anny HUNG, Promotion and Public Relations Subcommittee Member, HKPA Mr. Alexander WOO, President, HKPA
18 Jul 2026	Welcoming the MPTA to Hong Kong 歡迎澳門物理治療師公會(MPTA)訪港交流	The New Territories West Integrated Community Rehabilitation Centre (SAHK) The Jockey Club Kitchee Centre The Physiotherapy Department of CUHK Medical Centre	Mr. Alexander WOO, President, HKPA Dr. Ivan SU, International Affairs and Publications Subcommittee Member, HKPA Ms. Kelly CHAN, Membership Subcommittee Member, HKPA Mr. Alex HO, President of Sports and Exercise Specialty Group, HKPA Ms. Anny HUNG, Promotion and Public Relations Subcommittee Member, HKPA
25 Jul 2026	參觀香港中醫醫院 推動中西醫協作交流 Strengthening Dialogue on Integrative Care Through CMHHK Visit	Chinese Medicine Hospital of Hong Kong (CMHHK)	Mr. Alexander WOO, President, HKPA Dr. Anthony KWOK, Membership Subcommittee Member, HKPA Ms. Kelly CHAN, Membership Subcommittee Member, HKPA Mr. Jeffrey MAN, Promotion and Public Relations Subcommittee Chairperson, HKPA Mr. Aiden MA, Membership Subcommittee Member, HKPA Ms. Anny HUNG, Promotion and Public Relations Subcommittee Member, HKPA

Promotion of HKPA among Physiotherapists / Physiotherapy Students

Date	Event	HKPA Representatives
17 Dec 2025	Career Workshop with Mr. Abraham JONES	Mr. Jeffrey MAN, Associate Treasurer of HKPA Mr. Alexander WOO, President of HKPA
27 Mar 2026	St. Francis University Scholarship Awards Ceremony	Ms. Horsanna CHIU, Chairperson of the Professional Development Subcommittee, HKPA
29 Mar 2026	[HKPA x HKPC x HKMU] Interview Workshop 2026	Hong Kong Physiotherapy Association (HKPA) Hong Kong Physiotherapy Concern (HKPC) Hong Kong Metropolitan University (HKMU)
31 Mar 2026	HKPA Physiotherapy Job Shadowing Program 2026	Ms. Sara POON, Promotion and Public Relations Subcommittee Chairperson of HKPA Mr. Alexander WOO, President of HKPA Mr. Calvin KWAN, Promotion and Public Relations Subcommittee Member of HKPA Ms. Jade HO, Promotion and Public Relations Subcommittee Member of HKPA

Media Exposure

Date	Topic	Media/Program/Venue	Physiotherapists
02 Sep 2025	Interview with TVB Program "東張西望"	HKPA Premises	Sara, Alex
29 Sep 2025	[HKPA × Yahoo Health] Public Health – Physiotherapist's Tips for Prevention of Dementia and Cognitive Decline	Yahoo Health	Ms. Annie Man-sum WU, Vice Chairman of Geriatric Specialty Group (GSG), HKPA
06 Oct 2025	[HKPA x Ming Pao] Public Education - The Myth of Shoulder Impingement	Ming Pao	Mr. LI Chi-Hin, HKPA member
06 Nov 2025	[HKPA x Yahoo Health] Public Education – How to Start Postnatal Exercises?	Yahoo Health	Ms. WAN So-han, HKPA Member
09 Nov 2025	U-Beat Magazine《物理治療免轉介 爭取逾 15 年終見曙光》	U-Beat Magazine	Mr. Alexander WOO, President of HKPA
17 Nov 2025	[HKPA x Ming Pao] Public Education – Prevention of Low Back Pain Starts from Healthy Lifestyle	Ming Pao	Mr. Denis Siu-on CHAN, HKPA member
12 Dec 2025	[HKPA x Yahoo Health] Public Education – Knee Osteoarthritis Playbook: A Stepwise Guide from Prevention to Rehabilitation	Yahoo Health	Ms. LEE Wing-yi, HKPA Member

Date	Topic	Media/Program/Venue	Physiotherapists
08 Jan 2026	《明報》訪問摘要：香港《輔助醫療業（修訂）條例草案》實施進展與業界反應		
08 Jan 2026	《香港經濟日報》訪問摘要：免轉介物理治療｜逾 30 名物理治療師符首診治療資格　全屬地區康健中心人員		
09 Jan 2026	[HKPA x Yahoo Health] The Complexity of Male Pelvic Health Issue & Physiotherapy Management	Yahoo Health	Mr. Eric King-lung FUNG, HKPA Member
12 Jan 2026	【HKPA x Yahoo Health 專訪】渣打馬拉松 2026｜賽前一周輕鬆跑忌全身按摩 物理治療師拆解 Tapering 及 Carbo-loading	Yahoo Health	Mr. Alex Ho-yee HO, Chairperson of our Sports and Exercise Specialty Group (SESG), HKPA
04 Feb 2026	[HKPA x Yahoo Health] Cross-bracing Protocol: An Exciting and Novel Treatment Option for ACL Injuries	Yahoo Health	Mr. Kevin Ka-fung HO, HKPA Member
16 Feb 2026	[HKPA x Ming Pao] Public Education – Personalised Recovery Trends: How to Tailor Your ACL Rehab to Your Own Progress	Ming Pao	Mr. Albert Ka-hin CHAN, Member of HKPA
27 Feb 2026	Interview with Now TV	HKPA Premises	Ms. Polly Yuk-king LO, Executive Committee Member, Geriatrics Specialty Group (GSG), HKPA
06 Mar 2026	【HKPA x Yahoo Health｜公眾教育】從遊戲治療提升兒童物理治療成效 [HKPA x Yahoo Health] Public Education – How to Assist Children with Physiotherapy by Using the Skills of Play Therapy	Yahoo Health	Ms. Man-yu TSUI, HKPA Member
13 Mar 2026	媒體報導｜本會公開信獲 on.cc 東網報導	on.cc 東網	Mr. Alexander WOO, President of HKPA Ms. Sara POON, Promotion and Public Relations Subcommittee Chairperson, HKPA

Date	Topic	Media/Program/Venue	Physiotherapists
13 Mar 2026	【媒體報導｜本會公開信獲《香港經濟日報》跟進報導】物理治療學會回應人手推算	香港經濟日報	Mr. Alexander WOO, President of HKPA Ms. Sara POON, Promotion and Public Relations Subcommittee Chairperson, HKPA
13 Mar 2026	媒體報導｜本會公開信獲《雅虎新聞》跟進報導	雅虎新聞	Mr. Alexander WOO, President of HKPA Ms. Sara POON, Promotion and Public Relations Subcommittee Chairperson, HKPA
13 Mar 2026	媒體報導｜本會公開信獲《南華早報》跟進報道	SCMP	Mr. Alexander WOO, President of HKPA Ms. Sara POON, Promotion and Public Relations Subcommittee Chairperson, HKPA
16 Mar 2026	【消委會 3 月月刊】測試 13 款枕頭 香港物理治療學會會長教你揀枕要點	Consumer Council	Mr. Alexander WOO, President of HKPA
22 Mar 2026	HKPA x Yahoo Health｜公眾教育】運動是良藥：水中物理治療運動為膝骨關節炎患者帶來新希望	Yahoo Health	Dr. Sam WONG, Vice President, Aquatic Physiotherapy Specialty Group (APTSG) of the HKPA
23 Mar 2026	[HKPA x Ming Pao] Public Education – Vital Role of Physiotherapy in Managing Scoliosis 【HKPA x 明報｜公眾教育】施羅特療法+背架度身運動矯正脊柱側彎	Ming Pao	Ms. Veronica Mei-hang LUI, HKPA Member
06 Apr 2026	[HKPA x Ming Pao] Public Education – The First 10 Steps Matter: Key Tips for ACL Reconstruction Rehabilitation	Ming Pao	Mr. Kevin Kar-ming LEUNG, HKPA Member
09 Apr 2026	Interview with Oriental Daily News Program《東呼即應》	HKPA Premises	Dr. Ivan SU, Executive Committee Member, HKPA
27 Apr 2026	[HKPA x Ming Pao] Public Education – Breathtaking: The Fog After the Smoke	Ming Pao	Mr. Ho-long Li, HKPA Member
30 Apr 2026	Interviewed with the RTHK Program “精靈一	RTHK	Mr. Alexander WOO, President of HKPA

Date	Topic	Media/Program/Venue	Physiotherapists
	點”		
04 May 2026	【HKPA x 明報｜公眾教育】人體工學+物理治療 解救電競頸背手勞損	Ming Pao	Mr. Jack Chun-hung LUI, Officer of Occupational Safety, Health and Rehabilitation Specialty Group (OSHRSG), HKPA
06 May 2026	媒體報導｜物理治療師過剩趨勢　倡納基層服務增職位	on.cc 東網	Mr. Alexander WOO, President of HKPA
25 May 2026	媒體報導｜「首診」課程本月中推出　學會料本月內有私營物理治療師可免醫生轉介診症	Hong Kong Economic Times	Alexander WOO
03 Jun 2026	【HKPA x 明報｜公眾教育】中風要復康，行為訓練加大腦刺激是關鍵	Ming Pao	Mr. Elliot Wing-cheung CHENG, Executive Committee Member of Neurological Specialty Group (NSG), HKPA
10 Jun 2026	HOY TV's Programme 《健康關注組》	健康關注組	Dr. Terence CHAU, Chairperson of the HKPA Private Practice Working Group (PPWG), HKPA Ms. Sara POON, Promotion and Public Relations Subcommittee Chairperson, HKPA Mr. Alexander WOO, President, HKPA
22 Jun 2026	[HKPA x Ming Pao] Public Education – Facial Nerve Palsy: Understanding Bell's Palsy and Physiotherapy Intervention	Ming Pao	Ms. Susan So-han WAN, HKPA Member
10 Jul 2026	Interview with Now TV 《杏林在線》	HKPA Premises	Mr. Edwin Siu-Lok WU, Executive Committee Member, Manipulative Therapy Specialty Group (MTSG), Hong Kong Physiotherapy Association (HKPA)
13 Jul 2026	[HKPA x Ming Pao] Public Education – Child-Parent Relationship: The "Blanket Sushi Roll" - A Daily Game Combing Proprioceptive Input and Attachment Bonding	Ming Pao	Ms. Man-yu TSUI, HKPA Member
20 Jul 2026	[HKPA x Ming Pao] Public Education – Double the Displays, Zero the Strain: Multi-Screen Ergonomics Decoded 【HKPA x 明報｜公眾教育】多屏辦公 擺位策	Ming Pao	Mr. Charles Ching-nam NG, Executive Committee Member of the Occupational Safety, Health and Rehabilitation Specialty Group (OSHRSG)

Date	Topic	Media/Program/Venue	Physiotherapists
	略 調整高低角度防肩頸痛		
18 Aug 2026	媒體報導｜基層醫療掀人才荒 拆解護理物治神科出路 業界籲聚焦前線渴才範疇 先儲經驗助起步	星島頭條	Mr. Alexander WOO, President, HKPA

Lobbying/Advocacy

Date	Event	HKPA Representative
03 Dec 2025	LegCo Election Forum Review - Listening to Expert Voices, Casting a Key Vote	Mr. Alexander WOO, President of HKPA Ms. Sara POON, Promotion and Public Relations Subcommittee Chairperson
05 Dec 2025	Meeting among representatives from Allied Health and Dental Professions about Voting of Legislative Council	Mr. Francis CHAN, Professional Development Subcommittee Member, HKPA
17 Jan 2026	Health Policy Forum Series 4: Policy on Services Gaps	Mr. Alexander WOO, President of HKPA
22 Jan 2026	參與 2026-27 年度財政預算案諮詢會議 The 2026-27 Budget Consultation Session : Healthcare, Medical and Chinese Medicine Sector	Mr. Alexander WOO, President of HKPA
13 Mar 2026	HKPA 致函｜物理治療人力規劃亟待政府正視	
16 Mar 2026	Luncheon Talk on 2026-27 Budget by Financial Secretary 【業界交流】香港專業聯盟 - 財政司司長 2026-27 年度財政預算案午餐演講	Mr. Alexander WOO, President of HKPA
20 Mar 2026	Visit Southern District Health Centre - Discuss Latest Developments in Direct Access	Mr. Alexander WOO, President Ms. Sara POON, Promotion and Public Relations Subcommittee Chairperson Dr. Ivan SU, International Affairs and Publications Subcommittee Member Mr. Francis CHAN, Professional Development Subcommittee Member Ms. Eva CHUN, Cardiopulmonary Specialty Group Chairperson Dr. Bill CHAN, Geriatrics Special Group Vice-Chairperson
14 May 2026	「香港五年規劃」醫務衞生局持份者意見諮詢會	Mr. Alexander WOO, President of HKPA

Date	Event	HKPA Representative
28 Jun 2026	HKPA Post-Conference Lecture “Medical Screening and Direct Access Practice: Red Flags and Beyond”	Mr. Alexander WOO, President, HKPA Prof. Shirley NGAI, International Affairs and Publications Subcommittee Chairperson, HKPA Ms. Sara POON, Promotion and Public Relations Subcommittee Chairperson, HKPA Ms. Jade HO, Promotion and Public Relations Subcommittee Member, HKPA
14 Aug 2026	為專業發聲	本會向政府遞交《五年規劃》意見書	Mr. Alexander WOO, President, HKPA

ANNUAL REPORT OF
PROFESSIONAL DEVELOPMENT SUBCOMMITTEE 2025-2026

Ms. Horsanna P.Y. CHIU

The Professional Development Subcommittee leads the Hong Kong Physiotherapy Association's (HKPA) efforts in driving professional standards and lifelong learning. The Subcommittee manages three principal areas: the specialty Title Program, the Continuing Professional Development (CPD) Scheme, and the Acupuncture Accreditation Scheme. As an official accredited programme provider and appointed programme administrator following the commencement of mandatory CPD on 1 July 2023, the HKPA actively supports CPD accreditation across internal groups, co-organizing institutions, and plays an important role in validating CPD accreditations for CPD applications from individuals or organizations. Meanwhile, the HKPA also upholds high clinical standards in acupuncture practice to ensure exceptional service delivery across Hong Kong.

A. HKPA Title Program

To advance clinical excellence and formalize specialty recognition among Hong Kong's physiotherapists, the HKPA launched its Title Program in 2025. In line with our objectives to recognize advanced clinical expertise, promote postgraduate specialization, build a credentialed professional network, and raise our professional profile locally and globally, the program successfully awarded 15 titles across eight specialties between 27 March 2025 and 31 March 2026.

Specialty	No. of Titles Granted
Cardiorespiratory	1
Gerontological	0
Musculoskeletal	7
Neurological	1
Paediatric	0
Primary Health & Community Care	0
Sports	4
Women's Health	2

B. Continuing Professional Development Scheme

As an accredited programme provider, the HKPA provided 76 CPD programmes/ activities across last annual year. The total CPD points granted and total contact duration of all accredited CPD activities were 294 points and 371 hours respectively. Of these, 65 CPD programmes/ activities were sub-categorized as core, comprising 86% of all accredited activities (Figure 1). The primary specialty streams of these CPD programmes/ activities were led by musculoskeletal, follows by others and cardiopulmonary (Figure 2).

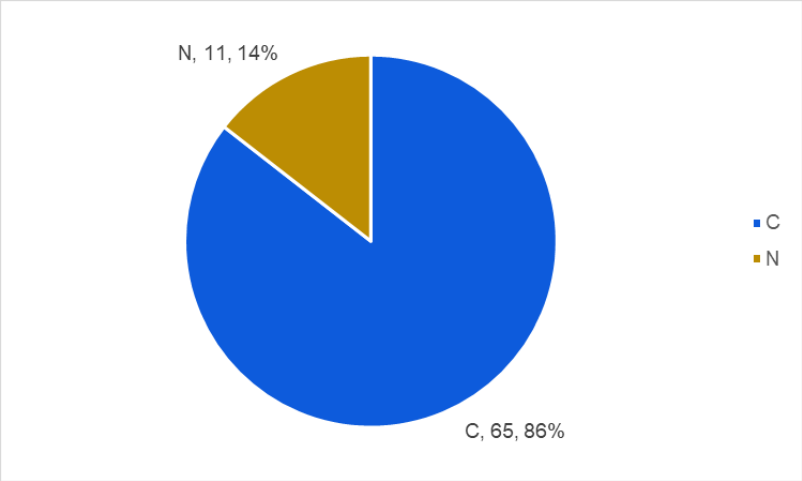


Figure 1. Sub-categories of CPD Activities in 2025-2026 *(C= Core; N= Non-core)*

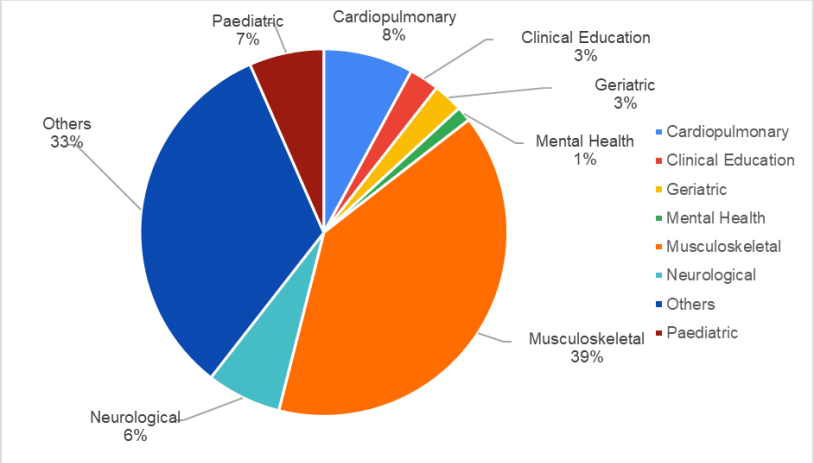


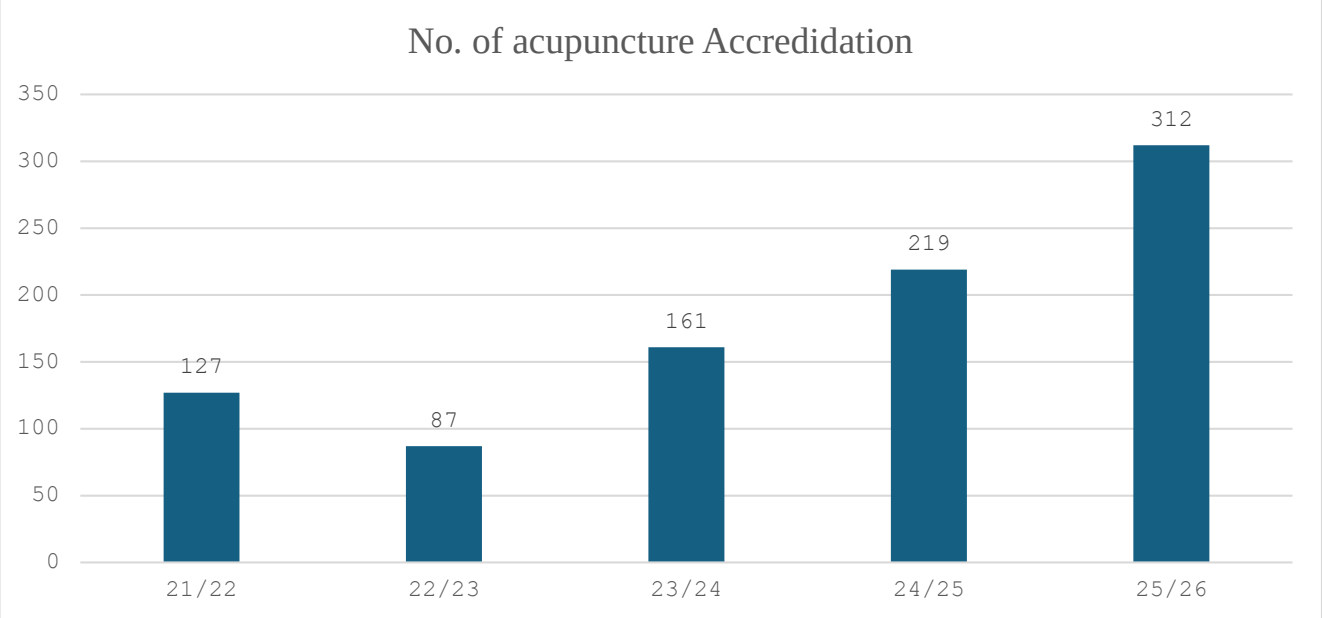
Figure 2. Primary Specialty Streams of CPD Activities in 2025-2026

The significant decrease in the number of accredited CPD programmes compared to previous years is primarily attributed to the restructuring of duties as an appointed programme administrator. Historically, the HKPA served as the sole organization responsible for processing and approving CPD accreditation for both individual and organizational applications originating outside the accredited programme providers.

To pave the way for the effective implementation of the mandatory CPD scheme, the HKPA has been actively collaborating with the Education Committee of the Physiotherapists Board to facilitate a smooth transition towards a multi-administrator accreditation framework. Under this revised mechanism, the administrative scope for routine external programme approvals has been redistributed among appointed programme administrators. While the HKPA continues to support CPD accreditation for external applications, this structural shift allows us to refocus our internal resources on delivering high-quality, specialized training aligned with workforce development needs.

C. Acupuncture Accreditation Scheme

Since its establishment in 1999, the HKPA Acupuncture Accreditation Board has experienced substantial growth in processing volume, supported by the April 2024 launch of online applications system and an expanding pool of graduates from local and overseas physiotherapy programs. Between April 2025 and March 2026, the Board accredited 312 registered physiotherapists, 242 of whom were HKPA members.



ANNUAL REPORT OF MEMBERSHIP SUBCOMMITTEE 2025-2026

Prof. Freddy M.H. LAM

Membership Counts

Table 1: HKPA Membership (2016 – 2026)

Year	2016-2017	2017-2018	2018-2019	2019-2020	2020-2021	2021-2022	2022-2023	2023-2024	2024-2025	2025-2026
Total	946	1062	1285	1234	1231	1708	2164	2910	3168	3127

Table 2: Membership Count (as at 31 Mar 2026)

Membership type	Number of members
1. Life Membership	1770
2. Full Membership	693
3. Student Membership	664
4. Associate Membership	0
Total	**3127**

Table 3: Number of Specialty Groups/Working Groups Membership Count (as at 31 Mar 2026)

Specialty Groups (SG)	1 or 2-year	Life	Total
Acupuncture and Integrative Medicine (AIMSG)	16	35	51
Aquatic Physiotherapy (APTSG)	7	10	17
Cardiopulmonary (CPSG)	9	17	26
Community Rehabilitation and Primary Healthcare SG (CRnPHSG)	19	9	28
Geriatrics (GSG)	13	32	45
Hand Therapy (HTSG)	3	15	18
Manipulative Therapy (MTSG Full)	9	43	52
Manipulative Therapy (MTSG Associate)	1	12	13
Musculoskeletal (MSG)	21	70	91
Neurology (NSG)	7	17	24
Occupation Safety, Health and Rehabilitation (OSHRSG)	3	18	21
Paediatric (PSG)	28	46	74
Rehabilitation Technology (RTSG)	3	14	17
Sports and Exercise (SESG)	16	52	68
Women's Health (WSG)	10	21	31
Working Groups (WG)			
Mental Health Working Group (MHWG)	81	---	81
Private Practice Working (PPWG)	134	---	134
Physiotherapy Education Working Group (PEWG)	37	—	37
Total	**417**	**411**	**828**