



Occupational Safety, Health and Rehabilitation Specialty Group

Occupational Safety and Health (OSH) in NGO Settings: Challenges, Opportunities and Practical Insights



SPEAKERS & CONTENTS



Topic 1 : Role of Physiotherapists in OSH

(Dr Wilson LAM, Registered PT)

Key challenges, emerging opportunities for workplace risk assessment and injury prevention in NGO settings.



Topic 2: Practical OSH in Elderly Services

(Mr Hei LAI, Registered PT)

Manual handling risk assessments, structured protocols and staff training in residential care homes.



Topic 3: Rehabilitation Technologies for OSH in Disability Services

(Mr Richard WONG, Registered PT)

Assistive/lifting devices and innovations for safer task design.

EVENT DETAILS

Date: 10 July 2026 (Friday)

Time: 8:00 - 9:30 p.m.

Venue: Via Zoom

Target: Physiotherapists

Capacity: 100 (Priority to OSHRSG members)

Medium: Cantonese with English supplemented

CPD: 2 (AC1260036)

Fee: HK\$50 for OSHRSG Members
HK\$100 for HKPA/MPTA Members
HK\$700 for non-HKPA or non-MPTA Members

DEADLINE: 23 June 2026 (Tuesday)

Enquiries: Mr. Charles NG | Email: physio852@gmail.com

Remarks: Successful applicants will be notified via email or HKPA Ltd. web page by 3 July 2026. Membership status based on HKPA list as at application deadline.



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APPLICATION & PAYMENT

1. Please transfer the course fee to the following account:

- Bank Account No.: **949-001705-450** (Hang Seng Bank)
- Account Name: **Hong Kong Physiotherapy Association Limited**
(Please enter "***Hong Kong Physiotherapy Asso***" if there is a restriction in the number of units)

2. Please include "**OSHRSG - [Your PT Registration Number]**" in the "**Message to Payee**" (except Hang Seng Bank User).

3. Upon completion of the transfer, kindly capture and upload the "Successful Transaction" screen via the application link

4. ATM transfers are NOT permissible for this payment.

5. Application link: <https://forms.gle/arAvMqpTc94LS1iT6>



Scan to Register

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Seminar Background & Speaker Details

SEMINAR BACKGROUND

This seminar is designed for physiotherapists working in Hong Kong NGO settings, particularly those involved in elderly homes, community services and disability programmes. Building on local initiatives that promote safer workplaces and work rehabilitation, the session will highlight both systemic challenges (e.g. manpower, ageing workforce, complex care needs) and practical solutions that can be implemented at service and frontline level.

SPEAKER DETAILS

Dr Wilson LAM (Registered PT)

Role of Physiotherapists in OSH

Dr Lam is an experienced physiotherapist with over 25 years of continuous service in the NGO sector in Hong Kong, working across elderly care, community rehabilitation and disability services. He holds a Master of Science in Occupational Safety and Health from the University of Greenwich. Throughout his career, Dr Lam has led and supported a range of OSH initiatives in NGO settings, including workplace risk assessments, ergonomic interventions and staff training to prevent work-related musculoskeletal injuries. He is Vice Chairperson of the HKPA OSHRSG, focusing on service development, capacity building and fostering a safety culture among frontline rehabilitation and care staff.

Mr Hei LAI (Registered PT)

Practical OSH in Elderly Services

Mr. Hei Lai obtained his BSc (Hons) in Physiotherapy from PolyU and a Master of Science in Occupational Safety and Health from the University of Greenwich. He possesses over 20 years of extensive experience in elderly care services in both community and residential settings. In addition to delivering direct physiotherapy services to older adults, he is actively involved in conducting regular occupational safety and health risk assessments. His areas of interest include MHO(s), heat stress management, and DSE assessments. He also provides relevant training to frontline staff to ensure compliance and promote workplace safety. Furthermore, Mr. Lai serves as an assessor for the Residential Aged Care Accreditation Scheme, contributing to quality assurance in residential elderly care services.

Mr Richard WONG (Registered PT)

Rehabilitation Technologies for OSH in Disability Services

Mr Wong obtained his BSc (Hons) in Physiotherapy from PolyU. After graduation, he practised in the Hospital Authority, gaining experience in ward settings, outpatient and community services. He pursued a MSc in Musculoskeletal Medicine and Rehabilitation at CUHK before serving at a local NGO as Physiotherapist I and then Operation Manager of the Home Care Service for Persons with Severe Disabilities (N.T.). Currently, Richard is the Secretary of the OSHRSG, HKPA and the Physiotherapy Manager of a private company, focusing on residential services of the elderly and community rehabilitation.