

Organisers

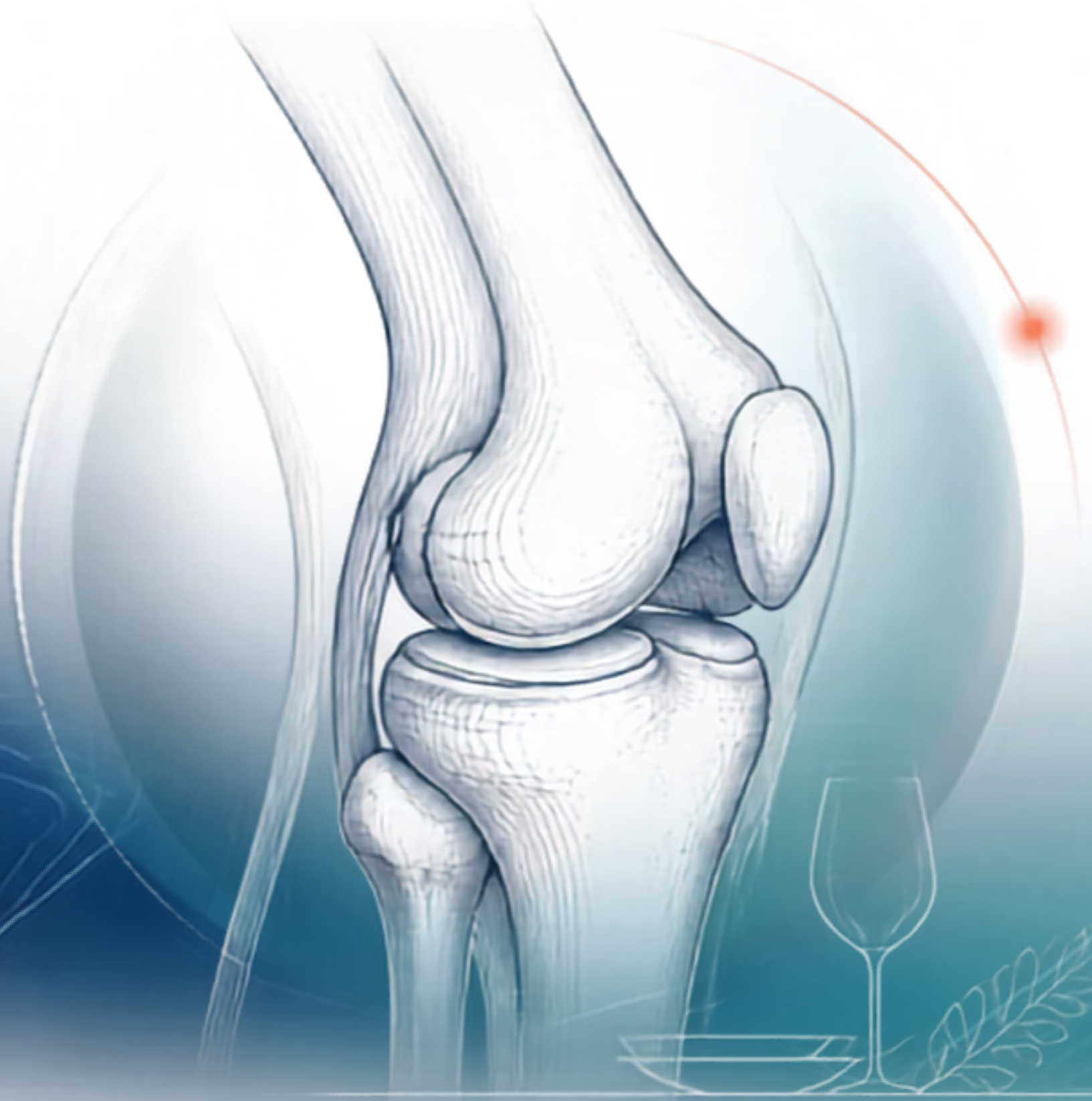


私家執業骨科醫生協會
Association of Private Orthopaedic Surgeons

Sponsoring Company

HALEON

HKPA X APOS DINNER SYMPOSIUM - OA KNEE MANAGEMENT



Friday, 4 September 2026 | 19:00–20:30 talk, followed by dinner



Ming Room I & II, Level 4, **Sheraton Hong Kong Hotel & Towers**,
20 Nathan Road, Tsim Sha Tsui, Hong Kong, China



Jointly hosted by the **Private Practice Working Group**, HKPA and the
Association of Private Orthopaedic Surgeons |
Fully sponsored by Haleon



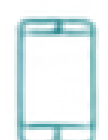
Free registration, dinner included
2 CPD points (Core, AC1260048) / CME points: pending



Physiotherapists and Orthopaedic Doctors
Prioritised to Members of HKPA and Association of Private
Orthopaedic Surgeons



Enquiries: Ms. Sara POON via sarapoonphysio@gmail.com



Scan the QR code to register →



<https://forms.gle/4tZcVBB6uQ3iGzpW6>

Deadline: 23 Aug 2026



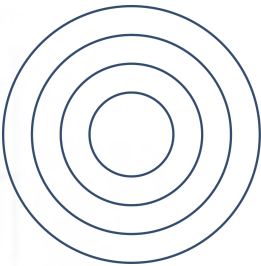
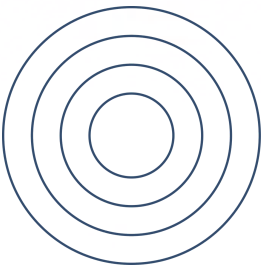
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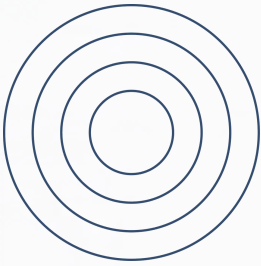


HKPA X APOS DINNER SYMPOSIUM –
OA KNEE MANAGEMENT

AGENDA

4 SEPTEMBER 2026
(FRIDAY)
19:00–22:00
SHERATON

18:30–19:00	REGISTRATION
19:00–19:15	NON-OPERATIVE MANAGEMENT OF OA KNEE FROM PERSPECTIVE OF ORTHOPAEDIC DOCTORS Dr. Damian Mak (Specialist in Orthopaedics and Traumatology)
19:15–19:30	OPERATIVE MANAGEMENT OF OA KNEE FROM PERSPECTIVE OF ORTHOPAEDIC DOCTORS Dr. Steve Cheung (Specialist in Orthopaedics and Traumatology)
19:30–19:45	CONSERVATIVE MANAGEMENT OF OA KNEE FROM PHYSIOTHERAPY PERSPECTIVE Dr. Terence Chau (Physiotherapist)
19:45–20:00	POST-OPERATIVE/REHABILITATIVE MANAGEMENT OF OA KNEE FROM PHYSIOTHERAPY PERSPECTIVE Ms. Esther Chan (Physiotherapist)
20:00–20:30	Q&A
20:30–22:00	NETWORKING DINNER



Speakers – Orthopaedic Doctors



Dr. Damian Mak

MBBS (HK), FRCSED(ORTH),
FHKCOS, FHKAM(ORTH)

> Non-operative management of OA knee

Dr Mak is a Specialist in Orthopaedics and Traumatology in private practice in Hong Kong. His clinical interests are joint-preservation surgery and arthroplasty of the knee, shoulder and hip.

He graduated from the Faculty of Medicine, The University of Hong Kong, in 2009. He completed his orthopaedic training in the Hospital Authority and, in 2016, was admitted as a Fellow of the Royal College of Surgeons of Edinburgh (Orthopaedic Surgery), the Hong Kong College of Orthopaedic Surgeons, and the Hong Kong Academy of Medicine (Orthopaedic Surgery).

He served as Resident Specialist and subsequently Associate Consultant in the Department of Orthopaedics and Traumatology at North District Hospital, entering private practice in 2022. At North District Hospital he chaired the Integrated Clinical Standards and Audit Committee and the working group on the clinical pathways for total joint replacement and geriatric hip fracture, and served as Deputy Hospital Coordinator (Quality and Safety). He was a Council Member of the North District Hospital Doctors Association from 2012 to 2022, and is currently a Council Member of the Association of Private Orthopaedic Surgeons.



Dr. Steve Cheung

SPECIALIST IN ORTHOPAEDICS
AND TRAUMATOLOGY

> Operative management of OA knee

Dr. Steve Cheung is currently the Chief Medical Executive of Adventist Health Robotic Surgery Center, and Clinical Director of Robotic Surgery (Joint Replacement) of Hong Kong Adventist Hospital – Stubb Road.

Dr Cheung is a renowned orthopaedic surgeon and expert specializing in hip and knee replacement surgery. As a pioneer, he introduced mobile bearing partial knee replacement surgery to Hong Kong in 2017 and jig-based robotic-assisted knee replacement surgery to the territory in 2022. He has been invited to be Chairperson, Faculty and Invited speaker in more than 100 regional and international conferences, with more than 40 peer-reviewed journal publications and 150 conference presentations, and acquired important research awards including AR Hodgson Award for Best Clinical Paper in Hong Kong Orthopaedic Association Annual Congress.

He is the first accredited ROSA robotic surgery trainer in Greater China Region and teaching faculty of MAKO and VELYS robotic system, dedicated to promote robotic joint replacement surgery development and training in China and Asia-Pacific region. He has certified over 100 local and regional surgeons to perform robotic joint replacement surgery.



Speakers — Physiotherapists



Dr. Terence Chau

REGISTERED PHYSIOTHERAPIST
APA AND HKPA TITLED SPORTS
& EXERCISE PHYSIOTHERAPIST

> **Conservative management of
OA knee from Physiotherapy
Perspective**

Dr Terence Chau is an experienced sports and exercise physiotherapist, educator and healthcare leader with a career spanning clinical practice, higher education, professional training and public health communication. Registered in both Hong Kong and Australia, he combines strong academic credentials with broad frontline and leadership experience in physiotherapy, rehabilitation and sports performance.

He holds a Doctor of Business Administration from City University of Hong Kong, a Master of Sports Physiotherapy from Curtin University, and a BSc in Physiotherapy from The Hong Kong Polytechnic University, together with further qualifications in acupuncture, child psychology, rowing coaching and resistance training instruction. His doctoral research focuses on AI health literacy and the purchasing behaviour of sports injury prevention products, reflecting his concerns with how digital health knowledge influences consumer decision-making and health-related behavior, motivated by the growing intersection between artificial intelligence, healthcare communication, and consumer markets.

Dr Chau currently serves as Physiotherapy Consultant at the Asian Fitness Therapy Center, Clinical Educator in the Physiotherapy Programme at Tung Wah College, and CEO and Programme Director of the Asian Academy for Sports and Fitness Professionals. Alongside these roles, he has contributed to academic advising, programme accreditation and higher education development through appointments with HKCAAVQ, THEi, HKU SPACE and the Vocational Training Council.

He is also widely engaged in professional and public services, having held leadership roles in major physiotherapy bodies, written health columns for newspapers, hosted a long-running radio programme, and published practical fitness and self-rehabilitation books. His work reflects an ongoing commitment to advancing physiotherapy practice, health education, and socially relevant research that supports informed health choices in the community.



Ms. Esther Chan

REGISTERED PHYSIOTHERAPIST

> **Post-operative / rehabilitative
management from Physiotherapy
Perspective**

Esther Chan W.K. has served as the Manager of the Rehabilitation Center at Hong Kong Adventist Hospital – Stubbs Road since 2025, leading a multidisciplinary team that includes speech therapists, podiatrists, occupational therapists, prosthetic and orthosis specialists. Prior to this role, she was appointed Assistant Manager in 2024, demonstrating her strong leadership and commitment to advancing rehabilitation services.

From 2014 to 2018, Ms. Chan contributed to the professional development of physiotherapy colleagues as an executive member of the Musculoskeletal Specialty Group of the Hong Kong Physiotherapy Association, where she played a key role in strengthening the musculoskeletal specialty within the profession.

With over 20 years of experience as a physiotherapist, primarily in the private sector, Ms. Chan has gained diverse expertise across acute care and community rehabilitation settings. Her extensive background has given her a deep understanding of the private healthcare market and the unique needs of private patients. She is recognized as a lifelong, self-directed learner, actively participating in continuing professional development programs to stay at the forefront of her field.

In addition to her clinical and managerial responsibilities, Ms. Chan has spearheaded two physiotherapy charity programs under her management:

- Acute and chronic pain program
- Pelvic floor muscle training program

She has also engaged the wider community through public education initiatives, including community talks, YouTube presentations, and news column articles, raising awareness about rehabilitation and physiotherapy.

Ms. Chan’s career reflects her dedication to improving patient outcomes, fostering professional growth among colleagues, and extending compassionate care to underserved populations through charity work and community engagement.

