

• Course No. C439 • CME/CNE/CPD Course

Certificate Course on

Advanced Physiotherapy Practice and Rehabilitation 2026 (Video Lectures)



Jointly organised by



The Federation of Medical Societies of Hong Kong



Hong Kong Physiotherapy Association

Objectives:

To provide course participants with advanced knowledge and clinical insights into contemporary physiotherapy practice. This course covers evidence-based assessments, diagnostic algorithms, and conservative management strategies. Allied Health Professionals will be able to deep dive into current clinical interventions that complement their daily practice, covering a wide spectrum of conditions ranging from hand rehabilitation and application of musculoskeletal ultrasound to complex presentations of scoliosis, acute sports injuries, cervicogenic dizziness, and osteosarcopenia.

Date	Topics	Speakers
26 Aug 2026	Physiotherapy Management of Hand Conditions	Prof. TSANG Chi Chung, Raymond MScHC (PT) (HKPU), MMedSc (HKU) Hong Kong Physiotherapy Association Registered Physiotherapist (HK)
2 Sep 2026	A Reappraisal of Lateral Ankle Sprain Anatomy Using Musculoskeletal Ultrasound: Understanding the Hidden Lesions Behind a Common Diagnosis	Dr. CHAN Chun Ming, Alex DPT (Arcadia), MSc (ManipPT) (HKPU), BSc (PT) (Curtin) Registered Physiotherapist (HK)
9 Sep 2026	Sports Rehabilitation: From Recreation to Elite Athletes	Mr. HO Ho Yee, Alex MSc (ExSc) (CUHK) Registered Physiotherapist (HK)
16 Sep 2026	Management Update on Osteoporosis and Sarcopenia	Dr. KWOK Wai Leung, Anthony PhD (CUHK), MHAIS (CQU) Post Reg. Cert. (Physical Facilitation) (HKPU) Hong Kong Physiotherapy Association Registered Physiotherapist (HK)
23 Sep 2026	Physiotherapy Management in Scoliosis	Ms. LUI Wai Man, Mandy Hong Kong Physiotherapy Association Registered Physiotherapist (HK)
30 Sep 2026	Diagnosis and Management of Cervicogenic Dizziness	Mr. KWOK Kwan Siu, Leo MScSMHS (CUHK) Registered Physiotherapist (HK)

Date : 26 Aug and 2, 9, 16, 23, 30 Sep 2026 (WED)

Duration of Session : 1.5 hours (6 sessions)

Time : 7:00 pm – 8:30 pm (or within 4 days from each Lecture Date)

Course Feature : Video lectures (with Q&A platform for participants to post the questions)

Language Media : Cantonese (Supplemented with English)

Quiz for CME : DOCTORS are required to complete a quiz after the completion of each lecture

Course Fee : HK\$1,200

FMSHK Certificate : Awarded to participants with a minimum attendance of 70% (per lecture and 4 out of 6 lectures)

Deadline : 19 August 2026

Enquiry : The Secretariat of The Federation of Medical Societies of Hong Kong

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