

**Hong Kong Physiotherapy Association (HKPA) Annual Conference cum
International Confederation of Cardiorespiratory Physiotherapists (ICCrPT) Inaugural Conference**

Time	Rundown	Guests/ Speakers
0830-0900	Registration	
0900-0905	Opening Remark	Mr. Alexaner Woo (HKPA President)
0905-0910	Welcome Address	Prof. Shirley Ngai (ICCrPT President)
0910-0915	Officiating opening ceremony	Mr. Alexander Woo Prof. Shirley Ngai Officiating Guests
0915-0945	Plenary Seminar I: <i>Current Issues of Physiotherapists Direct Access and Primary Healthcare</i> (Moderator: Prof. Raymond Tsang)	Mr. Alexander Woo Dr. David Lam Dr. Fei-Chau Pang
0945-1030	Keynote Lecture 1 <i>Direct Access - Congratulations! Now the Work Begins</i> (Moderator: Prof. Arnold Wong)	Prof. William Boissonnault
1030-1100	Morning Tea Break + Poster Presentation I	
1100-1200	Parallel Session	
	Crystall Ballroom	Crystal Room 1
	Oral Presentation I (Moderator: Prof. Anna Bella Suen)	Rapid 5 Presentation I (Moderator: Prof. David Yu)
1102-1112	Structured Hand Exercise Increases A1 Pulley Lumen Size, Reduces Pain and Triggering in People with Trigger Fingers: A Randomized Controlled Trial <i>Presenter: Kenneth Chung</i>	1102-1107 Community Outreach Support for Fall Risk Screening and Prevention Programme by a Community Physiotherapy Centre in Hong Kong <i>Presenter: Jamie Lau</i>
1113-1123	Effect Of A 24-Week Physiotherapy Scoliosis-Specific Exercise (PSSE) Program Compared to Standard Care alone on Cobb Angles and Paraspinal Muscle Function in Adolescents with Idiopathic Scoliosis: A Randomized Controlled Trial <i>Presenter: Winnie Chan</i>	1108-1113 The Prevalence of Work-Related Musculoskeletal Disorders Among Physiotherapists in Hong Kong <i>Presenter: Tse-Wai Norma Ngai</i>
		1114-1119 The New Era: Combination of Vestibular Rehabilitation with Craniosacral Therapy <i>Presenter: Chiu-Yee Poon</i>
1124-1134	Unravelling The Spine-Gut-Pain Connection: Chronic Musculoskeletal Pain and Digestive Dysfunction in A Large-Scale Population-Based Cohort of 110,685 Individuals <i>Presenter: Edwin Lam</i>	1120-1125 Group-Based Self-Empowerment Exercise Class with Enhancement by AI Improve Efficiency of Shoulder Rehabilitation <i>Presenter: Kwun-Man Yau</i>
		1125-1130 Q and A

			Rapid 5 Presentation II (Moderator: Prof. David Yu)	
	1135-1145	Arthritis Self-Efficacy as a Mediator of the Relationship between Pain Catastrophizing and Functional Impact in Patients with Knee Osteoarthritis <i>Presenter: Eugene Kwok</i>	1132-1137	Association of Preoperative Anaemia and Iron Deficiency with Exercise Capacity in Cardiac Surgical Patients <i>Presenter: Derek Yau</i>
			1138-1143	Eras-Integrated High-Intensity Magneto Therapy Combined with Acupuncture and Teas Rehabilitation for Accelerated Recovery after Bilateral Total Knee Replacement: A Case Report <i>Presenter: Hei-Man Fan</i>
	1145-1200	MOU Signing Ceremony (MC: Ms. Sara Poon, Mr. Jeffrey Man)	1144-1149	Relationships of Resilience with Physical Activity, Cardiorespiratory Fitness, Body Composition, Hand-Grip Strength, and Self-Perceived Fitness among University Students in Hong Kong <i>Presenter: Penuel Ng</i>
			1150-1155	Intra-Pulmonary and Extra-Pulmonary Oxidative Biomarkers in Chronic Obstructive Pulmonary Disease (COPD): A Systematic Review <i>Presenter: Liangjina Hu</i>
			1156-1200	Q and A
1200-1330	Lunch			
1330-1410	Keynote Lecture 2 Transforming Allied Health Education: Harnessing Innovation (Moderator: Prof. Tiev Miller)			Prof. Shirley Ngai
1410-1445	Parallel Sessions			
	Crystall Ballroom		Crystal Room 1	
	Plenary Seminar II: Competency-based Physiotherapy Education <ul style="list-style-type: none"> • Prof. Marco Pang • Prof. Louisa Remedios • Prof. Anri Human • Prof. Yu-Jung Cheng 		Rapid 5 Presentation III (Moderator: Prof. David Yu)	
			1412-1417	Synergistic Benefits of Inspiratory Muscle and Postural Stability Training in Stroke Rehabilitation – A Randomized Trial <i>Presenter Fang Liu</i>
			1418-1423	Effects of Standing Desk, Curved Keyboard, and Vertical Mouse on Spinal Posture and Muscle Activity during Keyboard Typing and Mousing Tasks. <i>Presenter: Cheuk-Hei Tang</i>

		1424-1429	Physiotherapy-Delivered Point-of-Care Lung Ultrasound in Community-Acquired Pneumonia: Targeted Therapy with Improved Respiratory Outcomes and Reduced Length of Stay <i>Presenter: Siu-Yin Kong</i>
		1430-1435	Correlation Between Six-Minute Walk Test and Hemodynamic Parameters and its Value in Disease Assessment in Patients with Pulmonary Arterial Hypertension: A Retrospective Study <i>Presenter: Song Lin</i>
		1436-1441	Q and A
1445-1530	Oral Presentation II <i>(Moderator: Prof. Patrick Kwong)</i>		Undergraduate Capstone Project Presentation <i>(Moderator: Ms. Charis Pang)</i>
	1447-1457	Knowledge, Attitudes, and Use of Artificial Intelligence among Physiotherapists in Hong Kong <i>Presenter: Doris Chong</i>	1447-1457 Hong Kong Metropolitan University
	1458-1508	From Guideline to Practice: Developing a Tailored Implementation Intervention for Physiotherapists Managing Knee Osteoarthritis <i>Presenter: Fadi Al Zoubi</i>	1458-1508 Saint Francis University
	1509-1519	The Efficacy of Acupuncture in Managing Type 2 Diabetes: A Systematic Review and Meta-Analysis <i>Presenter: Fei Wang</i>	1509-1519 The Hong Kong Polytechnic University
	1519-1529	Identifying Athletes at Risk of Poor Sleep: A Temporal Validated Prediction Model with Modifiable Behavioral Targets <i>Presenter: Guo-Hui Leo Lin</i>	1519-1529 Tung Wah College
1530-1600	Afternoon Tea Break + Poster Presentation II		
1600-1640	Keynote Lecture 3 <i>Rethinking Paediatric Rehabilitation in Neuromuscular Disorders: From Impairment to Participation</i> <i>(Moderator: Prof. Yu-Jung Cheng)</i>		Prof. Anri Human
1640-1650	Award Presentation		Ms. Sara Poon Mr. Jeffrey Man

1650-1655	Closing Remark	Prof. Shirley Ngai
1655-1700	Closing Remark	Mr. Alexander Woo