



HONG KONG PHYSIOTHERAPY ASSOCIATION LIMITED
香港物理治療學會有限公司

中國香港特別行政區 九龍佐敦德輔道中12號興富中心9樓901室
Room 901, 9/F Rightful Centre, 12 Tak Hing Street, Jordan, Kowloon, HKSAR
www.hongkongpa.com.hk Tel: (852) 2336 0172 Fax: (852) 2338 0252



“Myofascial Trigger Point Needling – Science or Myths”

Acupuncture & Integrative Medicine Specialty Group Co-organised by

Saint Francis University S.K. Yee School of Health Sciences

9 April 2026, Thursday

Room CBCC 815, Saint Francis University

2 Chiu Ling Lane, Tseung Kwan O (Exit B, Tiu Keng Leng MTR station)

Program:

1850 – 1900

Registration

1900 – 2100

“Sharing on myofascial trigger point needling”

Professor Enoch Ho

Assistant Clinical Professor of School of Rehabilitation Science, McMaster University, Canada

External Examiner for the Physiotherapy Programme at Saint Francis University in Hong Kong

2100 - 2130

Q&A

Course Fee:

\$300 for AIMSG members

\$400 for HKPA / MPTA members

\$1000 for Non-HKPA members

CPD : 3 points

Class capacity: 30, “first come first serve”, face-to-face mode only

Deadline for Registration: 20 Mar 2026 (Successful applicants will be notified by e-mail / phone on or before 2 Apr 2026)

Enquiry: Mr. Ben Chan 3506 2441

Ms. Lam Po, Yvonne 3949 6777



**Participants are suggested to have T-shirt and shorts for practical sessions*

Registration Form
Acupuncture & Integrative Medicine Specialty Group
“Myofascial Trigger Point Needling – Science or Myths”

9 April 2026, Thursday

Name: _____ PT Registration no: _____ (BLOCK LETTER, as appear in PT Board Registry/ MPTA registration)
Email address (for successful notification): _____

Work Place & Unit: _____

Mailing Address: _____

Phone no.: _____ (mobile/pager) _____ (office) _____ (Home)

- HK \$ 300 HKPA AIMSG Member (Membership no.: _____)
- HK \$ 400 HKPA Non-AIMSG / MPTA Member (Membership no.: _____)
- HK \$ 1000 Non-HKPA Member

I enclose a cheque in the sum of HK\$ _____ as the registration fee.

Issuing Bank: _____ **Cheque No.:** _____

The cheque should be made payable to **“Hong Kong Physiotherapy Association Limited”**
Please send the completed registration form with the payable cheque on or before **20 Mar 2026**
to **Ms. Ada Tsui, Physiotherapy Department, TWGHs Wong Tai Sin Hospital, 124 Shatin Pass Road, Wong Tai Sin, Kowloon. (Please do not staple the cheque)**

Legal Claim Waiver Consent (Please sign it before submitting your application) In consideration of HKPA Ltd. accepting my application to this course, I hereby agree to waive all my claims (howsoever accrued) against HKPA Ltd.

Signature: _____

Name of Participant: _____ Date: _____

Deadline for Registration: 20 Mar 2026 (Successful applicants will be notified by e-mail / phone on or before 2 Apr 2026)

Special Weather Arrangement

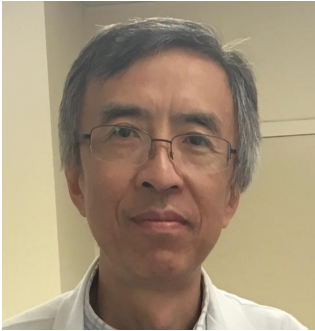
When Tropical Cyclone Warning Signal No. 8 (or higher) and/or Black Rainstorm Signal is hoisted, the following arrangements will apply:

For classes have not yet started: If Typhoon Signal No.8 and/or Black Rainstorm Signal is in force 2 hours before the course, the course will be cancelled.

For classes that have already started: When Typhoon Signal No.8 or above is hoisted - Classes immediately suspend.

Fee paid are not refundable regardless of whether applicants have attended classes or not, unless the enrolled course is full or in exceptional circumstance deemed acceptable by HKPA.

Profile of Speaker



Professor Enoch Ho received his education and training in Physiotherapy and Acupuncture in Hong Kong. After migrating to Canada in 1991, he has practised both physiotherapy and acupuncture in Ontario, and is a registered member in good standing with the College of Physiotherapists of Ontario and the College of Traditional Chinese Medicine Practitioners and Acupuncturists of Ontario.

He previously worked in Clinical Quality at Hamilton Health Sciences and has since retired from this role. He is currently focused on teaching physiotherapy and acupuncture at McMaster University, where he supervises students from the Nursing Department, School of Physiotherapy, and Labour Studies in research projects and clinical placements.

Prof Ho teaches advanced acupuncture courses that integrate Traditional Chinese Medicine theory with contemporary fascia-based approaches, delivered across Canada from the Maritime Provinces to Ontario. He also runs a physiotherapy and acupuncture clinic serving the greater Hamilton community.

In addition, Prof Ho contributes to professional education and regulation through lecturing in Hong Kong, supporting physiotherapists and students, and serving as a committee member for the Ontario Clinical Examination with the College of Physiotherapists of Ontario. He has recently been appointed as External Faculty for the Physiotherapy Programme at Saint Francis University in Hong Kong.