基層醫療署
PRIMARY HEALTHCARE COMMISSION

基層醫療指南
Primary Care Directory

(掃描／點擊登記成為家庭醫生)

基層醫療指南通訊
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號外

首診物理治療師安排

根據《專職醫療業條例》(第359章)，市民在符合指定條件下，現可無須事先獲得醫生轉介直接接受常見肌肉骨骼疾病相關的物理治療服務。

家庭醫生擔當關鍵角色，與首診物理治療師緊密合作，首診物理治療師須依循基層醫療署發布的**免轉介物理治療服務臨床指引**，對病人的情況進行全面的評估。如病人出現警示徵兆，須轉介至家庭醫生接受進一步診治，確保病人能適時獲得醫療專業人員的跟進服務。

按此觀看**家庭醫生網上簡介會影片**以了解更多有關免轉介物理治療服務的資訊

基層醫療指南標示首診物理治療師資格及公眾搜尋功能

為落實《基層醫療健康藍圖》的建議，基層醫療指南(《指南》)正分階段整合至「醫健通」，以加強整合醫療服務流程。現誠邀已加入《指南》的物理治療師將您的**《指南》資料整合至「醫健通」**，並**更新首診物理治療師的專業資格**資料。



物理治療師需按照物理治療師管理委員會認可的培訓要求完成首診物理治療師課程



物理治療師需上載完成課程的證明至「醫健通」以作核實



經審批後，首診物理治療師的資格將於《指南》**標示**及**供市民查閱**



基層醫療署會向首診物理治療師派發《指南》標誌

「醫健通」新增物理治療師臨床記錄及優化跨專業轉介

「醫健通」已**新增臨床記錄頁面**，並**優化轉介信功能**，促進跨專業臨床資訊共享。已完成物理治療師管理委員會認可的首診物理治療師培訓課程，並載列於《指南》的首診物理治療師，可使用相關功能。

自本年10月中起，地區康健中心已在「痛症管理計劃」中使用有關功能，並計劃於本年內逐步推展至地區康健網絡內其他服務提供者。



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SPECIAL EDITION

Arrangement for First-contact Physiotherapists

Pursuant to the Allied Health Professions Ordinance (Cap. 359), members of the public can now directly access physiotherapy services for common musculoskeletal conditions without prior medical referral under specified circumstances.

Family doctors play a key role in close collaboration with first-contact physiotherapists (PTs). In accordance with the ***Clinical Guideline for First-contact Physiotherapists on Assessment and Cross-disciplinary Management Approach for Common Musculoskeletal Problems in Primary Care Setting*** published by the PHCC, a first-contact PT is responsible for conducting a thorough assessment of a patient's condition, and referring patients with red-flag symptoms to a family doctor for further care, ensuring that patients receive appropriate and timely management by medical team member(s).

Click here to view the video of webinar for family doctors for more information on direct access PT arrangement

Primary Care Directory (PCD) enhancement - Indication of first-contact PT qualification and enhanced public search function

In line with the Primary Healthcare Blueprint, the PCD system is being migrated to eHealth in phases for better integration throughout the healthcare delivery process. PCD PTs are invited to **migrate their PCD profile to eHealth** and **update their first-contact PT qualifications**.



PTs to complete the first-contact PT training course accredited by the PT Board



PCD PTs to upload their training qualification on PCD via eHealth for vetting



Upon approval, the first-contact PTs will be ***indicated*** and ***searchable*** on PCD



PHCC to send the PCD label sticker(s) to first-contact PTs

eHealth introduced a clinical documentation page for PTs and enhanced cross-disciplinary referrals



eHealth has **introduced a clinical documentation page** and **enhanced its referral letter function**, facilitating cross-disciplinary information sharing. PTs who have completed the PT Board-accredited First-contact PTs' training programme and are listed in the PCD may use these functions.

Since mid-October 2026, these functions have been adopted by District Health Centre under the "Pain Management Programme". They will be progressively extended to other relevant service providers within district health networks within this year.